



NORTH YORKSHIRE EAST

NOVEMBER 2024

Federation Office: WI House, Front Street, Norby, Thirsk, YO7 1BG

Visitors/Telephone Enquiries 01845 522415 Tuesday to Thursday are welcome between: 10.00am – 12.30pm and 14.00pm – 15.00pm (Closed Mondays and Fridays)

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Dear Members,

I am hoping that by the time you read this we will have had another successful Autumn Meeting and a fun Halloween Lunch.

Where has the year gone? Here we are in November - the clocks have gone back and, as I write this, we are in the middle of yet another heavy rainstorm. I don't ever remember a year as wet as this and I feel so sorry for those people who have been affected by the flooding we have all seen on our televisions. The days are getting shorter and the darker evenings lead to many people feeling isolated and lonely. There are fewer opportunities to socialise in winter months and people are less likely to stand and chat to each other if it is cold and wet. If you suspect that someone who lives near you may be experiencing feelings of loneliness, offer them some support - just knowing that someone cares can make a huge difference to someone's well-being - remember our "Link Together" campaign. Talking of campaigns, your WIs should have received information about this year's short-listed resolutions and this month's issue of WI Life will have in it your selection slip. You will have until the beginning of February to discuss the resolutions before returning your slips to us at WI House.



In November our thoughts start turning to Christmas and our various craft workshops this month reflect that. It is the food preparation that I really enjoy, especially making the Christmas puddings. My son still enjoys having a stir and a wish when I make the puddings and this year my grandson will be able to have a stir for the first time - stir-up Sunday is the same day as his birthday so excitement levels will be extremely high!

The Blackpool trip takes place in the middle of the month and I look forward to hearing all about it. It has been amazingly popular and what started off on a fairly small scale has snowballed to the extent that we have two full coaches and are having to use two hotels. Unfortunately, I will not be going as I am off to Kent to see friends and relatives which I am greatly looking forward to.

Whatever you are up to this month have a good time and take care.

Best wishes

Sarah



FEDERATION EVENTS

FEDERATION CAROL SERVICES

Saturday 7th December, St Mary's Church, Thirsk YO7 1PR

Saturday 14th December, Selby Abbey, Selby YO8 4PU

Saturday 14th December, St Columba's Church, Scarborough, YO12 7JH.

Please send a stamped addressed envelope when applying. Closing date: 7th November.

Booking Code: 759.

CHAIRMAN'S LUNCHES 2025



Kickstart 2025 with a lovely lunch and a great speaker, Glenda Young. Glenda is a published novelist who lives in the North-East where her saga novels are set. She has also written a series of cosy crime novels set in a Scarborough B&B, which were shortlisted for Best New Crime Series in The Dead Good Readers Awards. She is the creator of the first-ever weekly soap opera "Riverside" published in The People's Friend magazine. She was commissioned by ITV to write the official tie-in books about Coronation Street and runs two Coronation

Street fan websites. **Application forms and menu choices for all three venues with your Secretary. Members only. Please note different codes and closing dates for each venue.**

- **Thursday 16th January 2025 - Kirkbymoorside Golf Club, Manor Vale Lane, Kirkbymoorside YO62 6EG.** Closing date: 10th December. Cost: £28.00.
- **Thursday 30th January 2025 - York Pavilion Hotel, 45 Main Street, Fulford, York YO10 4PJ.** Closing date: 10th December. Cost: £28.00. Booking Code: 762.
- **Monday 24th February 2025 - The Golden Lion Hotel, 114 High Street, Northallerton DL7 8PP.** Closing date: 14th January 2025. Cost: £28.00. Booking Code: 761.



FEDERATION HOLIDAY TO THE GARDENS OF NORFOLK, 8th September to 12th September 2025

-Do you have any holiday plans for 2025? You don't, then why not join us for a trip to Norfolk September 8th - September 12th, visiting amongst

others, Burghley House and Gardens, Sandringham House, Holkham Walled



Garden, East Ruston Old Vicarage, Felbrigg Hall and Gardens, Elsing Hall Gardens and Blickling Estate House and Garden. We will be staying in the Wensum Valley Hotel, Golf and Country Club near Norwich. On the return journey home, we will have a light lunch at Petwood Hotel, once home to 617 Squadron, The Dambusters, and surrounded by acres of beautifully landscaped gardens.

