



NORTH YORKSHIRE EAST

AUGUST 2023

Federation Office: WI House, Front Street, Norby, Thirsk, YO7 1BG

Visitors/Telephone Enquiries 01845 522415 Tuesday to Thursday are welcome between:
10.00am – 12.30pm and 14.00pm – 15.00pm (Closed Mondays and Fridays)

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Sue Kinsella, President of Thorpe Willoughby WI - "Thought you would like a few photos from the glider flight" (*Daring members Reaching for the Sky – Editor*)



Who said that the WI was just Jam & Jerusalem?

Brandsby WI outing to Newby Hall - Newby Hall gardens were

looking stunning on Thursday 15th June - in glorious sunshine - so we all had a fabulous time strolling around the beautiful grounds, some of us being kids again on the miniature railway and finishing with a relaxing afternoon tea with scones and



cake. Much chatter and enjoyment making it a thoroughly successful day as part of our on-going centenary celebrations.



Hello Ladies,

Here we are in August, which traditionally is the main English holiday month. For those of you who are or were teachers, it is around five weeks free of lesson planning and marking but for many it signals the start of a long period of looking after grandchildren or other family members. As August is the most expensive time to take a holiday, those of us who don't need to go away then take holiday in maybe June or September.

I know that many of you do not have meetings in August, choosing to have an outing instead. It is interesting to learn of the different places that members have visited and to discover that there are places on our doorstep that we didn't know existed. With coach travel now being so expensive it is hard for individual WIs to arrange outings at a distance; so please let us know if you think there is somewhere that you would like the federation to organise a visit - as I have said before, we are always open to ideas.

I have the family coming over from Rome again this month, which will be lovely, if somewhat exhausting. My son and grandchild paid us a surprise visit last month, as my son had tickets for the test match - I had forgotten just how lively a nineteen-month-old little boy can be!

I do hope you all have an enjoyable month and I look forward to seeing many of you at different events, including the Yorkshire Day lunch.

Best wishes,

Sarah

OFFICE NEWS

Doris Wilkinson Bursary 2022/2023 - Report and thank you from Monica Long

What on earth can we have for dinner tonight? Is this a moan expressed by you? It certainly is in my house! So, when I was fortunate enough to be awarded a Doris Wilkinson Bursary at the Autumn Council Meeting back in October, I decided to choose a cookery course. Not because I cannot cook (I have been cooking every day of every week of every month for the last 57+ years) but because I wanted to learn something different to cook.

I chose a Middle Eastern Cookery Course mainly because my favourite chef is Yotam Ottolenghi (and because I love chickpeas!!) I went to The Swinton Cookery School at the Swinton Park Estate and had a brilliant time (but no chickpeas were involved!). Four eager trainees learned to cook Iman Bayeldi (a delicious stuffed aubergine), Persian Lamb which was served with Herb Spiced Couscous and a pureed aubergine. We made our own Lebanese flat bread to accompany this and an Orange Olive Oil Cake to follow. We also found time to make Baklava which was so delicious.

A huge THANK YOU to WI for allowing me this experience and I urge all of you to apply for a bursary as you never know - someone has to be lucky!

DORIS WILKINSON BURSARIES REMINDER - There are five chances to receive up to £250.00 towards an educational course of your choice - this is open to members who have NOT won the Doris Wilkinson Bursary previously. Winners will be drawn and announced at the Autumn Council Meeting. Please apply personally in writing to the Office (by post or email) giving your name, address, postcode and your W.I., before 26th September 2023 to be entered in the draw.

REMINDER - Autumn Council Meeting, Saturday 28 October 2023, at Manor School Academy, Millfield Lane, Nether Poppleton, York YO26 6PA, 10.30am - 3.30pm. Visitors £12.00 and one Delegate per WI Free. Guest Speakers: Alex Hutchinson and Samantha Giles. **Booking forms with your Secretary. Closing date: 30th September. Code: 538.**

* **Stationery** - Enclosed is the pre-order form for stationery to be collected from the above Meeting or from WI House. There will be a p & p charge if we have to post items out to you.

