



NORTH YORKSHIRE EAST

JUNE 2024

Federation Office: WI House, Front Street, Norby, Thirsk, YO7 1BG

Visitors/Telephone Enquiries 01845 522415 Tuesday to Thursday are welcome between: 10.00am – 12.30pm and 14.00pm – 15.00pm (Closed Mondays and Fridays)

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AUTUMN MEETING, SATURDAY 26TH OCTOBER AT ST PETER'S SCHOOL, CLIFTON, YORK, YO30 6AB 10.30AM – 3.30PM



*We will be welcoming as our **morning guest speaker Amar Latif**, a blind traveller, entrepreneur and TV personality with an astonishing track record of facing up to major challenges. Due to an incurable eye condition, Amar lost 95% of his sight by the age of 18. Through sheer determination, he has managed to turn an unpromising tale of loss, into one of truly inspirational achievement.*

*Amar became known to millions through the groundbreaking BBC2 reality series, **Beyond Boundaries** (series 1), a jungle endurance expedition across Central America. As well as directing documentary films, including work for UK's Channel 4TV (**Sightseeing Blind**, featured at the British Film Institute), Amar has appeared in a number of TV productions both as a presenter and actor.*

***Our afternoon speaker will be Ruth Rogers.** Ruth has been an actor and puppeteer, a campaigner and activist, and entrepreneur, opening her own creative space in 2014. Her career highlights include performing **Joey's Head in War Horse** in the West End and her talk will include her insider's experience into what it takes to become a 'living, breathing' horse.*



Coffee and tea available on the day. Please bring a packed lunch.

There will also be several stalls on the day for you to browse around. So, what are you waiting for? Send your application for a Visitor's ticket.

Delegates tickets: Free. Visitors' Tickets: £15.00. Booking forms with your Secretary. Closing date: 24th September. Code: 543.

AUTUMN MEETING STALLS - Would your WI be interested in a stall to sell arts, crafts, jewellery, or food produce? Tables to display and sell would cost £15.00 per table and the Board would like to make sure there is a selection of products on offer to members. So, if your WI is interested or you would like to find out more, please contact the Office as soon as possible.

Dear Members,

Well, here we are in June, almost halfway through the year - where has the time gone?

I have just returned from a lovely holiday in Sardinia and with the batteries recharged, I am now looking forward to going to London for the NFWI Annual Meeting. I am saddened to think that we will not have another in-person meeting until 2027, especially when 2025 marks the 110th Anniversary of the WI, another great milestone in the history of our wonderful organisation.

June is Pride month and this year for the first time, York Central WI will be attending the York Pride celebrations at the Racecourse. They will be having a promotional stall, on which they will have general information about the WI and will also have literature promoting the WIs in the York area. I believe they will also be having a tombola - so we do hope they have a great day and that the sun shines for them

I am sure you are constantly being told that the WI is for you and your fellow members and it is whatever you want it to be. This year the Board and sub-committees have had to cancel a number of planned activities - so clearly, we are not reflecting your interests in our programme. We need you to let us know your views and ideas for events, so that we can devise a programme that will appeal to a wide range of interests and age groups - so whether it is speakers, workshops, music, sports, coffee and chat or anything else that you would like, we want to hear about it; so please email us to let us know your thoughts.

Have a good month and I look forward to seeing some of you when I visit your WIs this month.

Best wishes Sarah

OFFICE NOTICE BOARD

MCS Reps – MEMBERSHIP COMMUNICATIONS SYSTEM - IMPORTANT INFORMATION - Please keep your MCS up to date following members paying for their subscriptions and ensure the name and spelling for your members is the name that appears on their Bank Account – we can hear you asking Why?? The answer is that we are receiving more and more payments direct from members into the Federation Bank Account as payment for Federation Events. We don't always receive a Booking Form from the Website or an email from the member to say that this payment has been made – the payments do not always carry an Event Booking Code or tell us which W.I. the member belongs to. We then have to use MCS to tally the payment to a member. This is not always an easy task if the spelling of the name on the MCS is incorrect or the member is known by her middle name. Anyone who has not joined needs to be removed to save National sending out a WI Life magazine to a non-member. Please check that all your members' email addresses are on the MCS and are up to date. This way members can access MYWI and WI Training. *Thank you for your help.*

*Offer of Help Form for WIs / Link with your Federation – Forms with your Secretary. Members of the Membership & Training Committee are available free of charge to offer help in various areas.

