

NORTH YORKSHIRE EAST

JUNE 2023

Federation Office: WI House, Front Street, Norby, Thirsk, YO7 1BG

Visitors/Telephone Enquiries 01845 522415 Tuesday to Thursday are welcome between:

10.00am - 12.30pm and 14.00pm - 15.00pm (Closed Mondays and Fridays)

Chairman: Sarah McFarlane

Newsletter Editor: Margaret Ellison

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Dear Members

We are nearly halfway through the year with Midsummer's Day on the 24th. How can that be? As I write this, we have hardly had a sighting of summer - in fact it is still decidedly nippy if you're not directly in the sun, that is if the sun is actually shining; so let's hope that by the time you read this, things have perked up considerably.

But it is not all doom and gloom - far from it - the Coronation, which I have just finished watching, should have given us all a huge boost - how proud I felt to be British watching the pageantry and ceremony - as a nation we certainly know how to do things well, apart from organising the weather! Where the Federation is concerned there are lots of lunches, workshops and taster sessions for you all to look forward to and enjoy. If you don't fancy any of the events we have on offer do let us know your reasons and whether there is anything specific that you would like us to put on - we want to offer activities that appeal to you the members and that are value for money and we can only do this if we get honest feedback. We do try to keep the costs down, but the fact that inflation has gone sky high won't have escaped your notice. If you would like to help us organise events and activities why not come and observe a meeting or two to see and understand how things are done - if you'd like to come along to a meeting then email or phone Laurence, our Federation Secretary, and she will organise it for you.

I associate June with strawberries and cream, Wimbledon and Henley Royal Regatta. Every year I enter my name in the ballot for tickets for Wimbledon, but no luck again this year. So I have to content myself with watching the tennis on the television, very different from when I worked in London and used to shoot off to Wimbledon after work to spend the evening watching some wonderful matches, once people started to leave for home. It is so sad that politics and big money have been allowed to enter the world of sport. I am not suggesting that players should not be paid or that sport should only be available to those with money, far from it, but the huge salaries, not just of the sportsmen and women but also of their coaches and agents etc, plus all the costly advertising, means that the price of spectators' tickets for many sporting events is way beyond many people's reach and the true sports fan is being pushed out.

 $\ensuremath{\mathrm{I}}$ am looking forward to meeting many of you at different events.

Have a great month.

Best wishes to all,

Sarah

OFFICE NOTICE BOARD

MCS Reps - MEMBERSHIP COMMUNICATIONS SYSTEM - IMPORTANT IMFORMATON - Please keep your MCS up to date following members paying for their subscriptions and ensure the name and spelling for your members is the name that appears on their Bank Account - we can hear you asking Why?? The answer is that we are receiving more and more payments direct from members into the Federation Bank Account as payment for Federation Events. We don't always receive a Booking Form from the Website or an email from the member to say that this payment has been made - the payments do not always carry an Event Booking Code or tell us which W.I. the member belongs to. We then have to use MCS to tally the payment to a member. This is not always an easy task if the spelling of the name on the MCS is incorrect or the member is known by her middle name. Anyone who has not joined needs to be removed to save National sending out a WI Life magazine to a non-member. Please check that all your members' email addresses are on the MCS and are up to date. This way members can access MYWI and WI Training. *Thank you for your help.*

AUTUMN MEETING STALLS - Would your WI be interested in a stall to sell arts, crafts, jewellery, or food produce? Tables to display and sell would cost £12.00 per table and the Board would like to make sure there is a selection of products on offer to members. So, if your WI is interested or you would like to find out more, please contact the Office as soon as possible.

FEDERATION AUTUMN MEETING – SATURDAY 28TH OCTOBER, MANOR CE ACADEMY, MILLFIELD LANE, NETHER POPPLETON, YORK, YO26 6PA



We are delighted to welcome Samantha Giles, English actress, author and spell-waever as our afternoon Guest Speaker. She is best known for her appearance as Bernice Blackstock in Emmerdale, but also played Sally Boothe in thee series of Where The Heart Is, Valerie Holden in Hollyoaks and has appeared in various other shows, including Dangerfield, Doctors, The Case, Coronation Street, Mad Dogs and True Crime. She has written two children's books as well.

