

NORTH YORKSHIRE EAST

AUGUST 2024

Federation Office: WI House, Front Street, Norby, Thirsk, YO7 1BG Visitors/Telephone Enquiries 01845 522415 Tuesday to Thursday are welcome between: 10.00am – 12.30pm and 14.00pm – 15.00pm (Closed Mondays and Fridays)

Chairman: Sarah McFarlane Newsletter Editor: Margaret Ellison Federation Secretary: Laurence Anderson Finance Secretary: Shirley Nicholls Website: <u>www.nyorkseastwi.org.uk</u> Facebook: @NorthYorkshireEastFedofWIs

email: <u>nyenewseditor@gmail.com</u> email: <u>fedsec.nyefwi@btconnect.com</u> email: <u>financesec.nyefwi@btconnect.com</u> Twitter: <u>@NYorkEastFedWI</u>

Dear Members,

I really can't believe that August is here already, and that Autumn is fast approaching! Where has the rest of the year gone?

We kick off the month with our Yorkshire Day lunch, which has proved to be our most popular event ever -Angus, the Yorkshire Auctioneer, clearly has a very large fan club! We are so delighted that he has agreed to speak at another lunch so that the members who were on the very large waiting list can be given the chance to meet and hear him. I do hope that most of you who did not get to the Yorkshire Day lunch will be able to make the second date. Thoughts of Angus and his auction house have actually set me off thinking of decluttering - I have so many things that have been handed down through the family to which I know my son and daughter-in-law will never give house space; so, I need to be ruthless and get rid now.

Many of your WIs don't have a meeting this month but have an outing instead. I look forward to hearing about the different places you have visited - do let us know where you have all been, as it is interesting to learn what you have been up to and also gives others ideas of places to see and things to do.

By the time you read this, all eyes will be on Paris, the venue for this year's Olympic Games. I never enjoyed taking part in athletics events when I was young, but any sport which involved a ball was a different matter, especially squash and tennis - so I now have square eyes having been glued to Wimbledon for the first two weeks of July. I do enjoy watching almost all the events at the Olympics - the commitment, dedication, self-discipline and sacrifices made by the athletes and their friends and families to make dreams come to reality is amazing and is something we can all learn from. Whilst individuals win medals, their achievements are the result of a great team effort. Team effort involves everyone in a team actively contributing skills and ideas to achieve a common goal which, where the WI is concerned, is to enhance the lives of our members and their communities. If you fancy being part of a Federation Team we are always happy to welcome new members; so if you have an interest in public affairs, sport, music, the arts or crafts do contact the office and come along to observe a meeting or two to find out more about what we do. Have a good month.

With very best wishes, Sarah

Save the date.... FEDERATION CHRISTMAS LUNCHES -

Thursday 28th November, Novotel, York Monday 2nd December, The Golden Lion Hotel, Northallerton

Full details in the September Newsletter



OFFICE NOTICE BOARD

BURSARIES REMINDERS

Doris Wilkinson – Five chances to receive up to £250.00 towards an educational course of your choice – this is open to members who have NOT won the Doris Wilkinson Bursary previously.

WI 110TH Anniversary – **A one-off bursary** to celebrate the 110th Anniversary of the WI for an amount of $\pounds 250.00$ towards an educational course of your choice.

Winners will be drawn and announced at the Autumn Council Meeting. Please apply personally in writing to the Office (by post or email) giving your name, address, postcode and your W.I., before 24th September 2024. All winners must claim their Bursary before 31st October 2025 by forwarding proof of payment for an educational course which can be residential, a course at a local College or School etc.

REMINDER - Autumn Council Meeting, Saturday 26th October, St Peter's School, Clifton, York, YO30 6AB, **10.30am - 3.30pm.** Guest Speakers: Amar Latif and Ruth Rogers. **One Delegate per WI Free. Visitors' Tickets: £15.00. Booking forms with your Secretary. Closing date: 24th September. Code: 543. IMPORTANT: NO FOOD CONTAINING NUTS TO BE BROUGHT ON THE SCHOOL PREMISES PLEASE.**

* **Stationery** – Enclosed is the Stationery Order Form for goods to be collected at the Autumn Council Meeting along with your Diaries. These can also be collected from WI House. There will be a p & p charge if we have to post items out to you.