Estimated cost to members: c £797.00 in a shared room, £907 in a single room; Non-members are more than welcome to come with us for which there will be a small supplement. Estimated cost to non-members: £805.00 in a shared room, £915.00 in a single room.

Cost includes all admission charges. There will be a slight reduction for National Trust, RHS and HHA members. Please note that in the event of a higher than anticipated increase in the cost of fuel, a surcharge may need to be levied, which will be added to the final bill. **Book your place now with £120.00 deposit, non-refundable after the closing date. Arrangements can be made for**

you to pay for the holiday in monthly instalments. Closing date: 28th January 2025. Booking Code: 763. Booking form and brochure with your Secretary and available on the Federation website, under “Forms”.

OFFICE NOTICE BOARD

DATE FOR YOUR DIARY: Annual Spring Council Meeting, Wednesday 2nd April 2025, Scarborough Spa Complex, 10.30am – 3.30pm. Full details and application forms next month.



In2WIn - Congratulations to the lucky winners of the In2WIn monthly draw:

1st prize: 70 Helen Ison, Northallerton WI
 2nd prize: 47 Libby Harper, Poppleton WI

MEMBERSHIP SUBSCRIPTION 2025/26

The NFWI Board of Trustees has set the membership subscription for the 2025/26 membership year at **£51.00**. This means there will be a £3 increase from the current membership year: £1.50 of this increase will go to WIs, 75p to federations and 75p to NFWI.

The distribution will therefore be:

Total subscription	WI share	Federation share	NFWI share
£51.00	£25.10	£12.05	£13.85

New members joining the WI from April 2025 for the first time, or who have not been members of any WI in the past year, will pay a pro-rata subscription depending on the quarter in which they join. The rate per quarter and the distribution are shown in the following table.

Date of joining	Total subscription	WI share	Federation share	NFWI share
1 April to June 2025	£51.00	£25.10	£12.05	£13.85
1 July to 30 Sept 2025	£38.25	£18.82	£9.04	£10.39
1 Oct to 31 Dec 2025	£25.50	£12.55	£6.03	£6.92
1 Jan to 31 Mar 2026	£12.75	£6.28	£3.01	£3.46

New WIs starting in 2025/26

New WIs starting from April 2025 will keep all the subscriptions paid by their members in 2025/26 membership year.

Flexibility Policy

WIs can apply the flexibility policy to their 2025/26 subscription. This means they can charge the full amount of the WI portion, reduce their portion, or waive the WI portion of the subscription entirely.

Dual Membership

Dual members will pay the WI portion only to their second WI. If the WI is not utilising the flexibility policy, this will be £25.10. There is no pro-rata rate for dual membership, and the set fee will remain payable at any time during the year.

Pooling of Fares

Please note that as the Annual Meetings in 2025 and 2026 will be conducted entirely online, federations and WIs will not be required to pay Pooling of Fares fees.

REMINDERS

Manipulated Fabric Heart Workshop With Kate Slaughter from Kate's Kloths, Monday 10th February 2025 9.30 am to 3.30 pm, WI House, Front Street, Norby, Thirsk, YO7 1BG. Full details in the September & October newsletters. Cost: £50.00 plus £12.50 for the kit available in a wide range of colours, payable on the day to the Tutor. Closing date: 10th December. Booking Code: 740.



Silver Bangle with an Initial Charm Workshop with Helen Drye, Friday 24th January 2025 10.00am to 1.30 pm, W I House, Thirsk, YO7 1BG. Helen will teach you how to size your bangle, measure and saw your silver, refine, file, polish and solder your bangle. For those who would like to texture your bangle, you will have the opportunity to create an effect using a hammer. You will also be given a charm where you will be taught how to stamp your initials on. You will be able to take your bangle home at the end of the session. Tea/coffee available. **Cost: £75.00 to include all materials.** Closing date: Tuesday 10th December 2024. Booking Code: 743.