Delegates tickets: Free of Charge Visitors' Tickets: £12.00 Booking code: 538 – closing date: 30th September



This year, as it is the Federation's 40th Anniversary, we will be holding **Federation** Carol Services in three different venues:

- St Mary's Church, Thirsk Saturday 9th December
- Selby Abbey Saturday 9th December
- St Mary's with Holy Apostles' Church, Scarborough Saturday 16th December.

Full information and booking details will be provided at a later date. The Federation is looking for members to read a lesson at these services. If you are interested, please let the Office know via phone or email as soon as possible.

FULL MEMBERSHIP FEES – please send to W.I. House as soon as you have all your memberships paid – those of you who have already sent them in – Thank you.

DORIS WILKINSON BURSARIES AND FEDERATION BURSARIES – for those of you who were lucky enough to win at the Autumn Council Meeting in 2022, please remember these need to be claimed before 31st October 2023.

VISITORS' FEES – we have received enquiries from WIs about whether they should charge visitors coming to their WI. The WI Handbook, which can be looked at on My WI under "Running your WI", states the following:

"It is up to each WI whether they wish to charge a visitors' fee and, if so, the amount. If a fee is charged, this may have Gift Aid implications as meetings would then count as a benefit for these purposes. Alternatively, visitors can be invited to make a donation to the WI upon visiting. For more information on this, please see the NFWI Gift Aid guidance.

It is recommended that an individual is permitted to attend as a visitor up to three times before she is obliged to pay the subscription fee and become a member, although this is the WI's decision."

NEW MEMBERS' PACKS - When someone joins the WI, they will receive direct from NFWI a new members' pack consisting of an A5 welcome booklet, an A5 leaflet on The Digital WI, and one on WI essentials and official stationery. New members will also receive from the Federation Office a welcome letter from the Federation Chairman, an information booklet about the Federation and the WI as a whole and a copy of the latest Federation newsletter. The Office checks the MCS database once a month and new members are then sent information directly to their home address. This may be the following month after they joined depending on when they have joined the WI.

*Offer of Help Form detailing offers of help for your WI with your Secretary. Members of the Membership & Training Committee are available free of charge to offer help in various areas.

In2WIn 2022/2023 - Congratulations to the lucky winners of the In2WIn monthly draw:

1st prize: Number 44 Mrs H Kay, Brandsby WI 2nd prize: Number 26 Mrs J Oddy, Selby Swans WI

EVENTS / RAMBLES - Chairman - Linda Cariss - lindacariss2312@gmail.com

<u>Date for your diary:</u> Halloween Lunch, Tuesday 31st October, The Golden Lion Hotel, Northallerton. Full details in the July Newsletter.

Dunnington WI Ramble Tuesday 19th September 2023 - Meet at 10.00am for a 10.30am start at The Sports Club, Common Road, Dunnington, YO19 5NG. Coffee is available from 10.00 at the Sports Club. Please bring a packed lunch. This walk is organised to tie in with Dunnington WI's monthly tea and cake café. We will walk from the village and stop part way round for your own lunch pack-up (bring a mat to sit on if you have one, the seats are somewhat limited). On return to the village, you will be offered a choice of our much-acclaimed cakes to go with tea and coffee in the Reading Rooms. This is approximately a 6-mile circular walk through the village, then along bridleways and footpaths, across fields, through Hag Wood and back through the village, along offroad paths and some on a quiet country road. It is a flat walk, no inclines, with nice views of the surrounding countryside to the hills beyond. If it has been raining it could be muddy, so boots are required. Dogs are welcome if they can negotiate kissing gates but will not be allowed in the Sports

Club or the Reading Rooms. Booking from 1st June. Closing date 8th August 2023. Cost £9.50 Booking Code: 697.