NEWSLETTER ENCLOSURES - IMPORTANT INFORMATION

* Secretaries please note that two free-of-charge copies of the Financial Statement and one copy of the Annual Report Form are included with this Newsletter. The Annual Report Form should be completed and returned to the Office following your Annual Meeting, together with one copy of the completed Financial Statement, the Secretary's Report and WI programme for the year concerned. The second copy of the Financial Statement should be kept for your records. Please keep them safe until they are needed. Further copies of the Financial Statement are available from the WI House at a cost of 24p each.

* **Independent Financial Examiner Request Form** is enclosed to enable your WI to book an IFE to look at your accounts prior to your Annual Meeting. This form is sent out once a year and should be used to book an Independent Financial Examiner for the following year. **Secretaries, please make sure you pass the form to your Treasurer.**

* Newsletter Order Form - from November 2024, the Federation will carry on supplying hard copies of the Newsletters to all members via their WI Secretary. Early bird offer if you book via your Secretary at a cost of £5.00 for the year. Electronic copies will still be sent free of charge to the WI email contact provided and three complimentary copies sent out to each WI for their own use. Please indicate on the tear-off slip how many Newsletters your WI requires and return to WI House, Front Street, Norby, Thirsk YO7 1BG before <u>30th September 2024.</u> Early Bird Offer only applies for orders sent back by 30th September via the Secretary.

In2WIn 2023/2024 - Congratulations to the lucky winners of the In2WIn monthly draw:1st Prize:392nd Prize:16Mrs V Gatenby, Worsall WI

It is a bit of fun! Sign up for In2WIn 2024-2025 online, through your Secretary, or at the Autumn Council meeting. Full details September Newsletter. Don't forget to bring your cheque books or cash to the Autumn Council Meeting.

FINANCE CORNER

I have received several enquiries about **late-paying membership fees** – each **quarter** we will send with the Newsletter a form for the next quarter's membership fees. Each form has a section for late-paying full members as well as a section for late subscriptions for previous quarters – so, never panic that you have left something off or forgotten to pay something – there is always another form coming along!

Refunds for Membership Subscriptions - Please note that NFWI are unable to offer refunds as this is in contravention of the WI Constitution, which states that all funds of the WI can only be used in accordance with the WI's charitable objects. WIs should be informing all new members that when they pay their membership fee this is a charity donation and therefore can't be refunded at any point.

I deal with all bookings for Events, Workshops, Council Meetings, Carol Services etc., **sending letters of confirmation of places or letting you know that you have been unsuccessful** – if no S.A.E. is sent to W.I. House these confirmations are sent via email. I receive calls from members saying they haven't received notification as their email is down or not working – as the email hasn't bounced back I am unaware of this so, maybe, it would be best to forward an S.A.E. to the office so that your confirmation can be posted to you. Also, please check your junk/spam folder. So, if you have a query about an event, call me or email me on <u>financesec.nyefwi@btconnect.com</u>

Don't forget that an **S.A.E. is needed for any applications** for council meetings, carol services, rambles etc., **that require a ticket for entry.**

Please also remember that when we receive more than one individual application from your W.I. it does not mean that you will all be successful as the second application can be received at a later date when the event is already full. If you all would like to attend as a group it is best to make that group booking on one application.

Please also remember to **provide a telephone number for all attendees** – mobile is best in case you have to be contacted at short notice!

If you have a query about any event – **please do not contact the venue BUT contact the office or the organiser of the event** - the office is only closed on a Monday and Friday but we can deal with queries on the other days. If every member attending an event contacted venues it makes hard work for them and could possibly discourage them from letting us use them again.

Shirley, Federation Finance Secretary.

ONLINE PAYMENT DETAILS:

Account Name: NYE Federation of WIAccount no: 35787073Sort Code 05 09 44Please remember to tell your WI Secretary if you have booked and paid direct.

