



NORTH YORKSHIRE EAST

NOVEMBER 2023

Federation Office: WI House, Front Street, Norby, Thirsk, YO7 1BG

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KENT HOLIDAY

28th September saw 44 ladies and gentlemen leave York for a five-day holiday in Kent. First stop was Downtown Shopping mall at Grantham Services. Interesting shops and a very welcoming restaurant. The rest of the journey went quickly with what seemed like very fine flowing motorway.

The Hotel – Bridgewater – was excellent and the staff very accommodating.

Visits to Chartwell, Hever Castle and Leeds Castle were very interesting and the gardens at Great Dixter House were stunningly beautiful!

A most enjoyable afternoon was spent tasting at an English vineyard. Sadly the end of our holiday, and indeed, the sun came to an end.

Many thanks to Sarah for her wonderful organisation. *Gill Edmonds, Riccall WI*



“We had a wonderful trip to Kent with superb weather everyday. The places we visited, hotel, and company were fantastic.” *Janice Whiteford, Heworth WI*

Dear Members,

Goodness me the year is flying on at an alarming rate and here we are in November. The Autumn Council Meeting and the Halloween lunch are behind us and the clocks have been turned back. So the nights are now drawing in and already our thoughts are turning to Christmas. I am writing this at the end of the Kent holiday, but even though it is the start of October, all the shops now have their Christmas displays set up to tempt you to spend your hard-earned cash!

I do hope you have managed to book up for one or more of the Christmas workshops which have proved to be particularly popular. I know many of your WIs and Groups hold your own events around Christmas, but hopefully, this doesn't stop you joining in with Federation activities. If you haven't already booked your place at one of the Federation Carol Services there is still time to do so – they are a great way to kick-start the festive season and it is so enjoyable singing along with everyone else. Singing is such a therapeutic activity - it is very good for our mental health and helps with a variety of conditions. My brother-in-law has downloaded songs from the shows and has been playing them to my sister, who has Parkinson's Disease and is currently in hospital following a very bad fall, and there is a measurable difference in her whole being as she listens and then joins in. It has been suggested to me that we have a Federation Choir but I am not sure that the geography of the Federation lends itself to that, I think we would need more than one choir. However, if this is something you are interested in and you know of someone who would be willing to run a choir, then do let the Office know, we are always open to suggestions.

I have managed to attend a number of your meetings over the last few weeks and it is always a great pleasure to meet up with members and to see the different ways in which WIs operate. I and some of our WI Advisers were invited to Malton WI's tenth anniversary celebrations at which we all had a wonderful time and were made to feel very welcome. Congratulations Malton, here's to the next ten years.

I am looking forward to watching Children in Need this month to see whether any of our members who went to the filming of BBC Bargain Hunt are stars of stage and screen! I do hope so, it is such fun to see someone you know on the television.

My thoughts are already turning to 2024 and I do hope many of you are booking to join me for one of the lunches at the start of the year. The speaker at those lunches is excellent and is extremely amusing - so they should be good events and a great opportunity to meet up with members from other WIs. I hope you have a very enjoyable November.

With best wishes, take care,

Sarah

OFFICE NEWS

FEDERATION NEWSLETTER - Please note – there will be a joint newsletter covering December and January 2024.

DATE FOR YOUR DIARY – Annual Spring Council Meeting, Wednesday 10th April 2024, The Spa Complex, Scarborough.

MAIL TO WI HOUSE – Any post sent to WI House, could you please make sure you have the correct postage fee for the size and weight of the envelope you are sending as we have in many instances had to pay a surcharge due to low postage. Please do not use stamps that are not bar-coded. Thank you for your cooperation.

NFWI FUTURE ANNUAL MEETINGS ANNOUNCEMENT - We have been informed by NFWI that after careful consideration the NFWI Board of Trustees have agreed that **from 2025 there will be a continuous three-year cycle that will include two consecutive meetings offering online participation only, followed by one in-person meeting at a larger venue, allowing members to join both in-person and online.** They will ensure that the online meetings are accessible and produced to the high standard that members have become accustomed to. They will continue to provide support to all attendees throughout the process of registering, viewing and engaging with the meeting, including resolution voting.