NEWSLETTER ENCLOSURES - IMPORTANT INFORMATION

* **Secretaries please note** that two copies of the **Financial Statement** and one copy of the **Annual Report Form** are included with this Newsletter. The Annual Report Form should be completed and returned to the Office following your Annual Meeting, together with one copy of the completed Financial Statement, the Secretary's Report and WI programme for the year concerned. The second copy of the Financial Statement should be kept for your records. **Please keep them safe until they are needed.**

* **Independent Financial Examiner Request Form** is enclosed to enable your WI to book an IFE to look at your accounts prior to your Annual Meeting. This form is sent out once a year and should be used to book an Independent Financial Examiner for the following year. **Secretaries please make sure you pass the form to your Treasurer.**

* **Newsletter Order Form** - from November 2023, the Federation will carry on supplying hard copies of the Newsletters to all members via their WI Secretary at a cost of £6.00 for the year. Electronic copies will still be sent Free of Charge to the WI email contact provided and three complimentary copies sent out to each WI for their own use. Please indicate on the tear-off slip how many Newsletters your WI requires and return to WI House, Front Street, Norby, Thirsk YO7 1BG before **28th September 2023.**

* **Federation Carol Services** - As it is our Federation 40th Anniversary, The Board of Trustees have decided to hold a Carol Service in three different areas of the Federation:
Saturday 9th December, St Mary's Church, Kirkgate, Thirsk YO7 1PR and Selby Abbey, The Crescent, Selby YO8 4PU

Saturday 16th December, St Mary's Holy Apostles Church, Castle Rd, Scarborough YO11 1TH. Ticket Order Form enclosed with your Secretary's copy of the Newsletter. **Please make sure you state the venue you wish to attend and send the form back to the Office with your name and WI and a stamped addressed envelope by 7th November 2023 at the latest. Booking Codes: 705 / 706 & 707.**

In2WIn 2022/2023 - Congratulations to the lucky winners of the In2WIn **monthly draw:**

1st prize: 7 Mrs I Gunn, Brayton WI
2nd prize: 34 Mrs M Everatt, Carlton (Goole) WI

EVENTS: Chairman - Linda Cariss - lindacariss2312@gmail.com

A FURTHER DATE FOR THE CHRISTMAS CRAFTS WORKSHOP WITH PAULA MITCHELL PLUS THE CHANCE TO MAKE A CHRISTMAS WILLOW WREATH

An extra workshop has been arranged with Paula Mitchell for SATURDAY 2ND DECEMBER AT WI HOUSE, THIRSK - 10.00am - 3.30pm. Christmas is coming and we have **TWO** crafts to get you in the festive mood. We shall be using decoupage to make a beautiful, Decorated Illuminated Bottle to give your home a sparkle **PLUS** Needle Felting to create a cute Christmas Elf. The workshop will take place from 10.00am until 3.30pm with a break for lunch. Hot drinks/biscuits will be available but please bring your own packed lunch. **Cost £20.00 per person to include LED lights and all other materials. Booking from 1st August - Closing date 3rd October 2023. Booking Code: 696.**



Make a Willow Christmas wreath - Saturday 25th November at WI House, Thirsk, YO7 1BG, 10.30am - 2.00pm. You will learn how to make and decorate a Willow Wreath in time for Christmas. If you wish to add baubles, ribbons or lights please bring your own. Other than that, all you need to bring is a packed lunch. Tea/coffee and biscuits will be available. Cost: £42.00 to include all materials, willow, holly and other greenery. **Booking from 1st September. Closing date 17th October 2023. Booking Code: 703.**

EVENTS REPORTS

Introduction to Crewelwork – 26th June and 3rd July.

Eight members attended the two-day workshop at WI House and were keen to learn about crewel work. There was a choice of two designs based on original Jacobean patterns. The first task was to wrap the embroidery frame in cotton tape so that a firmer grip of the linen could be achieved. Then the linen twill was mounted on the frames. The tutor Jacqueline Schultz (*pictured far left*) carefully guided the group, demonstrating how to transfer the design using the technique of Prick and Pounce. Then on to the embroidery stitches which Jacqueline demonstrated skilfully. The concentration was so intense that at times all that could be heard was the drawing of the thread through the linen. Such focussed attention led to some excellent embroidery with everyone achieving some very beautiful work. When finished, the embroidered panels can be incorporated into soft furnishings, mounted onto bags or cushions etc. A very enjoyable two days and lots learned.



A group of WI ladies met at Filey country Park to do a walk along Filey Brigg with Dr Liam Herringshaw to discover the geology of Filey Brigg.

A really interesting and bracing walk was had and we discovered lots of interesting facts about various ice ages.