BURSARY REPORT

I would just like to say thank you for the opportunities given to me via the Doris Wilkinson Bursary. I was the lucky recipient of one of the five £250 Doris Wilkinson Bursaries drawn at the Autumn Council Meeting last October and I used it for three different courses. I was able to continue with my quilting lessons which I have taken up since retiring, attend a one-day cookery course and I have still to attend an applique cushion course in October. I would encourage everyone who hasn't previously received this bursary to enter the draw for this year's Autumn Council Meeting and try something new. *Anne Robinson, Rufforth WI*

REMINDERS – DATES FOR YOUR DIARY



Silver Clay Christmas Wreath Workshop, Friday 8th November, 10.00am – 1.00pm, WI House, Thirsk. Cost: £60.00. Booking from 1st August. Closing date: 24th September. Booking Code: 735. Full details in July Newsletter.

World of Chocolate Making and Decoupage Truffle Plate Workshop, Saturday 16th November, 10.00am – 3.30pm, WI House. Full details in July newsletter. Cost: 65.00. Booking from 1st August. Closing date: 1st October. Booking Code: 728.



Plant-based workshop – Join us for a delicious morning of cooking, tasting and learning at "The Cook's Place" – Malton's new cookery school on **Tuesday 19th November. 10.30am–12.30pm. Cost: £55.00. Closing date: 22nd August. Booking code: 801. NOW OPEN TO NON-MEMBERS £57.00.**

EVENTS – Chairman: Linda Cariss – <u>lindacariss2312@gmail.com</u>

Christmas Silk Ribbon Embroidery workshop, Monday 11th November - 10.00am to 3.30pm, WI House, Thirsk, YO7 1BG. Learn how to embroider a shimmering Silk Ribbon design Christmas Decoration with tutor Jacqueline Schultz, using an array of beautiful Silk Ribbon on a Red Silk Dupion face fabric. Silk ribbon embroidery is fun, easy to master and very versatile. The three-dimensional effect of this soft, tactile form of needlework is one of its most endearing qualities. Pure silk ribbons are the only ribbons fine enough to slip through the eye of a needle and then through fabric to create delicate silk flowers. Silk ribbon embroidery uses a few stitching techniques that are unique but do not let this put you off as they are very easy to learn.



Materials in the kit for this workshop include a 4"/11cm hoop. Red 100% silk dupion face fabric, silk ribbons for flowers and hand-dyed 4mm silk ribbons for foliage. You will use stranded threads in various colours and seed beads, enough to complete this workshop project. All specialist equipment will be provided for use at the workshop. During the day Jacqueline will model each step of the project and you will receive comprehensive instructions. Tea /coffee will be provided throughout the day but please bring a packed lunch with you. Booking from 1st August. Closing date: 30th September. Cost: £85.00 including the full kit to complete the decoration. Booking Code 737.



Enjoy a day out in Halifax before the Christmas rush - Thursday 5th December 2024 Open to family and friends. The coach will pick you up from Thirsk or York and our first stop will be the Bankfield Museum, Halifax, where you can enjoy a world-class collection of costumes, art, textiles, etc. The special exhibition on show will be the Art of Making Historical Fashion. Costumes on display include those made for TV programmes such as Gentleman Jack and the famous white

shirt worn by Mr. Darcy

in Pride and Prejudice, (Sorry, no Colin Firth)! There is a small café to purchase coffee/tea and biscuits. We will then move on to **Piece Hall, a Grade I listed building.** It was built as a cloth hall for handloom weavers to sell the woollen cloth "pieces" they had produced – it has numerous uses now: shops, restaurants, etc., and the architecture alone is worth a visit. Should you wish to explore further, Halifax Borough Market – very traditional – is close by. **Booking from 1st September. Closing date: 5th November. Cost: Members: £22.00 / Non-Members: £24.00. Booking Code: 736.**



<u>CURRENT AFFAIRS</u> - Chairman: Lindsay Gee - <u>lindsaygee67@gmail.com</u></u>

The last month of summer: starting loudly with Yorkshire Day - celebrated with a Federation Lunch at Kirkbymoorside this year.

An interesting story here. Victory at the Battle of Minden, in what was then Prussia, on this day in 1759 had long been commemorated by Yorkshire military units, sporting white roses; and in 1975 this event became Yorkshire Day, led by the Yorkshire Ridings Society and spurred on by protests in Beverley against the local government changes of 1974. A Declaration of Integrity is recited on the day in York, affirming that (only) those born or resident in the three Ridings and loyal to them are Yorkshiremen and women.