LOOK OUT IN THE COMING MONTHS FOR -

Hand Embroidered Vases, Saturday 5th April

Gilding and gold leaf Workshop led by craftsman Rob Oldfield - Wednesday 30th April

Sanntangle - The Art of Tangling, Thursday 5th June

Spring and Summer Rambles

Fabric photo frame workshop

EVENT REPORTS -



Learn to Paint in Gouache - On Saturday 14th September, tutor Alison Southward introduced members to the medium of gouache. Unlike watercolour this paint is more forgiving and dries opaque - many found it quite easy to handle. Alison led the group stage by stage through a scene depicting a harbour - each one was a little different determined by the individual's colour choices.

Look at the photos - you can almost feel the concentration!



Basic Butchery Course, 2nd October

Six of us gathered in Johnsons Butchers in Thirsk for this event. Andrew was our instructor who has been a butcher for 42 years, and we also learnt he is currently the Mayor of Thirsk. We were all given a metal mesh glove to wear on our non-dominant before being instructed on how to sharpen our knives.



We started with a piece of pork we cut into very large chops and then went on to removing the bone from a shoulder of lamb. This was tricky cutting along the shoulder blade but we were well guided and all managed to do this successfully. We then were given whole chickens which we completely removed the meat from working through the breasts, legs and wings and were shown how to make stuffed breasts and chicken kiev's. Finally, we had a piece of belly pork which we removed the bones from and then scored the rind. We then cut into the joint partially lengthways, rolled the top layer

back, filled with sage and onion stuffing and then replaced the top rolling the joint up securing it with elastic bands. We were all really pleased with our results and brought everything home we worked on in a substantial bag we were all provided with.

At the end of the session Andrew's wife Sarah Jane, also a butcher, appeared with a slow cooker full of pulled pork in a barbecue sauce which we had in rolls. It was very nice. All together a very enjoyable and instructive evening

Janet Wilson - Scarborough Sea Gals WI

CURRENT AFFAIRS - Chairman: **Lindsay Gee** - lindsaygee67@gmail.com

Now for the season of fireworks. A delight for many of us, if not for our dogs and cats. But the hope of bringing you news of the resolutions shortlist has been a damp squib: just like last year, the timing of the selection meeting has clashed with our printing deadline.

Reasons to be cheerful, nonetheless: the autumn is (at the time of writing) a pleasurable season, at its best in our countryside - dog roses, hawthorn and holly berries, horse chestnuts, and so much more; and the often-arduous preparations for next month's festivities can be lightened by the anticipation of reunions with families and friends.

We are aiming to do our bit for neighbours and nature by litter picking during the Great British Spring Clean: the advance details are given in this Newsletter, and we hope this will be attractive to many WIs. We'll look forward to hearing from you on the subject.



Litter picks by WI's

Litter picking between Monday 24th and Sunday 30th March 2025, as part of the Great British Spring Clean – a creation of Keep Britain Tidy, which itself grew out of a WI campaign, 70 years ago.

Why pick up litter? Because this is very much needed, in all too many places, to combat serious damage to plants, shocking numbers of animals killed and injured, and the offensive ugliness – in the effort to try and maintain our green and pleasant land. It can be done on streets, in the countryside and on beaches.

Apart from gloves and sturdy shoes, equipment can be loaned from North Yorkshire Council's community engagement teams, free of charge – hi-vis vests, litter pick tools and bags. These teams can also arrange clearance of the rubbish collected.

More information will be provided to all WIs registering an interest with the Office. This will include details of the Council's and Keep Britain Tidy's (commonsense) safety protocols.

Do let us know if you would like to take part, during that week. Ideas from all experienced WIs will, of course, be welcome. Afterwards, don't forget to send in accounts and photos for the Newsletter!

SCIENCE COORDINATOR - Gill Edmonds – gilledmonds45@gmail.com

Autumn, for many of us will, like squirrels, have stowed away in our freezers a lot of the harvest apples, pears, plums, etc. As the garden settles down into its winter sleep it gives us time to think of other things to do in the longer, colder days.