A number of us searched for fossils of which there are many many more than we realised. Unfortunately, no dinosaurs though! - Julia Webb
Snainton Ladies

CURRENT AFFAIRS - Chairman: Lindsay Gee - lindsaygee67@gmail.com

August is a relatively quiet month. Here in Thorpe Willoughby the Yorkshire flag is hoisted on the village green.



This year's resolution, promoting clean rivers for people and wildlife, is discussed in the July-August WI Life, at page 21. This would be a good time to prepare for the Week of River Action, between 11th and 18th September - part of raising the alarm (more loudly, perhaps) about the country's pollution crisis. Possible practical measures, in action plans, will be suggested soon, and can be found, for example, in the Surfers Against Sewage campaign materials.

Plans are underway for a local presentation on the subject in March 2024 - with a focus on things we can ourselves do. As residents of North Yorkshire, we have the good fortune, and responsibility, of 8 neighbouring rivers.

The runner-up resolution (at 25,164 votes compared to 36,736) covered action against online gambling harms. The importance of offering treatment for gambling addiction was highlighted by the recent NHS announcement that in response to the rise in people seeking help 7 new facilities are to be opened, to bring the total across the country to 15, including 2 in Leeds and Sheffield. The NHS Chief Executive Amanda Pritchard has echoed many in bemoaning the sheer ease of online gambling, at the touch of a smartphone button.

Government proposals are still at White Paper stage and include a levy to be imposed on gambling companies the proceeds of which would be put towards treatment facilities, and a limit of £2 for stakes bought by young gamblers. Nothing is said (so far) about curbs on advertising. I know there is concern

among our members, with the potential there is for damage to the lives of gamblers, their families and their friends. There is no ready solution to the stigma. But assistance and advice can be sought from the National Gambling Support Network, with its GambleAware website and its helpline: is this an issue for your members?

Climate Co-ordinator: Glenis Wedzicha - glenis.wedzicha@btinternet.com

The A to Z of Climate Change: U is for UNFCCC.

The United Nations Framework Convention on Climate Change (UNFCCC) was the forerunner of all the world summits meeting to discuss the state of Climate Change progress at any particular time. We are all familiar with the Cop (Conference of Parties) meetings held once a year. The first of these, Cop 1 sets out the basic legal framework and principles for international climate change cooperation with the aim of stabilizing atmospheric concentrations of greenhouse gases (GHGs) to avoid “dangerous anthropogenic interference with the climate system.” To boost the effectiveness of the 1992 UNFCCC, the Kyoto Protocol was adopted in December 1997. It committed industrialized countries and countries in transition to a market economy to achieve quantified emissions reduction targets for a “basket” of six GHGs. The Kyoto Protocol’s first commitment period took place from 2008 to 2012. The 2012 Doha Amendment established the second commitment period from 2013 to 2020. In December 2015, parties adopted the Paris Agreement, which requires all parties to determine, plan, and regularly report on the nationally determined contribution (NDC) that it undertakes to mitigate climate change. Parties also submit aggregate progress on mitigation, adaptation, and means of implementation, which are reviewed every five years through a Global Stocktake. This year Cop 27 took place in Egypt and next year Cop 28 will take place in Dubai. All this shows clearly the pivotal role played by UNFCCC.

Science Co-ordinator: Glenis Wedzicha - glenis.wedzicha@btinternet.com

Science by Number: Number 18: Argon. Argon is a colourless, odourless, tasteless gas. It is one of a small number of chemical elements with similar characteristics, all of which are extremely unreactive chemically. Its name is derived from the Greek word meaning “lazy” or “inactive”. This stability arises because of the electronic structure within the atom of the element which makes it intrinsically stable with no requirement to seek further stability by reaction with other elements. Argon is known as a noble gas and has other counterparts in the atmosphere. These are: Helium (first discovered on the sun), Neon, Krypton, Xenon and Radon (radioactive). Argon is the third most abundant gas in the Earth’s atmosphere: twice as abundant as water vapour, 23 times as carbon dioxide (but not a greenhouse gas) and 500 times as neon. Because of its relative abundance and unreactivity chemically, Argon is extracted from liquid air and used whenever an inert atmosphere is necessary for a particular process. Some welding procedures are done at temperatures which render normally unreactive materials reactive. For example, some graphite electric furnaces use an argon atmosphere to prevent the graphite burning. Argon is used in incandescent lighting and in other types of gas discharge tubes. Thus, of all the Noble gases, Argon is the most useful and by far the cheapest. It is easily obtained from liquid air. Its ability to conduct heat is poor and its electronic conformation makes it suitable for use in various types of discharge tubes.