It is also the day on which Parliament ordered the abolition of slavery, in 1833, thanks to campaigning by the Yorkshireman William Wilberforce and many others.

Now we also have the Edinburgh Festival and Fringe between the 2nd and the 26th, then the Paris Paralympic Games between the 28th and 8th September; with the Afternoon Tea Week, from the 12th to the 18th, sandwiched between them, and the month rounded off with the last bank holiday till Christmas.

Our Gambling Dangers event in York on Saturday 28th September closes to booking on 20th August. The Plant-based Workshop, on vegetarian cookery, follows in Malton on Tuesday 19th November: its closing day is 22nd August. Please note that the Current Affairs sub committee has now decided to open our events to non-members - friends and family - as well: a further inducement!

That already applies to Gambling Dangers - as does the fact that lunch is to be provided by our Chairman - and based on long experience it will be delicious.

To conclude, a campaign pack for Dental Health Matters is being prepared by the NFWI team: more on that in due course.

Enjoy the rest of your summer.

<u>SCIENCE COORDINATOR</u> - Gill Edmonds - gilledmonds45@gmail.com

Science Suggestions - Slugs and Snails

I am not suggesting that we should love slugs and snails, but we should look at them as part of the great eco system. They are both molluscs, and a slug is a snail without a shell. There are more than 40 different kinds of slugs and many more different snails. Slugs and snails provide a tasty meal for hedgehogs, frogs, badgers and many small mammals, as well as birds. Slugs and snails do a very good job in breaking down all manner of garden waste, especially rotting wood. Look under broken branches and you will always find slugs. They also eat and often decimate many of our garden plants, both flowers and vegetables.

Slug pellets are not a good way to rid our garden of these creatures. OK, they kill the slugs that may then be eaten by a hedgehog, which in turn will die. Instead of pellets try and use more wildlife deterrents. Crushed glass or scrunched-up eggshells around the base of a plant will help deter the creatures. Slugs

do not like sliding over uneven surfaces. Copper tape around a plant pot is also helpful. Slugs and snails do not like strong-scented plants, so plant geranium, lavender and rosemary around your precious dahlias and hostas. Try making your garden more wildlife-friendly. If you are lucky enough to have a hedgehog visit your garden you can leave the slugs and snails to provide him with a very tasty meal. With a bit of luck Mr hedgehog will make your garden one of his regular haunts and become a frequent visitor.



CLIMATE AMBASSADOR - Gill Edmonds - gilledmonds45@gmail.com

Gardeners use peat in many ways, a medium in which to grow seeds, to use for pot plants and to add to and enrich their garden soil. Peat is a natural product that is millions of years old and is the result of degraded vegetation. One of the original uses was as fuel especially in many parts of Scotland and Ireland. Crofters had the right to cut peat from peat bogs and store for fuel. Millions of tons of peat have been taken from peat bogs and sold as garden compost. Peat bogs are being destroyed and we now realise what an important part of the eco system they are.

The foundation of peat is sphagnum moss, which holds massive amounts of water. Peat bogs capture vast amounts of carbon, and it is retained forever, if it is not disturbed. If it is disturbed, either by drainage, or

bad land management, then instead of holding carbon, it expels carbon into the atmosphere adding to climate change. Peat is no longer available as compost. Peat-free compost can come in many forms, and we are told it is just as good as the real thing.

Recently I saw a compost made entirely from the waste product of cocoa from the chocolate production industry. Instead of a very large heavy bag of peat this product comes in a small lightweight bag. All you do is add water and before your eyes you have compost ready for seeds and plants.

Maybe in the fight against climate change we could say "every little helps".

Note: If you have any comments or suggestionsplease email me

MEMBERSHIP & TRAINING – Chairman: Janice Whiteford – whatstheplanjan@hotmail.com



A warm welcome to our two newest WIs, **Poppies of Poppleton WI** and **Hovingham WI**, who have recently joined our Federation. We look forward to seeing what you are up to!