There is going to be a challenge coming up for you - why not look into your freezer and see what inspiration you can find to share with other WI members. It has been suggested that we might get out our cooking books and make something delicious using what we have stowed away. The Federation would like to start a "cookery collection". **Recipes using local, in season produce to make sweet or savoury dishes.** Look for more details at the Autumn Council Meeting on 26th October.

CLIMATE AMBASSADOR - Gill Edmonds – gilledmonds45@gmail.com



A few weeks ago, I went to Beningbrough Hall, a National Trust Property. I had seen that they had just completed a Climate Change Garden, designed by the well-known garden designer, Andy Sturgeon. There was I, in absolutely pouring rain, viewing a garden designed to thrive on little rain. Yes, it was very new and does need a few years to develop. There was a lot of fine gravel to protect any damp that the ground was holding. I was delighted to see that it did feature many plants that I already have in my garden – Guara, Verbena, Mediterranean herbs and Erigeron.

A very good place for an Institute outing with a tearoom selling delicious snacks.

MEMBERSHIP & TRAINING – Chairman: Janice Whiteford – whatstheplanjan@hotmail.com

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AROUND OUR FEDERATION

As part of **Dunnington WI's** annual day trip, enjoyed this year in Ripon, volunteer guides at the Workhouse Museum treated members to a fascinating and knowledgeable tour of the museum's buildings and garden. The guides had a wealth of knowledge to impart, telling the complex story of poverty in Victorian Yorkshire and helping members to better understand the conditions and standards of the time and how they led to the birth of our modern welfare system.



The museum's objects and artefacts were fascinating, some items remembered fondly or not so fondly, by members but the real stories of the poor in Ripon and their lived experience gave the history impact and relevance. The day in Ripon had begun with members enjoying the hospitality of the Yorkshire Federation West WI, at Alma House. Dunnington WI members were treated to tea, coffee and homemade biscuits and cake served by the ladies of the Federation. It was a lovely opportunity to make connexions with members of a neighbouring Federation and Dunnington members were fortified for the rest of the day by the wonderful refreshments and conversation. The refreshment team was led by Heather Stoney, many thanks to the team and Yorkshire Federation West.

Several members then went on to enjoy a trip on Ripon Canal whilst others took the opportunity to browse the stalls on the market square and to discover the town. The medieval architecture of the Cathedral, free to enjoy, was uplifting and the free lunchtime concert a delight.

The day out was topped off by 'high tea' at the Wild Swan in Minskip, where members enjoyed a substantial two-course meal. A number of 'doggie bags' were observed being carried on to the coach for the return journey, contents to be enjoyed perhaps later for supper or lunch the following day. (For information about booking a tour at any of the three Ripon Museums contact katy.omalley@riponmuseums.co.uk) - *Denise Elliott (Good to see WI's from our Federation meeting up with WI's from neighbouring Federations - Editor)*

Glaisdale WI joined with **Fryupdales** and **Lealholm WIs** to showcase our WIs' at the Danby show this year. We decided to highlight the national campaign for Clean Rivers for people and wildlife and themed our display round our own River Esk. We are, after all, the WIs' of the Esk valley! Members contributed paintings and art, handicrafts and produce all on the theme of the River. A highlight was a delicious looking Salmon mousse as part of the picnic, a display around the fundraising 'paddle the coast to coast of England' trip by Fryup president Daisy Best in aid of Mind (She's not stopping and now intends to paddle every canal in the UK!), a 'zentangle River Esk' by Glaisdale WI zentangle group, willow work and a working water feature celebrating the plants of the riverbank. Look carefully at the Zentangle and you can see designs suggesting freshwater mussels, the movement of water and fish.



The stand attracted attention and members could chat to visitors about the WI and gave out promotional material (we made a word search on the theme of Rivers accompanied by our details for visitors to take away with them). We enjoyed working together to showcase our WIs, it was a beautiful day and the show was enjoyed by all! - **Hanneke Wood, Glaisdale WI**



NORTHALLERTON WI CELEBRATE 1ST ANNIVERSARY - Northallerton WI was conceived on a hot summer's evening back in June 2023, when a group of local ladies nervously assembled at a local hotel on the High Street under the watchful eye of WI advisors from North Yorkshire East Federation to see if there was sufficient interest to set up a local WI group.