In2WIn 2023/2024 - Congratulations to the lucky winners of the In2WIn monthly draw:

1st Prize: number 68 Mrs D Kimmings, Pickering WI
2nd prize: number 39 Mrs V Gatenby, Worsall WI

FEDERATION EVENTS – DATES FOR YOUR DIARY



AN EVENING WITH NICOLA MILLS

Come to the Milton Rooms, Malton on Friday 11th October at 7.30pm for an evening with Nicola Mills. Bring family and friends for a wonderful relaxing evening listening to Nicola's amazing voice –

if you missed the Spring Council Meeting now is your chance to hear Nicola and if you were at the Spring Council Meeting it is an opportunity to listen to her again!

Cost: £12.00 members, £14.00 non-members. Booking from 2nd July. Closing date: 27th August.

Booking code: 754

WI DAY LUNCH, MONDAY 16TH SEPTEMBER

Come and join us for lunch on **Monday, 16th September at 12pm for 12.30pm** to celebrate WI Day. We will be at **Scarborough Rugby Club, JM Guthrie Clubhouse, Silver Royd, Scalby, Scarborough, YO13 0NL** and look forward to seeing you there.

The speaker will be Sharon Vincent, who will give us a talk entitled '**History of the Can-can - Revolution and Feminism**' - The Can-can was considered extremely scandalous in the 19th century.



Cost £28.00. Members only. Booking from 1st June. Closing date: 6th August. Booking code: 756.

MENU

Main Courses

- a) Chicken breast wrapped in bacon, served with a creamy white wine and mushroom sauce **OR**
- b) Baked fillet of salmon served with a lemon, prawn, and chive sauce **OR**
- c) Cumin, butternut squash and lentil wellington served with a spicy tomato sauce (vegan)

Desserts

- d) Individual lemon tart with raspberries and fresh cream (v) **OR**
- e) Individual raspberry filled meringue with fresh cream and raspberry coulis (v) **OR**
- f) Cream filled profiteroles with warm chocolate sauce (v) **OR**

Tea and Coffee to finish with.



BLACKPOOL LIGHTS & COLNE BOUNDARY MILL, 13th & 14th November 2024.

Join us for a night away at The Glendower Hotel, North Promenade, St. Annes on Sea – we will travel by Coach on 13 November – with coach pick-up points at York and Thirsk – accommodation is on a Dinner, Bed and Breakfast basis in either a single or twin and limited double rooms all with en-suite facilities. After our early evening meal on 13th November our Coach will return to take us for a drive through the **Blackpool Illuminations**. Following breakfast on 14th November our Coach will take us the **Colne Boundary Mill for some retail therapy** and a spot of lunch, where we hope to receive discount vouchers to help with your shopping!! Then we will

return home. **Cost: Twin Room DBB Members £150.00/ Non-Members £155.00 - Single Room DBB Members £155.00 / Non Members £160.00. Book now. Closing date: 18th July. Booking code: 755.**

EVENTS: Chairman - Linda Cariss – lindacariss2312@gmail.com

Learn the Basics of Butchery - Would you like to learn the basics of Butchery? You would - then join us on **2nd October, from 5pm - 7.30pm at Johnson's Butchers, Thirsk**, when you will learn how to prepare cuts of Beef, Lamb, Pork & Chicken from a skilled Master Butcher.

Over the course of two and a half hours, you will be shown how to prepare a series of traditional cuts of meat as well as learning the essential skills to cook and prep the meat at home.

A finger buffet and drinks are included and you will be provided with protective clothing, knives & gloves. You get to take home every item you prepare.

Cost: £80.00 Members only. Booking starts 1st July. Closing date: 27th August. Booking Code: 730.



Mixed Ability Crewel Embroidery Workshop, Monday 7th October and Monday 21st October – 10.00 am to 3.30 pm, WI House, Thirsk.

This workshop is ideal for those who have never learned embroidery and are complete beginners and for those who wish to further their Crewel Embroidery Experience.

Are you interested in embroidery? Would you like to learn? If so, why not join Jacquelin Schultz for a two-day workshop where you will have tuition to create a lovely piece of Jacobean Crewel Work to one of Jacqueline's own designs. Jacqueline is an experienced teacher who will take you through step-by-step the different stitches required to achieve a beautiful piece of Crewel Embroidery using Appleton threads on Linen Twill.

For those who are already experienced stitchers, this workshop is ideal to learn more complex stitching to complete one of Jacqueline's more detailed designs. Your piece can easily be turned into a cushion and Jacqueline will instruct you as to how you can do this easily. All designs and starter kit of threads, linen, hoop, needles, and binding tape are all included in the price. Plenty of Tea/coffee will be on hand but please bring a packed lunch with you.