Scarborough Treasure Hunt, Monday 8th July

It was a wonderful summer's evening for the Treasure Hunt in Scarborough. Warm sunshine, calm sea and a lovely fish and chip supper. What could be better!

The winners were Carol and Avril from Kilburn & Oldstead WI with 19 $^{1/2}$ points out of a possible 20. Well done to them!



Treasurers' Q&A, Wednesday 6th November 2024, 1.00pm – 3.00pm at WI House.

A chance for Treasurers to get advice and to understand their role in their WI.

New and not so new to the job? Enjoy time with the IFEs putting your questions, networking with other Treasurers, and having your questions answered. Following the success of the last Q&A session Carolyn & Marilyn are putting on another 2 sessions for you. **Cost per person (out of WI funds) £10.00.** Booking from 1st August. Closing date: 8th October. Booking Code: 738.

ENCLOSURES: Annual Financial Statements x 2; Annual Report Form; IFE Application Form; Bulk Newsletter Order Form; Stationery Order Form Autumn Meeting.

AROUND OUR FEDERATION



June 8th was Great Ayton village fete. **Great Ayton WI** had a stall selling baking and preserves made by members. We sold everything and made a profit of over ± 500 , which will go towards hall funds. – *Rosemary Readman*

Cawood WI members have been knitting little hats for newborn babies.





A GRAND HALF-DAY OUT

On 20th June 15 members of **Dringhouses WI** visited Allerton Waste Recovery Park. We had a warm welcome and a, yes, slightly scented tour from Laura, our experienced guide. I think we all came away encouraged that over 90% of what would previously have gone to landfill

now produces power for thousands of homes. Recycling is not their business – Allerton deals with the household waste which isn't recycled – but Laura, a passionate environmentalist, taught us a lot about our household recycling. For example, we can all stop keeping empty medicine blister packs as they can't yet be recycled; plastic bottles should be recycled with the tops ON otherwise the lids fall through the machines and all end up on the floor or burnt; bottles and jars don't have to be sparkling clean; aerosol cans and envelopes with plastic address windows can be recycled but till receipts can't. Make sure greasy pizza boxes aren't left on top of the bin or they'll be left – put them in with the other cardboard. And, hooray, national standardisation of recycling is coming. All the third of a million tons of household waste from homes that isn't recycled in York and North Yorkshire goes to Allerton. Our household black bags

travel along one and a half km of conveyor belts. Machines take out anything recyclable or organic. Organic waste goes into an anaerobic digester to create biogas. The rest is burnt at about 1,000 degrees to power 66,000 homes and the waste site itself. The resulting ash is used in construction. Household batteries are a big problem when they are placed into household waste –



please recycle them as they cause fires at Allerton. As the site is only six years old and state of the art, safety standards are very high, so these fires are quickly put out but not welcome.

The WI has been aware of and active in environmental issues for many decades, much longer than our politicians. Keep Britain Tidy was founded by us in 1954 and there have been various campaigns to raise awareness of the dangers of plastic pollution from the 1960s through the decades. We're not all jam and Jerusalem. A visit to Allerton is highly recommended. Group tours are free for groups of between 10 and 20. For further information visit <u>https://thalia.co.uk/where-we-work/york-and-north-yorkshire</u> - *Angela Hornby, Dringhouses WI*



On 5th June, **Stillingfleet WI** invited members from neighbouring WIs to join them in their 75th anniversary celebration. President Ann Baarda warmly welcomed everyone and amused with excerpts from archived minutes highlighting how WI matters have changed over the last 75 years. Local dramatist and storyteller, Chris Cade, entertained with comical enactment of the role of a

primary school teacher from the classroom of 1949. An evening of friendship, fabulous food, sparkling fizz and a beautiful little fondant



fancy to take home were received with delight by all who came. - Caroline Atkinson



As part of the King's birthday celebration and his majesty's request to hold a 'Big Help-Out Weekend', **Wheldrake WI** organised a Village Tidy & Litter Picking & Cream Tea Event for all the family on Saturday 8th June 2024. The Village Tidy & Litter Picking commenced at 1pm to 3pm from outside White Rose House.