On 25th September, we celebrated our first anniversary with 35 members. We launched with a fund-raising Fashion Show which enabled us to donate £350.00 to Hambleton Community Action and £50.00 donation to Bloodrun EVS.

Our monthly meetings had a variety of interesting speakers including the Yorkshire Voices Choir, Northallerton Handbell Ringers and Sue Summers from Northallerton Flower Club. Our open meeting in July saw 50 WI members from across the local area join us for an entertaining talk by David H Grant on being a film extra

In addition to our monthly meetings, we have established 4 new informal sub-groups: Book Club, Walking Group, Ladies Who Dine and a Gardening Group.



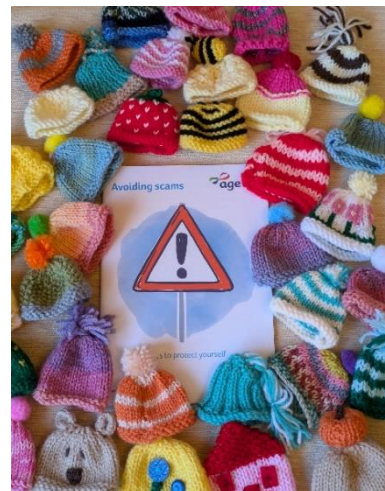
We have a jam-packed (no pun intended) agenda for the coming year with exceptional speakers already booked, new extracurricular groups in the offering, adventurous outings planned and exciting fund-raising challenges. - **Victoria McEvoy, President**



Eleven members of **Danby Wiske W.I.** took part in the sponsored walk organised by Herriot Hospice on Saturday 5th October. The walk took us along a section of the Cleveland Way which runs from Sutton Bank Visitor centre to High Paradise and then returned along the same route, a distance of 9 miles. We had beautiful weather and the views across the Vale of York are amazing. Donations are still coming in but to date we have raised around £750 for this worthwhile, local charity. Herriot Hospice provides help and support for people and their families living with terminal illness

with homecare, inpatient hospice care at The Lambert in Thirsk and bereavement support for families. - **Valerie Pinkney**

Earlier this year Matthew Bulmer, a cyber protect and prevent officer from North Yorkshire Police gave a very interesting and informative talk to **Dringhouses WI**. One of the subjects covered was how to avoid falling for scams and Matthew recommended an Age UK booklet 'Avoiding scams'. Age UK don't charge for their booklets, even when Dringhouses WI requested enough for each member to have a copy.



When we saw that the Innocent Big Knit campaign was running again this year the knitters of our WI decided that this would be a good way to thank Age UK. The Big Knit is Age UK's partnership with innocent drinks. Since 2003 they have been working together asking the country's crafters to knit little hats for the tops of Innocent Smoothies' bottles. Every hat knitted or crocheted raises 30p to help

Age UK provide much needed services and support to older people. So far, the members of Dringhouses WI have knitted 56 hats. As the campaign ends on the 1st of July 2025, we have plenty of time to knit lots more. - **Ann Elliott, Secretary**

Around our federation and.TAKING OUR WI CLEAN RIVERS CAMPAIGN TO HEART!

Members of **Middleton, Aislaby and Wrelton WI** met to test the water quality in two local rivers. This was as part of the Earthwatch Great UK Water Blitz citizen science project. The results from all over the country will all add evidence to support our national campaign for "Clean Rivers for People and Wildlife" - and we all enjoyed doing it too!



On September 17th, a few ladies from NYEFWI met at the Holbeck stream in the Ampleforth valley to join in with the WI Week of River Action. This is a national WI initiative encouraging members to spread the word that too little is happening too slowly to clean up our rivers.



Six of us met up with Amy Carrick-Knowles who is the Engagement Officer for Ryevitalise. This is an initiative that aims to revitalise the River Rye's natural and cultural heritage, reconnecting people to the river, the history and wildlife of the area, and to support the regeneration of the landscape.

Together we took samples from the stream and tested for pH, nitrates, and phosphates. The stream was slightly alkaline, with normal nitrate levels but high levels of phosphates. High phosphates might be due to fertilisers from local fields or from raw sewage discharge from the Ampleforth works. Yorkshire Water admits historical and ongoing discharge of sewage but is now investing in the area by planting a new reed bed at the sewage works.