Cost: £120.00 for the Two-Day Workshop. Booking from 1st July . Closing date: 27th August.

Booking Code: 731.

York Hidden History Fire Walk - Come and join us in York on **Monday 14th October at 10.30am** for a walk with a difference.

Learn about the fiery history behind York's city walls on this walking tour with expert guides, Dr Simon Rogerson and Dr Liam Herringshaw. We will learn many hidden secrets as we go round the streets of York, including how a Volcanologist from France stopped the ancient city from burning down and we will also hear about the early life of famous anarchist and pyromaniac Guy Fawkes, who was born in York itself.

Booking starts 1st July. Closing date: 3rd September. Cost: £12.00 - Members only. Booking Code: 732.



Silk Painting – Thursday 17th October, 10.30am – 3.30pm, WI House, Thirsk. Come and enjoy a day exploring the creative skill of painting on silk with Margaret Ellison.

You will have the opportunity to create two items using different techniques. Transform a piece of silk into a beautiful panel using vibrant silk paints to bring your chosen design alive.

Then experiment further for your second piece creating a unique random pattern. All materials are provided. You will need a waterproof apron, 2 plastic bags to transport your items home in case they are not dry, and a packed lunch.

Booking Starts 2nd July. Closing date: 3rd September. Cost £50.00 – Members only. Booking Code: 733.

Ghoul's Who Lunch

Join us for a Halloween Lunch at the Pavilion Hotel, York on Thursday 31st October at 12.00pm for 12.30pm to be followed by a talk by Jean Harrod entitled "It Began with a Ghost Story"

Cost £ 28.00 – Members only . Booking from 1st July. Closing date: 17th September. Booking Code: 734.



Menu Choices:-

Main Corpse

a) *VAMPIRES POUTLRYGEIST WITH EYEBALLS, MONSTER MASH AND WITCHES' FINGERS*
Chicken in tomato sauce served with cherry tomatoes, mashed potato and green beans

b) *SCRAMBLED BRAINS and WITCHES' HAIR SPOOK ETTY*
Beef Ragu with Pasta

c) *ROASTED BAT RISOTTO WITH GHOULISH GARNISH*
Portobello mushroom risotto with deep fried rocket garnish

Dessert Corpse

d) *MENACING PUMPKIN WITH WHIPPED SNAIL SLIME ON A TOMBSTONE*
Pumpkin cheesecake with a ginger biscuit base

e) *MUMMIFIED WORMY APPLES*
Apple Cobbler

f) *HAUNTINGLY SPOOKY SCOOPS*
A selection of sorbets

Witches' Brew

Terrifying Tea / Chilling Coffee

CURRENT AFFAIRS - Chairman: Lindsay Gee - lindsaygee67@gmail.com

So here we are at the midpoint of the year, with the Annual Meeting, the final national commemoration of D-Day, World Days for the environment, oceans and rainforests (5th, 8th, 22nd), and bluebells on Brayton Barff. We advertised our September Gambling dangers session and November vegetarian cookery class (Plant-based Workshop) first in May's Newsletter and hope there will be a lot of bookings - both events are not just worthy but useful and interesting.

And a warm welcome to Gill Edmonds our new Science Coordinator and Climate Ambassador.



Congratulations to the Coast and Valley group for their clearly valuable and successful Clean Water Conference, on which they reported last month.

SCIENCE COORDINATOR - Gill Edmonds - gilledmonds45@gmail.com

Science Suggestions - As many of you may know my real passion is gardening, and it is from this aspect we can look at Science. At this time of the year - we should be seeing everything jumping into life. Sadly, this year everything is still cuddling up to keep warm. On the good days, we have had a few, you might, like me, be amazed at how many ladybirds are around.

(ladybird larvae)



Ladybirds are a member of Coccinellidae - a widespread family of small beetles. Not to be mistaken for lily beetle - same size, more elongated, same colour, no spots but not a gardeners friend as they decimate lily plants. These small creatures will have hidden away all winter and emerged on a sunny day. They will have mated, and you will, if you look hard, find the larvae - a strange orange looking creature. Ladybirds are very good for our gardens; they happily munch away on aphids, green fly, and white fly. They are pollinators too. You can buy ladybirds online if you need too. So next time you are out in your garden, or walking, watch out for ladybirds.