Askham Bryan WI Ramble Monday 25th September 2023 - Meet in the car park, behind the Stands of York Racecourse, The Knavesmire, York, YO23 1EX, at 9.30 for coffee. Lunch will be served in Askham Bryan Village Hall. The walk is in the beautiful historic City of York along the riverbank, crossing five bridges and walking part of the historic Bar Walls. There are some steps to access the bridges. Toilets are available in Rowntree Park. Dogs cannot be allowed as part of the walk includes walking the Bar Walls where dogs are not permitted. Booking from 1st June. Closing date 15th August 2023. Cost £9.50. Booking Code: 688.

EVENT REPORTS



YORKSHIRE LAVENDER FARM, TERRINGTON, YORK - Roz Pearson, Poppleton WI

On Wednesday 19th April, 10 members went to the Lavender Farm at Terrington to make a Lavender Hanging Basket. We arrived at 10.00 am and were offered tea or coffee with cake to start the morning off.

We then went to a polytunnel to be met by Julia Snowball, the tutor for the next few hours and to start work on making a moss lined

lavender hanging basket. We each had a table with all the materials to make a hanging basket, i.e.

metal basket, compost and lots of moss. Before we started Julia explained the different varieties of lavender and what colour the flower would be. We all made our selection from these plants and then started to make our basket. Julia took us through every step, first lining the basket with moss, before cutting a black bin liner into a square and placing it into the basket with a little compost. Then the fun started as we had to poke holes through the lining and insert the lavender plants, placing more compost as we worked around the basket until we had the required number of plants and all the compost, topping it off with two lavender plants and more moss. A photo was then



taken of us all with our efforts before we went to enjoy lunch inside the café. It was a lovely day, organized by Linda and we all enjoyed ourselves.

CURRENT AFFAIRS

World Earth Day in Thirsk on 22nd April was a lively networking event: as well as the WI, others including CPRE, the Woodland Trust, Yorkshire Wildlife Trust, Yorkshire Dales Rivers Trust - most relevant to this year's national resolution - and Northallerton Beekeepers all had a presence and attracted a lot of attention.

Later in April Trustee Jan Oddy, of Selby Swans, spent a day, with other WI members, at the Designer Outlet in York to try to attract new recruits: there was a lot of interest.

Then following on from last year's UN Ocean Conference:



World Oceans Day falls on 8th June. Although the WI-sponsored Microplastics Bill - with the aim of ensuring all washing machines are fitted with filters from 2025, reducing marine pollution - is currently stalled, lobbying MPs on the subject remains potentially worthwhile. There is more information on this on My WI, at the Campaigns' End Plastic Soup section.

This month also sees the 3rd Great Big Green Week, between 10th and 18th June. It's a national event organised by the Climate Coalition, in which the WI is a partner. RSPB St Aidan's in Leeds is running walks and other birding activities all week; an online course on carbon literacy for sole traders, freelancers and entrepreneurs is taking place on the 13th; RSPB Fairburn Ings near Castleford is hosting a nature reserve day on the 16th. As the latest WI Life says, details can be found at greatbiggreenweek.com.

We have at last reached a more welcoming season for travelling around and beyond North Yorkshire: and there are plenty of other WI events available to us, as described in the Newsletter: something, surely, for everyone!

PLEASE NOTE AMENDED DATE - An Evening of Forensic Archaeology and Forensic Art, Romanby WI Hall, Romanby, Northallerton, DL7 8BL. Friday 22nd September 2023, 7.00 pm - 9.00 pm. Full details in May Newsletter. Closing date: Friday 18th August. Booking Code: 578.