**NFWI ANNUAL MEETING 2024, WEDNESDAY 5TH JUNE,
THE ROYAL ALBERT HALL, LONDON**

DELEGATES' ACCOMMODATION SHARE – INVOICE – sent as an enclosure with the October issue of the newsletter and should have been passed on to your Treasurer for payment.

DELEGATE NOMINATION FORM – sent as an enclosure with the October issue of the newsletter. Please **send the form back to the Office by 28th November at the very latest.** The Link List was sent out to all Secretaries as an enclosure with the September Newsletter. If your WI cannot find a Delegate, please inform the next WI on the list immediately.

OBSERVERS' TICKETS – tickets have been priced at £28.00. At the time of printing the October issue, we had not received the information. Forms were sent **via email and hard copies as enclosures with the October newsletter.** Copies of the form are also available from the Office.

PLEASE NOTE THAT NFWI WILL ALSO BE OFFERING A FREE-TO-VIEW STREAMING SERVICE FROM THE ROYAL ALBERT HALL FOR THOSE WHO WISH TO JOIN ONLINE. These links will be circulated free of charge. Each online attendee will still need to register in the usual way to receive the link and agenda to join. Further information will be communicated in due course.

In2WIn 2022/2023 last monthly draw - Congratulations to the lucky winners of the In2WIn

1st prize: 4 Mrs C Prudom, Hinderwell WI
2nd prize: 47 Mrs S Cookson, Stutton & Tadcaster WI

EVENTS: Chairman - Linda Cariss - lindacariss2312@gmail.com



Visit to North Yorkshire County Records Archive – Northallerton, DL7 8TB, Wednesday 20th March, 10.30am – 12.00noon. Do you want to kick-start your research? Come along to the County Records Office and find out more about how to research your ancestors, house or local area. This venue holds vast records covering past centuries – particularly for North Yorkshire. This is the place to be for genealogy studies, and more. The helpful staff are experts in their field and keen to share their knowledge. As this is only a short visit you may wish to visit Northallerton town centre to complete your day out – Wednesday is Market Day.

Cost £6.00. Booking from: 5th December - Closing Date: 6th February 2024. Booking Code: 714.

Beginners' Patchwork and Quilting, WI House, Thirsk – Friday 5th and 19th April, 2024 10.30am to 3.00pm. This is a two-day course to enable you to have a go at patchwork and quilting. On the first day you will learn the essential skills of patchwork from cutting to hand-piecing and more. The second day will include how to put a quilt together, hand quilting techniques and binding your quilt. The cost includes a full kit to make your beginners' project. Tea/coffee and biscuits will be available but please bring a packed lunch with you. **Cost: £40.00** **Booking from 5th December 2023 - Closing Date: 6th February 2024. Booking Code: 715.**



Introduction to New Age Kurling - Come and try a new sport at **Malton Sports Centre, Broughton Road, Malton, YO17 7BP on April 20th from 1.00pm – 3.00pm.** The tutor will be Steve Huntley, a former World Champion and England and Great Britain captain. New Age Kurling is a fully inclusive sport that can be played by both able-bodied and disabled people of all ages and abilities on an equal level. It has quickly become a very popular sport and is now played all over the world, with regional, national and international competitions taking place on a regular basis. New Age Kurling is a form of the original game and similar to bowls but

instead of being played on ice it can be played on a smooth floor. Players are permitted to move the stones with their hands, feet, or using a ramp in the case of those with severe impairments. Like bowls, Kurling is a competitive sport that can also be played socially - so come and try it and see if it is the sport for you. **Cost: £27.00. Members only. Booking from 1st December. Closing: 5th March 2024. Booking Code: 716.**

WALKING - Sociable and Fun - Chairman Linda Cariss - lindacariss2312@gmail.com

You will not need reminding that the year end is fast approaching and we shall once again be thinking about what we are going to do in 2024. This is the time of year when WI members like to think about what New Year Resolution they will make and hopefully keep. Keeping fit is one that we all wish to keep and to this end I would like to ask all WIs to think about arranging a Federation Walk for 2024. Should you be able to cater for a simple lunch for the walkers, it gives you the opportunity to make some extra funds for your WI or you could just provide a refreshing cup of tea/coffee. It is up to you to decide what you would like to offer. The walk should be fairly easy, of approximately five miles and to decide if well-behaved dogs on a lead will be welcome. If you would like to think about arranging a walk and require further details, please do not hesitate to contact the office for further details or drop me an email.