We then disturbed the bed of the stream and collected invertebrates which we placed in sections in observation trays in order to count them. We saw four different types of invertebrates including freshwater shrimp and caddis fly larvae. Depending on the season and the river it is possible to see eight different species.



Whilst we were in the stream, we took the opportunity to recover a massive piece of metal from the water, probably an old railway track! It took four of us to lift it, but we felt it would be better out of the water.



Overall, the stream was in quite good health, but the high phosphate level was worrying. Amy committed to let the river authorities know of our findings and to continue to monitor this tributary to the river Rye.

Thank you to all the ladies who took part from **Byland with Wass, Appleton-le-Moors and Brandsby.**

75 years of Stillingfleet WI was commemorated by members planting (with the Council's permission) 600 Narcissi bulbs at the three entrances to the village of Stillingfleet.

We look forward to their display in the springtime of 2025.



A very quiet meeting at **Thornton le Beans** last night. We enjoyed a demonstration from Claire at Temple Spa.



The members were unusually subdued and the vice president, secretary and treasurer had very little to say! After the cleansing, moisturising and resting Claire told us we were all ready for bed, she didn't know about all the chatting that goes on during the tea break. *Pat Woodall with photos by Claire Bellhouse*
Can I hear snoring??? - Editor

DIARY DATES - (Key - *Cost to Non-Members. ++ Please select which time slot) **XXXX** Hi- lighted dates are to remind you time is running out for booking!

Date/Time	Event	All the Details	Venue	Cost	Code	Closing Date
HAPPENING IN DECEMBER						
7th	Carol Service	Oct. n/l	St Mary's Church Thirsk, YO7 1PR	Free - Collection for Charity during Service State venue and include a stamped addressed envelope. Booking Code 759 Closing Date: 7 th Nov		
14 th	Carol Service	Oct. n/l	Selby Abbey, Selby, YO8 4PU			
14th	Carol Service	Oct. n/l	St Columba's Church, Scarborough, YO12 7JH			
HAPPENING IN JANUARY 2025						
16 th , 12.00pm for 12.30pm	Chairman's Lunch	Oct. n/l	Kirkbymoorside Golf Club	£28.00	760	10 th Dec.
14 th , 10.00-1.30pm	Silver Bangle and Charm Workshop	Oct. n/l	WI House, YO7 1BG	£75.00	743	10 th Dec.
30 th , 12.00pm for 12.30pm	Chairman's Lunch	Oct. n/l	York Pavilion Hotel, York	£28.00	762	10 th Dec.
HAPPENING IN FEBRUARY 2025						
10 th , 9.30am - 3.30pm	Manipulated Fabric Heart Workshop	Sept. n/l	WI House, YO7 1BG	£50.00 + £12.50 on day	740	10 th Dec.
24 th , 12.00pm for 12.30pm	Chairman's Lunch	Oct n/l	Golden Lion Hotel, Northallerton	£28.00	761	14 th January
HAPPENING IN MARCH 2025 - BOOKING FROM 1ST NOVEMBER						
12 th , 10.00am -3.00pm	Wee Woolly Wonderfals' Amigurumi Crochet	Nov. n/l	WI House, YO7 1BG	£59.00	745	4 th Feb.
21 st , 10.00am-3.30 pm	Scratchboard Art, with Jenny Dalleywater	Nov. n/l	WI House, YO7 1BG	£52.00	744	4 th Feb.
HAPPENING IN APRIL 2025						
2 nd , 10.30am-3.30pm	Federation Annual Spring Council Meeting	Dec. n/l	Scarborough Spa Complex, South Bay, YO11 2HD	Full details and booking forms in December Newsletter		
HAPPENING IN SEPTEMBER 2025 - BOOKING NOW						
8 th to 12th	Federation Holiday to the Gardens of Norfolk	Oct. n/l	Various venues in Norfolk - stay at the Wensum Valley Hotel Golf & Country Club, nr Norwich	Memb.: c£797 / £907; Non-Memb.: £805 / £915.00	763	28 th January for £120.00 deposit