Science Co-ordinator: Glenis Wedzicha - glenis.wedzicha@btinternet.com

Science by Number. Number 16: Sulphur. Sulphur is a lemon-yellow solid, occurring as crystals at room temperature. It is abundant-tenth most in the Universe and fifth most on Earth. It usually occurs on earth in combination as the sulphide or sulphates in minerals. It is mentioned in ancient writings from India, Greece, China and Egypt, suggesting that it was found to a small extent in the pure form. Historically, sulphur is known as "Brimstone" or "Burning Stone" as it is a solid which burns with a blue flame. The greatest commercial use is in the production of sulphuric acid for sulphate and phosphate fertilisers. Sulphur is also used in matches, insecticides and fungicides. Chemicals containing sulphur are characterised by their odour. Examples are: skunk-scent, natural gas, garlic and rotting eggs. Hydrogen sulphide is the active substance in the last case. Sulphur is an essential element for all life but almost always as organo-sulphides (chemicals comprising sulphur and carbon) or a metal sulphide. The group of chemicals called proteins often contain sulphur which confers characteristics of shape and elasticity on the protein. This ability of sulphur to confer elasticity can be seen in another context. Rubber, a material used in many industries, is "vulcanised" by the addition of sulphur. This means it is made more pliable. Sulphur is a contaminant of coal, thus burning coal in air produces sulphur dioxide. The latter reacts chemically with oxygen in air to produce sulphuric acid which then (so-called acid rain) dissolves rocks and the fabric of buildings.

Climate Co-ordinator: Glenis Wedzicha

The A to Z of Climate Change: S is for Stern Report.

Last month (May2023) we had a report that was published in March 2023. This month the report we shall consider is The Stern Report, published 19th July 2005. The latter was led by Sir Nicholas Stern, drafted by a team of economists from HM Treasury and checked for scientific content by scientists at Reading University and dealt exclusively with the economics of climate change (CC) both at home and abroad. Widely different dates but uncannily similar outcomes projected for different scenarios. Points from Stern are given here: strong, early action on climate change outweighs the costs; CC threatens the lives of many people around the world; impacts of CC are greater for poor countries than rich; leaving things to go on as usual will have serious impacts and when damages occur, it may be too late to reverse the process - thus we must look and plan well ahead. Global warming is likely to be very damaging by mid-to late-century; emissions have been and continue to be driven by economic growth and the cost of moving to a low carbon economy will cause many economic challenges. The development of a range of low carbon-high efficiency technologies is required urgently but is expensive. Adaptation policy is necessary for dealing with unavoidable aspects of CC but very few countries are doing this as this scenario is extremely costly. In order to avoid the worst effects of CC, an effective international response must begin NOW. This was stated by Stern in 2005. Eight years later, the majority of countries are well behind target for reducing emissions. The stark reality is that most of Stern's predictions are already coming true. The question is "Why?" The Answer: Because Nations sign up to numerous protocols and deals to keep down emissions without thinking through the economics first.

MEMBERSHIP AND TRAINING - Janice Whiteford - whatstheplanian@hotmail.com

<u>WI Help</u> - If you think that you will need any help with your Annual Meetings, now is the time to start sending requests into the office to avoid disappointment.

Diane Stephenson from Selby Swans WI our newly qualified WI Adviser.



Welcome to the team

TREASURER FAQ'S FOR THIS MONTH

Question: How much money should a WI hold and is there a maximum amount?

Answer: The guidelines are that you should have enough funds in the bank for running costs for 6 to 12 months.

Treasurers - If you need any help or advice please contact your IFE helpline Carolyn Boam email: anth.cazboam@gmail.com Tel: 01845400123 Marilyn Bellinger email: paulmarilynbell@yahoo.com Tel: 01723859020

AROUND OUR FEDERATION

Stutton and Tadcaster WI - We combined our May resolutions meeting with a coronation treat and quiz for our members. We all had a great time.





Lockton and Levisham WI's' Fun With Sign Language' was the theme of May's meeting held to celebrate Deaf Awareness Week. Led by a deaf member and another who recently completed Denman's 'British Sign Language for Beginners' course, the evening was interactive and based on vocabulary linked with food and drink. It certainly was great fun. Members hope to build on this foundation and to hone their BSL skills into the future.