EVENT REPORTS



The Mosaic workshop, led by tutor Sue Kershaw, produced some great artwork in good company. Members were shown how

to cut tiles and use broken china to create their items. Great concentration led to colourful creative items.



Autumn dried flower and seedhead wreath-making Workshop



This event was held at Yorkshire Lavender in Terrington. There were six of us who attended this workshop on a lovely sunny day. We started off with coffee and cake, I had lemon drizzle with lavender which was extremely tasty. We then moved to a polytunnel where we started by making the actual wreath from Willow which had been soaked. This proved to be a bit difficult at times getting a circle and weaving in the ends, but we all managed it. We were then presented with a wide range of things to attach to the wreath

with wire. There were boxes of dried grasses, flowers, seed heads and ferns in a range of sizes and colours. We were spoilt for choice there was such a variety. We gathered bunches wiring them onto the wreath and creating our designs. Some covered the whole wreath and others did sprays with a bow at the bottom. The tutor was excellent, very helpful in suggesting colour schemes and types of grasses etc. Everyone was encouraged to develop their own style to create their unique wreath. The results were a wide variety of wreaths all very different.



It was a warm day so we took time to wander out and around the gardens. We also had the option of staying for lunch which we all did enjoying both the company and the food. A very successful and enjoyable workshop. Thanks to the organisers for this event. *Janet Wilson Scarborough Sea Gals WI*

Welcome to the season of mists and mellow fruitfulness. In line with the movement to help this season maintain that character, we are organising events for 2 seasons ahead: Clean Rivers, with Yorkshire Dales and Rivers Trust, and Bringing Nature to your door, with a CPRE trustee - on 23rd March and 13th April, in North Duffield. Details of these and other events are given in this Newsletter, and we shall hope to see you. To repeat the Editor's request from the last Newsletter, if you would be interested in networking to promote a WI cause - not least the new campaign on Clean Rivers for People and Wildlife - please do get in touch. There are Federation and NFWI resources available for the purpose.

Meanwhile, at the time of writing we await news of the resolutions selected for members' consideration and votes for next year, in particular the admirable two submitted by Byland with Wass, "Make Britain tidy - again!", and Strensall & Huntington, "Open the door to the early diagnosis of dementia". It will be very interesting to see what has reached the shortlist.

Lunch with Zoe Metcalfe, The Downe Arms, Wykeham, Scarborough YO13 9QB on Saturday 2nd March 2024. You are invited to meet your PCC – Police, Fire & Crime Commissioner – Zoe Metcalfe over a two-course lunch at The Downe Arms Hotel, Main Rd, Wykeham, Scarborough YO13 9QB. She will talk about her wide-ranging job, including the major project working on Violence against Women; and discuss the challenges and insights of undertaking her very important function for the people of North Yorkshire. **Cost: £28.00. Booking from 7th November – Closing Date 6th February Booking Code: 582.**



MENU

Welcome glass of prosecco with or without orange juice

Mains

- a. *Guinea Fowl Supreme, Apricot & Rosemary Stuffing, Madeira Sauce*
- b. *Pancetta Wrapped Cod Loin & Asparagus, Warm Heirloom Tomato Salsa*
- c. *Stroganoff of Woodlands Mushrooms (v.)*

Served with roast & Parmentier potatoes with a selection of seasonal vegetables

Dessert

- d. *Classic Lemon Meringue Pudding*
- e. *Rich Chocolate & Orange Torte, Chantilly cream*
- f. *Fresh fruit salad served with vanilla ice cream*

Tea or Coffee served with mints



Clean Rivers: Current Local Work and What WE can do.

Our new campaign promotes activities to help clean up rivers, for the benefit of people and wildlife. This is a goal for YDRT, the Yorkshire Dales Rivers Trust, too, and its Education & Engagement Officer Catherine Mason will give a presentation on Saturday 23rd March from 10.30 at North Duffield Village Hall, Back Ln, North Duffield, Selby YO8 5RJ. She will describe YDRT's work but also

discuss practical steps WI members themselves could take: there will be a Q&A session; she will also bring some freshwater invertebrates for us to contemplate! Light refreshments will be available. **Cost: £18.00. Booking from 7th November – Closing Date 6th February. Booking Code: 584.**