MEMBERSHIP AND TRAINING – Chairman: Janice Whiteford: whatstheplanjan@hotmail.com

Treasurer’s Q&A Session

Calling All Treasurers - New and not so new to the job. Enjoy time with the IFEs putting your questions, networking with other treasurers, and having some of your questions answered. **Wednesday 11th October 10.00am – 12.00pm at WI House. Cost per person (out of WI funds) £10.00. Booking from 1st August. Closing date: 26th September. Booking Code: 581.**

Information for Treasurers

There are guidelines and examples in the paper version of the account book on which column to put figures into. If you use the online accounting system, the guidelines are on the spreadsheet and MyWI website. If you are unsure, please contact the Treasurer’s helpline.

Promotion Promotion Promotion

The M&T committee have been out and about promoting the WI with stands at Malton Show, Northallerton Food Festival and Copmanthorpe Carnival. We have had lots of coverage in the Press and plenty on Facebook. We have also had an interest meeting with a view to opening a new WI in Northallerton and we are also visiting Filey next month.

WI Help

If you think that you will need any help with your Annual Meetings, **now** is the time to start sending requests into the office to avoid disappointment.

AROUND OUR FEDERATION

Seamer and Irton WI are very proud of long-standing member Enid Plevy, on her being awarded the Annual Community Service Award. This is in recognition of her service to the community, St Martins' Church, the Memorial Hall and to Seamer village in general. She has been a valued member of WI, committee member and past president for almost 30 years. She was presented with this award by Councillor Jeffels.



Fylingdales WI (and Bertie!)

Helping on the beach at Robin Hoods Bay on World Ocean Day



In June a group of members and friends enjoyed a tour of the York Cemetery. Built in 1837 it is one of only two remaining privately owned Victorian cemeteries in the UK. It closed down in 1966 and became derelict, with the roof of the chapel collapsing in 1984. That prompted local volunteers to take over the cemetery, and after years of work the Grade II* listed chapel has been restored, along with the gatehouse, gardens and many of

the monuments. The tour included walks through the beautiful woodland setting, with some unusual trees and many graves of notable York families alongside weathered and worn headstones. Tea and biscuits concluded a memorable outing. *Pam Lofthouse - Stockton on the Forest WI*



As part of our centenary celebrations, which were somewhat disrupted by Covid in 2020, **Kirkbymoorside WI** donated a corner seating unit for the newly refurbished children's section of our town library. Our President, Angela Prout, Secretary, Angela Fawcett and Treasurer, Alison Sigsworth attended the opening ceremony on Saturday

June 17th 2023 which was conducted by local girl and England Rugby player Tatyana Heard. *Alison Sigsworth, Treasurer*





To mark American Independence Day, several of our members at **Copmanthorpe WI** each researched and introduced us to an amazing American woman. We learned about white, African American and Native American women who overcame barriers of gender and race to achieve great things but of whom history makes little mention. We heard about aviators, inventors, scientists, Nobel prize winners, women's rights campaigners and leaders of the anti-slavery Freedom Railroad. We had a wonderful Stars and Stripes cake baked and decorated by



Elisabeth too! Thanks to all our member speakers who made for a brilliant evening which everyone thoroughly enjoyed. As an additional bonus, it was free so worth thinking about if speaker budgets are tight! Wendy Wallace, Copmanthorpe WI.

<u>WI Advisers</u>	Janice Whiteford – email: whatstheplanjan@hotmail.com Tel: 01904 269361 Pat Shotton - email: patriciashotton11@tiscali.co.uk Tel: 01904 795953 Anne Potts – email: anne.pottsetal@btinternet.com Tel. 01904 700212 Diane Stephenson – email: r17dne@gmail.com Tel.07547672010
<u>Treasurers' Helpline</u>	Carolyn Boam – email: anth.cazboam@gmail.com Tel: 01845 400132 Marilyn Bellinger – email: paulmarilynbell@yahoo.com Tel: 01723 859020
<u>Newsletter</u>	Entries by 7 th of each month, earlier for holiday issues. Entries will be included, space permitting. High Resolutions Photographs preferred in jpeg format. Please ensure that you have asked for permission to use any photographs before submitting them for inclusion in our newsletter and website, etc.
<u>Bookings</u>	First come first serve basis. We give plenty of notice for events coming and maintain a waiting list. Please ensure you pay on booking. Confirmation of a place will be sent out after the closing date or before, provided the minimum number of participants is reached.
<u>Payments</u> <u>On- line payments</u>	Can be by bank transfer / online payment or by cheque (enclosing a SAE) and made payable to "NYEFWI". Send to the Finance Secretary; North Yorkshire East Federation of WIs, WI House, Front Street, Norby, Thirsk YO7 1BG. Enclose a booking form or send an email to Shirley in the office financesec.nyefwi@btconnect.com letting her know which event(s) it is you are paying for and when the payment was made together with your W.I. name, the attendee names and food choices if booking for a meal and the email address to which any link is to be sent. Please include the booking code where appropriate. Account Name: NYE Federation of WI Account no: 35787073 Sort Code 05 09 44 Please remember to tell your WI Secretary if you have booked and paid direct.