(Lily beetle)



CLIMATE AMBASSADOR - Gill Edmonds - gilledmonds45@gmail.com

Climate Concerns - I am amazed that since I took on the role of Climate Ambassador how much information there is in everyday life about Climate Change.

Ok, we are limited in how much we ourselves can do to help, but in each small act we do will in the long term make a difference. We can be thoughtful in how we use water. Just now we are experiencing a lot of rain. Our reservoirs are full but in no time at all the sun will come out and we will be threatened with hosepipe bans. We should think about fuel and see if we can use less - and also save money.

Many of you will know that I used to live on the Isle of Arran and am always interested in what happens there. Seven years ago, they should have had a new Dual Fuel Ferry. After many delays the new ferry is about to do its finals trials- Dual Fuel you ask- a combination of marine diesel and LNG - Liquefied natural Gas. The LNG has to be transported from Qatar (by sea) to Kent - 8000 miles and then from Kent to Ardrossan (South of Glasgow) 460 miles - and then they call it green fuel.

MEMBERSHIP & TRAINING - Chairman: Janice Whiteford - whatstheplanjan@hotmail.com

Walking Treasure Hunt in Scarborough with Meal - There is still time to book - just! **Monday 8th July 2024 - 6.30pm start** - Meeting place to be advised. **Closing Date: 9th June. Cost £20.00 per person, including supper. Booking code: 592.**

CONSTITUTION CORNER

What's a quorum? With the holiday months coming up, it's useful to know that the quorum at Committee meetings is Three OR one Third of the Committee members (rounded up) if that is greater than three - Constitution and Rules - Rule 27(b)

OTHER USEFUL INFORMATION

When a WI is established, certain decisions are made, including:

- Name of the WI
- Date, time and place of monthly meetings
- Month of the Annual Meeting
- Number of members on the Committee
- Number of Vice Presidents

To change a decision:

- Members must be informed of the proposed change
- Members vote on the proposed change, and the majority must agree
- Decisions should be recorded in the record of the monthly meeting and the Committee minutes
- The WI must inform the Office of the new decision, results of the vote and date of the vote by emailing fedsec.nyefwi@btconnect.com

WI MYTHBUSTING

A Gift voucher cannot be given as a raffle prize?

True – if the raffle prizes are purchased out of WI Funds neither gift vouchers nor money can be given as a prize. A gift Voucher donation from a business etc.. can be given as a prize.

AROUND OUR FEDERATION

Wheldrake WI holds a second successful Fashion and Beauty Event with John Lewis Partnership & Clarins Beauty.



We had a fantastic evening with a Fashion Show of ladies' spring and summer outfits both occasion and casual wear from a variety of brands selling at the John Lewis Partnership in Leeds. Their Clarins team were then available to provide Beauty treats e.g. hand massages, individual makeup consultations and advice on skin and body care.

Six of our members - Hazel, Ann, Jan, Anne, Claire and Wendy did a fantastic job of modelling both smart and casual outfits and they all looked fabulous. It was great to see many of our members getting involved as well as visitors from our neighbouring WI's and villagers. A big 'thank you' to you all for your support. Another successful event that, hopefully will be repeated during our Centenary year in 2025!

Six of our members - Hazel, Ann, Jan, Anne, Claire and Wendy





On April 24th, **Stokesley WI members** went on a trip to **Raby Castle**, stopping at Mainskill Farmshop for coffee on the way. A great day out, enjoyed by everyone! The photograph shows WI member Jill Grocott trying out a classic motorcycle in the beautiful grounds at Raby. - *Jean Spenceley*

Jill must have left her Hells Angel's outfit at home but she looks very comfortable! - Editor

Seventeen members of Strensall and Huntington WI enjoyed a very interesting tour of Bishopthorpe Palace on 30th April 2024.

The cakes, baked by the Palace chef, were a lovely surprise at the end of the tour.

Dorothea Scarlett, Secretary



Middleton, Aislaby and Wreton WI welcomed Linda Cariss, Federation Events Chairman, when we celebrated our Centenary.

We did it in style with an afternoon tea and entertainment provided by "Andy and Jeannie's Island Truffles and Treats". Andy demonstrated how to make truffles accompanied by amusing anecdotes and patter while Jeannie created a wonderful cream tea for us all. Then Andy entertained us by singing, as only he can!