Bring Nature to Your Home! Come and discuss this with a CPRE Trustee Julie Chapman at 2.00pm on Saturday 13th April, in North Duffield Village Hall, Back Ln, North Duffield, Selby YO8 5RJ. CPRE is the Countryside Charity. She will give a lively presentation on ways to encourage and foster a greater variety of plants, insects, animals, in and around our gardens - with an emphasis on the practical steps to be taken. **Cost £12.00. Booking from 7th November – Closing Date 5th March Booking Code: 585.**

AROUND OUR FEDERATION

A call came to **Strensall and Huntington WI** on a Friday lunch time, asking if we could assist in managing the queue at the vaccination clinics starting the following morning, Saturday at 8 am. Well, our WI can always raise to a challenge, 2 volunteers were quickly found and a rota was put together from our WI members for the future clinics during the next few weeks. What a privilege it was to help. The professionals could then concentrate on what they needed to do, following the help from the WI, 250 members of the community all of whom were over 65 years old received their vaccinations calmly within 4 hours. The Senior Doctor was extremely grateful and described us as bringing “fun and enthusiasm” to a session which is frequently very stressful for the staff. (We did take cake for the staff too, which was also really appreciated.)



So, should you get a call from your local GP practice, do volunteer to help, or maybe even be proactive and volunteer your assistance next year, it was great fun and a brilliant way to promote your WI.

Left, Rosemary Horseman President and Shirley Jenkins.

The staff of York and Scarborough Hospitals' intensive care units put out an appeal to knitters for pairs of knitted hearts. One of the hearts is placed in the hand of the patient who is on ICU and the matching one is given to the family to take home with them. This provides a tangible link between them and has been found to be especially beneficial to children. **Dringhouses WI** picked up their knitting needles and so far, have knitted 78 hearts which are now on their way to the hospital. *Ann Elliott, Secretary*



Scorton WI September Meeting - During Covid lockdown the people of Scorton, like everyone else,



became very interested in food. After all there was not much else to do except prepare the next meal. We were lucky because we had a secret chef who prepared delicious takeaways which we could order and pick up from her doorstep on our daily walk. Many of us had never met her so our WI decided to invite this hidden chef, Henny Crosland, to tell us more about her life in catering and give us a demonstration of her choice. Despite being a little nervous she agreed as long as she could bring her Mum along. It was after all her Mum who had brought her up on very good home-cooked food!

Henny told us all about her starting out in catering college, her time in ski chalet catering and working in restaurants. She had a glamorous few years working on the superyachts of the rich and famous where money was no object and if guests wanted a burger at two in the morning they got it. After a few years running a chocolate shop in Majorca, Henny returned home to family and now runs a business catering for weddings, shooting parties and private events. A demonstration making sushi followed and Henny made it seem simple. We all tried the samples and most of us had a go at making some with good results. Who would think raw fish, seaweed wrap and sticky rice could taste so good? We all had an excellent evening! *Liz Atkinson, President*



Roses of Ryedale WI, went on a Factory tour of a local award-winning Bakery, The Original Baker in Malton North Yorkshire. Gill, The Original Baker, told us how she worked in the family farm shop to develop her butchery skills and took inspiration from her Mother's delicious home baking. We got to sample the products and all came away with a goody bag. *Louise Bulmer, Secretary*

Love the headwear! - Editor



Thorpe Willoughby WI visited Sherburn in Elmet Alpaca Farm and were introduced to the Alpacas, and fed them carrots. We heard how they support children with individual needs on walks, that they can live up to 20 years and many more interesting facts.

They were very friendly and seemed to enjoy our visit. Following this we all went inside and enjoyed a delicious afternoon tea. *Sue Kinsella, President*



Seven members from **Lockton & Levisham WI** met in the art gallery at the front of the Pannett Park Museum on 6th September and enjoyed browsing the permanent collection of the Staithes Group of Artists work, before being met by Alison Roberts, curator of the costume collection and her colleague Kate. We then moved up to the first floor of the museum where the costume collection of 2000 items is housed. The beautiful glass display cases contain garments from many different historical periods, which are changed annually to preserve the quality and condition of the exhibits. Alison's presentation was very informative, touching on the origins of the museum, the history of the Whitby textile industry and how the costume collection had grown over many years. Provenance is extremely important and all items in the collection are of local origin or interest. The store was purpose-built in the new wing and houses 200 dresses and pairs of shoes as well as many hundreds of other garments

and accessories such as shawls, hats, jet-beaded capes, fans, gloves, parasols, under-garments, nightwear and children's clothes. Kate's talk was fascinating, explaining how the collection has to be meticulously cared for. Everything in the store is logged and boxed, and the larger hanging items were protected from heat, light, dust and insect infestation. It was patently clear that working amongst such precious, beautiful and historical items was obviously a labour of love for our hosts.