ENCLOSURES:

- 1 x Annual Report Form
- 2 x Financial Statements
- IFE Application Form
- Stationery Order Form – Autumn Meeting
- Bulk Newsletter Order Form
- Carol Services Tickets Application Form

DIARY DATES - (Key - *Cost to Non-Members. ++ Please select which time slot) **XXXX** Hi- lighted dates are to remind you time is running out for booking!

Date/Time	Event	All the Details	Venue	Cost	Code	Closing Date
Happening in September: - Booking Now						
Friday 22nd 7.00pm-9.00pm	Evening of Forensic Archaeology and Art	May n/l	Romanby WI Hall DL7 8BL	£16.00	578	18 th August
Monday 25th 9.30am	Askham Bryan Ramble	June n/l	Meet York Racecourse Stands, YO23 1EX	£9.50	688	15 th August
Saturday 30 th 10.00am-12.00pm or 1.00pm-3.00pm	Coffee, Cake, Chat and the Climate - ++	May n/l	WI House YO7 1BG	£5.00	579	19 th August
Happening in October - Booking Now						
Monday 9 th 10.00am-12.00pm	A Hidden Geology Walk	May n/l	Meet - Micklegate Bar, YO1 6JX	£15.00	689	29 th August
Friday 13 th 10.00am-1.00pm	Enamelling on Silver Workshop	May n/l	WI House YO7 1BG	£80.00	690	29 th August
Saturday 18 th 10.00am -4.00pm	Lampshade Making	July n/l	WI House YO7 1BG	£65.00	698	5 th Sept.
Friday 20 th 10.00am-4.00pm	Sashiko Embroidery Workshop	May n/l	WI House YO7 1BG	£35.00	691	5 th Sept.
Saturday 21 st 10.30am-3.30pm	International Day - Italy	May n/l	Stockton on Forest Village Hall, YO32 9UR	£28.00	580	5 th Sept.
Saturday 28 th 10.30am - 3.30pm	Federation Autumn Meeting	May n/l	Manor CE Academy, YO26 6PA	Visitors £12.00	538	30 th Sept.
Tuesday 31 st 12.00 for 12.30pm	Halloween Lunch	July n/l	The Golden Lion Hotel, DL7 8PP.	£28.00	699	19 th Sept.
Happening in October - Booking from 1st August						
Wednesday 11 th 10.00am- 12.00pm	Treasurers' Q&A session	August n/l	WI House YO7 1BG	£10.00	581	26 th Sept.
Happening in November - Booking from 1st August						
Saturday, 4 th 10.00am-12.00pm	Japanese Drumming	July n/l	Dalton Village Hall, Nr. Thirsk YO7 3BN	£25.00	694	3 rd October
Saturday 11 th 9.15am-12.30pm	Circus Skills	July n/l	Terrington Village Hall, YO60 6PZ	£22.00	695	3 rd October
Saturday 18 th Or Saturday 2nd December 10.00am-3.30pm	Christmas Crafts - Please state preferred date when booking	July n/l	WI House YO7 1BG	£17.00	696	3 rd October
Happening in November - Booking from 1st September						
Saturday 25 th 10.30am - 2.00pm	Willow Wreath Workshop	August n/l	WI House YO7 1BG	£42.00	703	17 th October
Happening in December - Booking from 1st August						
Saturday 9 th 10.30am	Federation Carol Service		St Mary's Church, YO7 1PR	Free of charge	705	7 th Nov.
Saturday 9 th 10.30am	Federation Carol Service		Selby Abbey, YO8 4PU	Free of charge	706	7 th Nov.
Saturday 16 th 10.30am	Federation Carol Service		St Mary's Church, YO11 1TH	Free of charge	707	7 th Nov.