Pickering WI and Earth Day - protecting Bees -We

were asked by Pickering
Environmental
Group/Visit Pickering to
decorate Pickering
Environmental
Group/Visit Pickering to
decorate the Smiddy Hill
Cross with a garland of

Bees for Earth Day. So we made the call out to our members and we made a 12-foot garland covering in bees to hang from it. We also made a crocheted topper for the post box in Pickering Market Place. Some of



the ladies met up in the library to build the garland, then we could show it at our April Meeting before it was put in situ in the town to celebrate Bees. We were also featured in our local paper. Pickering has a real buzz about it this April | Gazette & Herald (gazetteherald.co.uk).

Middleton, Aislaby & Wrelton WI organised their village afternoon tea party for the



Kings Coronation. The Crafternoon subgroup knitted and crocheted small fancy cakes and mini crowns to decorate the tables. Over 200 of these were made along with several knitted Guardsmen by the ladies for the window displays. A crown and cloak was put together to decorate the village WW2 bomb as we have no pillar post box in the village! At least 65 people attended the event and was thoroughly enjoyed by all those present.





Malton WI- Here are some on our members in a garden which we help to maintain for 'Malton in Bloom'. As part of our coronation celebrations, we created hundreds of pompoms and crocheted flags to add a royal splash of colour to our garden.

WI Advisers	Janice Whiteford – email: whatstheplanjan@hotmail.com Tel: 01904 269361					
	Pat Shotton - email: patriciashotton11@tiscali.co.uk Tel: 01904 795953					
	Anne Potts – email: anne.pottsetal@btinternet.com Tel. 01904 700212					
	Diane Stephenson – email: r17dne@gmail.com Tel. 07547 672010					
<u>Treasurers'</u>	Carolyn Boam – email: anth.cazboam@gmail.com Tel: 01845 400132					
<u>Helpline</u>	Marilyn Bellinger – email: paulmarilynbell@yahoo.com Tel: 01723 859020					
<u>Bookings</u>	First come first serve basis. We give plenty of notice for events coming and					
	maintain a waiting list. Please ensure you pay on booking. Confirmation of a place					
	will be sent out once the minimum number of participants is reached – usually the					
	closing date.					
<u>Payments</u>	Can be by bank transfer / online payment or by cheque (enclosing a SAE) and made payable to "NYEFWI". Send to the Finance Secretary; North Yorkshire East Federation of WIs, WI House, Front Street, Norby, Thirsk YO7 1BG. Enclose a booking form or send an email to Shirley in the office financesec.nyefwi@btconnect.com letting her know which event(s) it is you are paying for and when the payment was made together with your W.I. name, the attendee names and food choices if booking for a meal and the email address to					
On- line	which any link is to be sent. Please include the booking code where appropriate.					
payments	Account Name: NYE Federation of WI Account no: 35787073 Sort Code 05 09 44 Please remember to tell your WI Secretary if you have booked and paid direct.					