It was a thoroughly enjoyable occasion and we rounded the afternoon off with a superb 100th birthday cake made by member Sandra Snell. It even included a gluten free and Strawberry free section so catering for everyone. During the afternoon we reminisced about many of the previous committee members (some still with us) who have worked so hard over the years to make our WI such a success. Here's to the next 100... - Gill Devonshire



The photo shows Linda Cariss with our President, Carole Kaufman and Vice President, Helen Strickson.

DRESS A GIRL AROUND THE WORLD -

The **Thornton-le-Dale WI ladies** made over 20 dresses for Dress a Girl Around the World, an organisation with the aim to ensure every girl in poverty, or area of need, around the world has the pleasure and dignity of a dress.

- *Claire Old*



DUNNINGTON Ramble through the bluebell woods

Wednesday 1 May dawned bright and clear – thank goodness after all the rain in the previous days and weeks. 24 ladies gathered to ramble through Hagg Woods to admire the bluebells. They were in full flower and we were able to take lots of lovely photos, but we had to watch where we put our feet as there was still a lot of standing water and mud!

We then walked on round the footpaths and roads to Hassacar Nature Reserve, with its beautiful pond and wildlife, and finished at Julia's Garden which is a very tranquil spot.



We gathered our breath there for the last stretch back to the Reading Rooms where a sumptuous lunch awaited us. All the usual quality fare we have come to expect from our WI ladies, who provide tea and cake or full afternoon tea monthly in the Reading Rooms. All welcome! We had a great walk and are pleased to have been able to showcase our lovely countryside so close to York. – *Alison Holmes, Dunnington WI*

DIARY DATES - (Key - *Cost to Non-Members. ++ Please select which time slot) **XXXX** Hi- lighted dates are to remind you time is running out for booking!

Date/Time	Event	All the Details	Venue	Cost	Code	Closing Date
HAPPENING IN JULY - BOOK NOW						
26 th , 10.00am - 1.00pm	Silver Stacking Rings workshop	April n/l	WI House, YO7 1BG	£60.00	726	11 th June
HAPPENING IN AUGUST - BOOK NOW						
1 st , 12.00pm for 12.30pm	Yorkshire Day Lunch	March n/l	Kirkbymoorside Golf Club, YO62 6EG	£28.00	542	18 th June
HAPPENING IN SEPTEMBER - BOOK NOW						
14 th , 10.00am - 3.30pm	Learn to paint in Gouache	April n/l	WI House YO7 1BG	£30.00	729	6 th August
16 th , 12.00pm for 12.30pm	WI Day Lunch	June n/l	The JM Guthrie Clubhouse, YO13 0NL	£28.00	756	6 th August
28 th , 1.00pm - 4.00pm	Gambling Dangers and what we can do	May n/l	Clements Hall, YO23 1BW	£16.00	800	20 th August
HAPPENING IN OCTOBER - BOOKING FROM JULY						
2 nd , 5.00pm - 7.30pm	Learn the Basics of Butchery	June n/l	Johnson's Butchers, Thirsk, YO7 1PQ	£80.00	730	27 th August
7 th & 21 st , 10.00am - 3.30pm	Mixed Ability Crewel workshop	June n/l	WI House, Thirsk, YO7 1BG	£120.00	731	27 th August
11 th , 7.30pm	An Evening with Nicola Mills	June n/l	The Milton Rooms, Malton, YO17 7LX	£12.00 / £14.00	754	27 th August
14 th , 10.30am - 12.30pm	York Hidden History Fire Walk	June n/l	York	£12.00	732	3 rd Sept.
17 th , 10.30am - 3.30pm	Silk Painting Workshop	June n/l	WI House, Thirsk, YO7 1BG	£50.00	733	3 rd Sept.
26 th , 10.30am - 3.30pm	Federation Autumn Meeting Visitors' tickets	June n/l	St Peter's School, York, YO30 6AB	£15.00	543	24 th Sept.
26 th , 10.30am - 3.30pm	Federation Autumn Meeting Delegate ticket	June n/l	St Peter's School, York, YO30 6AB	FREE	543	24 th Sept.
31 st , 12.00pm for 12.30pm	Halloween Lunch with Speaker	June n/l	The Pavilion Hotel, York, YO10 4PJ	£28.00	734	17 th Sept.
HAPPENING IN NOVEMBER - BOOKING NOW						
13 th & 14 th	Blackpool Lights & Boundary Mill Colne	May n/l	Staying at Glendower Hotel, FY8 2NQ	See n/l article	755	30 th July
19 th , 10.30am-12.30pm	Plant-based Workshop	May n/l	The Cook's Place, YO17 7LY	£55.00	801	22 nd August