After spending some time browsing the wonderful permanent collection of items on the ground floor of the museum, members then expressed their thanks for the tour to Alison and Kate before relocating to Elizabeth Botham's traditional tea rooms in Skinner Street for refreshment. This business is over 150 years old and still going strong, with three shops and a large bakery, managed by 8 fifth generation family members. Everyone enjoyed a relaxed and very memorable afternoon tea, with fun and laughter on the menu too. Several members expressed a wish to return next year as they had enjoyed the outing so much.

Sandra Culley, Secretary



WI Advisers

Janice Whiteford - email: whatstheplanjan@hotmail.com Tel: 01904 269361
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<u>Newsletter</u>	Entries by 7 th of each month, earlier for holiday issues. Entries will be included, space permitting. High Resolutions Photographs preferred in jpeg format. Please ensure that you have asked for permission to use any photographs before submitting them for inclusion in our newsletter and website, etc. Font now used for newsletter – Atkinson Hyperlegible Regular (because it is easier to read) – use Arial if font not available.

DIARY DATES – (Key - *Cost to Non-Members. ++ Please select which time slot)

XXXX Hi- lighted dates are to remind you time is running out for booking!

Date/Time	Event	All the Details	Venue	Cost	Code	Closing Date
Happening in January 2024 – Booking now						
Thursday 18 th 12.00 for 12.30pm	Federation Chairman's Lunch	Oct. n/l	Downe Arms YO13 9QB	£28.00	750	12 th Dec.
Wednesday 31 st 12.00 for 12.30pm	Federation Chairman's Lunch	Oct. n/l	Pavilion Hotel, York YO10 4PJ	£28.00	751	12 th Dec.
Happening in February 2024 – Booking now						
Mondays 12 & 19 th 10.00am to 3.30pm	Teddy Bear Workshop	Oct. n/l	WI House YO7 1BG	£110	702	9 th January
Monday 26 th 12.00 for 12.30pm	Federation Chairman's Lunch	Oct. n/l	Golden Lion Hotel, DL7 8PP	£28.00	752	16 th January
Happening in March 2024 – Booking from November						
Saturday 16 th 10.00am – 3.30pm	Spring Crafts Dabble Day	Oct. n/l	WI House YO7 1BG	£25.00	712	6 th February
Monday 25 th 10.00am – 4.00pm	Machine Embroidery	Oct. n/l	WI House YO7 1BG	£45.00	711	13 th February
Saturday 2 nd 12.00 for 12.30pm	Lunch with our PCC	Nov. n/l	The Downe Arms YO13 9QB	£28.00	582	6 th February
Saturday 23 rd March 10.30am – 12.00pm	Clean Rivers: current local work and what we can do	Nov n/l	North Duffield Village Hall, YO8 5RJ	£18.00	584	6 th February
Happening in March 2024 – Booking from December						
Wednesday 20 th 10.30 – 12.00noon	Visit to North Yorks. County Archives	Nov. n/l	County Records Office DL7 8TB	£6.00	714	6 th February
Happening in April 2024 – Booking from November						
Saturday 13 th 1.30pm – 4.30pm	Bringing Nature to Your Door	Nov. n/l	North Duffield Village Hall, YO8 5RJ	£12.00	585	5 th March
Happening in April 2024 – Booking from December						
Friday 5 th & 19 th 10.30am – 3.00pm	Two Day beginners' Patchwork	Nov. n/l	WI House YO7 1BG	£40.00	715	6 th February
Saturday 20 th 1.00pm – 3.00pm	Introduction to New Age Kurling	Nov. n/n	Malton Sports Centre YO17 7BP	£27.00	716	5 th March
Happening September 2024 – Booking Now						
Monday 2 nd to Friday 6 th	Federation Holiday - Cotswolds	Oct. n/l	Cotswolds As priced in n/l	£120 Deposit	713	30 th January