Date/Time	- (Key - *Cost to No Event	All the	ers. ++ Please s	Cost	Code	Closing
Date/Time	Lvent	Details	Venue	Cost	Couc	Date
Happening in July: -	Booking Now	- Citalité				24.0
Tuesday 4 th	American Independence	March	Novotel Hotel	£28.00	680	23 rd May
12.00 for 12.30pm	Day Lunch	n/l	YO10 4FD			
Saturday 8 th	Living With Autism	March	North Duffield Village	£20.00	577	30th May
2.00pm-4.30pm		n/l	Hall YO8 5RJ	£22.00*	0	00,
Saturday 15 th	Art Workshop Painting	March	WI House	£23.00	675	6 th June
10.00am-3.00pm	with Acrylics	n/l	YO7 1BG	220.00	0/0	o danc
Monday 17 th	Linocut Workshop	April n/l	WI House	£34.00	682	13 th June
10.30am-12.30pm	Linocut Workshop	Aprillint	YO7 1BG	204.00	002	15 buile
Friday 21st	Behind The Seams of	Feb n/l	The Milton Rooms,	£18.00	664	6 th June
7.30pm	Strictly Come Dancing	1 60 11/1	YO17 7LX	£20.00*	004	O Julie
Sunday 30 th	Crossbow Taster	March	Yorkshire Activity	£35.00	679	13 th June
11.00am			Centre YO23 3RR	233.00	0/9	13" Julie
	Session	n/l	Centre 1023 3KK			
Happening in August		A	The Device Avise	C20.66	COO	20th Ium
Tuesday 1 st	Yorkshire Day Lunch	April n/l	The Downe Arms	£28.00	683	20 th June
12.00 for 12.30pm	Manaia Mindrala :	N.C	YO13 9QB	605.66	67.4	Cth :
Friday 4 th	Mosaic Workshop	March	WI House	£35.00	674	6 th June
10.00am - 4.30pm	T . 0	n/l	YO7 1BG	040.00		0=44 -
Friday 11 th 1.30pm	Taster Session of Bowls	April n/l	Poppleton Bowls	£10.00	684	27 th June
For 2.00 -5.00pm			Club, YO26 6JT			
Happening in Septer		ı				
Tuesday 5 th	Environmental Art	May n/l	Environmental Art	£55.00	693	24 th July
9.30am - 1.30pm	Blacksmith Workshop		Unit 2 YO17 6BT			
Wednesday 6 th	Nepalese Lunch	May n/l	Yak & Yeti Gurkha	£28.00	687	25 th July
12.30pm			Restaurant YO1 7LS			
Thursday 14 th	Seed Head Dried Flower	May n/l	Yorkshire Lavender	£45.00	685	1 st Augus
10.30am - 1.30pm	Autumn Wreath		Farm YO60 6PB			
Monday 18th	Pottery Workshop -	May n/l	Holly Cottage Studio	£38.00	686	1 st Augus
12.00 - 2.00pm or	++		5			
2.00pm - 4.00pm			YO21 2LZ			
Tuesday 19th	Dunnington Ramble	June n/l	Sports Club	£9.50	697	8th Augus
10.00 for 10.30am			YO19 5NG			
Friday 22nd	Evening of Forensic	May n/l	Romanby WI Hall	£16.00	578	18 th Augus
7.00pm-9.00pm	Archeology and Art		DL7 8BL		-	
Monday 25th	Askham Bryan Ramble	June n/l	Meet York	£9.50	688	15th Augu
9.30am	- I Jan Carrier		Racecourse Stands,			
			YO23 1EX			
Saturday 30 th	Coffee, Cake, Chat and	May n/l	WI House	£5.00	579	19 th Augus
10.00am-12.00pm	the Climate -	ividy II/ t	YO7 1BG	~5.56	3, 7	, Augu
or 1.00pm-3.00pm	++		107 100			
Happening in Octobe						
Monday 9 th	A Hidden Geology Walk	May n/l	Meet – Micklegate	£15.00	689	29 th Augu
10.00am-12.00pm	A Fliddell Geology Walk	iviay 11/t	Bar, YO1 6JX	7.10.00	009	Zy Augu
	Enamelling on Cilver	Maya	·	29 <i>0</i> 00	606	29 th Augu
Friday 13 th	Enamelling on Silver	May n/l	WI House	£80.00	690	∠y" Augu
10.00am-1.00pm	Workshop	Max: :: //	YO7 1BG	COF OO	601	5 th
Friday 20 th	Sashiko Embroidery	May n/l	WI House	£35.00	691	_
10.00am-4.00pm	Workshop		YO7 1BG	000.55	F.5.0	Septembe
Saturday 21st	International Day - Italy	May n/l	Stockton on Forest	£28.00	580	5 th
10.30am-3.30pm			Village Hall,			Septembe
			YO32 9UR			
Saturday 28 th	Federation Autumn	May n/l	Manor CE Academy,	Visitors	538	30 th
	Meeting		YO26 6PA	£12.00		Septembe
Tuesday 31st	Halloween Lunch	July n/l	The Golden Lion	£28.00	TBC	19 th
			Hotel, DL7 8PP.			Septembe

<u>Enclosures:</u> Request for Visitors' tickets Autumn Council Meeting, request for Delegates' ticket Autumn Council Meeting, Offer of Help Form.