Equipment and instructions were provided but people had to bring their own gloves. Volunteers were given a free cream tea! We had stalls selling a variety of items and a bottle tombola with lots of prizes!. Members and villagers enjoyed a delicious cream tea – Yummy! A lovely afternoon out for all!



DIARY DATES – (Key - *Cost to Non-Members. ++ Please select which time slot) **XXXX** Hi-lighted dates are to remind you time is running out for booking!

Date/Time	Event	All the Details	Venue	Cost	Code	Closing Date
	HAPPENIN	IG IN SEPT	EMBER - BOOK NOW			
14th,10.00 am -	Learn to paint in Gouache	April	WI House	£30.00	729	6 th
3.30pm		n/l	YO7 1BG			August
16 ^{th,} 12.00pm	WI Day Lunch	June	The JM Guthrie	£28.00	756	6 th
for 12.30pm	Wi bay Lanch	n/l		220.00	/00	August
28 th , 1.00pm –	Gambling Dangers and	May	Clubhouse, YO13 0NL	£16.00	800	20 th
4.00pm	what we can do	n/l	Clements Hall, YO23	210.00	000	August
30 th , 9.30am-	Willow Lantern Building	April n/l	1BW	£45.00	727	20 th
3.30pm	Workshop	Apricini	WI House YO7 1BG	+£10 on	121	August
	in on one p		107 166	the day		raguot
	HAPPENIN	G IN OCTO	BER - BOOKING NOW		I	
2nd, 5.00pm –	Learn the Basics of	June	Johnson's Butchers,	£80.00	730	27 th
7.30pm	Butchery	n/l	Thirsk, YO7 1PQ			August
7 th & 21 st ,	Mixed Ability Crewel	June	WI House, Thirsk, YO7	£120.00	731	27 th
10.00am - 3.30pm	workshop	n/l	1BG			August
11th, 7.30pm	An Evening with Nicola	June	The Milton Rooms,	£12.00 /	754	27 th
	Mills	n/l	Malton, YO17 7LX	£14.00		August
14 th , 10.30am -	York Hidden History Fire	June	York	£12.00	732	3 rd
12.30pm	Walk	n/l				Sept.
17th, 10.30am –	Silk Painting Workshop	June	WI House,	£50.00	733	3 rd
3.30pm		n/l	YO7 1BG			Sept.
26 th , 10.30am	Federation Autumn	June	St Peter's School, York,	£15.00	543	24 th
– 3.30pm	Meeting Visitors' tickets	n/l	YO30 6AB			Sept.
26th , 10.30am	Federation Autumn	June	St Peter's School, York,	FREE	543	24 th
- 3.30pm	Meeting - Delegate ticket	n/l	YO30 6AB		70.4	Sept.
31st, 12.00pm	Halloween Lunch with	June	The Pavilion Hotel,	£28.00	734	17 th
for 12.30pm	Speaker	n/l	York, YO10 4PJ			Sept.
		1	MBER - BOOKING NOW			
13 th & 14 th	Blackpool Lights &	May	Staying at Glendower	See n/l	755	18 th July
	Boundary Mill Colne	n/l	Hotel, FY8 2NQ	article		
19th, 10.30am-	Plant-based Workshop	May	The Cook's Place,	£55.00/	801	22 nd
12.30pm		n/l	Y017 7LY	*£57.00		August
8th, 10.00am –	Silver Clay Christmas	July	WI House,	£60.00	735	24 th
1.00pm	Wreath	n/l	YO7 1BG			Sept.
16th, 10.00am	World of Chocolate	July	WI House,	£65.00	728	1 st
– 3.30pm	Making & Decoupage	n/l	YO7 1BG			October
	Truffle Plate					
eth 100			KING FROM 1 ST SEPTEN	1		8 th
6th , 1.00pm- 3.00pm	Treasurers' Q&A	August n/l	WI House,	£10.00 out of	738	October
0.000011		101	YO7 1BG	WI funds		October
				iuius	1	1
11th. 10 00am	Christmas Silk Ribbon	August		£85.00	737	30th
	Christmas Silk Ribbon Embroidery	August n/l	WI House,	£85.00	737	30 th Sept.
11th, 10.00am – 3.30pm	Embroidery	n/l	YO7 1BG			30 th Sept.
	Embroidery	n/l				