



NORTH YORKSHIRE EAST

APRIL 2023

Federation Office: WI House, Front Street, Norby, Thirsk, YO7 1BG

Visitors/Telephone Enquiries 01845 522415 Tuesday to Thursday are welcome between:
10.00am – 12.30pm and 14.00pm – 15.00pm (Closed Mondays and Fridays)

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Hello Ladies

Well by the time you read this we will have been to the Spring Council Meeting at the Spa. I do hope you all enjoyed the day, especially those of you who attended for the first time. Sadly, we have said farewell to Frances Langley, who has stepped down from her role as a Federation Vice Chairman and Trustee and Gill Cressey and Rachael Black, who have also stepped down from the role of Trustee. Frances and Gill have been on the Board and sub-committees for a number of years and we wish them both well in their "retirement".

To ensure that you receive your newsletters at the start of the month, I need to write this early on in the previous month. I had hoped that Spring was well on the way, but as I write this, I can see a lot of what look like cotton wool balls going past the window - it all looks very beautiful and how peaceful it always seems when it snows.

There is a lot to look forward to in the Federation diary - craft workshops, rambles, lunches and other activities - so much planned for the remainder of the year, just keep your eyes on the newsletter. There should be something for everyone but if there is a craft or activity you would like to try that we do not appear to have considered, let us know and we will see what we can do to arrange it. Don't forget there are also some excellent online craft, cookery and hobby courses, lectures, exercise and wellbeing classes for you to join through Denman at Home - I have certainly enjoyed many of these myself.

Well, all that remains for me to do now, is to wish you all a very Happy Easter

Best wishes,
Sarah

In2WIn 2022/2023 - Congratulations to the lucky winners of the In2WIn monthly draw:

1st Prize: number 2
2nd prize: number 23

Mrs D Simmons, Hutton Bonville WI
Mrs R Pearson, Poppleton WI

OFFICE NOTICE BOARD

Bulb catalogues & order forms – Catalogues and order form sent out to your Secretary with the March Newsletter. Spare copies of the catalogue are available from the Office. Orders to be sent back to WI House **by 2nd June at the latest 2023.**

* **NFWI ANNUAL MEETING LINK LIST** – A list of the Link Delegates is enclosed with this Newsletter.

NFWI 2023 RESOLUTION - Clean rivers for people and wildlife

WIs should now consider how they wish their delegate to vote on the resolution at the NFWI Annual Meeting in Cardiff on 25th May 2023. All WIs get one vote on the resolution – for or against.

WIs may choose to give their link delegate discretion to decide how to vote after hearing the speakers and the debate at the Annual Meeting. Please ensure your WI makes it clear to the Office when casting your vote whether you are granting your Link Delegate discretion.

Federation Representatives and link delegates attending in-person will cast physical paper votes during the voting session. Federation Representatives and link delegates attending virtually will cast electronic votes via Electionbuddy during the voting session. Both physical voting papers and electronic voting links will be shared with Federation Representatives and link delegates in advance of the meeting. No votes may be cast before or after the meeting.

WIs are also encouraged to hold discussions to allow members to consider how they wish their delegate to vote. The NFWI will also be hosting a discussion event. Please see below for further details.

You will shortly find a selection of resources to help you learn more about the resolution on [My WI](#):

- Detailed briefing notes about the resolution
- A PowerPoint presentation on the topic
- A quiz to test your knowledge
- A Frequently Asked Questions (FAQs) document about the resolutions process
- A discussion guide with ideas about how to discuss the resolution in your WI

The NFWI is hosting a virtual Resolution Discussion Event on Wednesday 12th April, 7.00pm, to support members in learning more about the resolution that will be voted upon at the Annual Meeting. The event will be open to all members to attend, so please cascade this information to them.

It will be chaired by Nicky Amos, NFWI Chair of Public Affairs, and will be an opportunity to hear from expert speakers on the subject of the resolution. It is intended as a supplementary opportunity to meetings and events organised by federations and WIs in advance of the Annual Meeting, so we would encourage you to continue to offer these to support members in deciding how they wish their delegate to vote.

Members who wish to join can register their interest [via MyWI](#). Further details will be sent out.

Please note that arguments for and against the resolution will not be presented at this supplementary meeting, and no voting will take place.

Details on how to join the event will be shared with registered attendees closer to the time, and a recording of the event will be available on My WI shortly after the event for members to access.

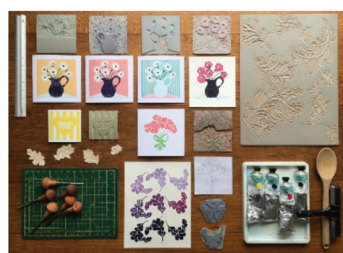
***2024 DIARY ORDER FORM** – Order Form with your Secretary. Supplies of the diary are limited, so please order as soon as possible. **Closing date for orders: Friday 21st July 2023.**

***FULL MEMBERSHIP RETURN FORM** – The membership subscription for 2023 (1 April 2023 to 31 March 2024) is **£46.00**. Payments will be due from members in April 2023. **Please note that WIs now have the flexibility each year to decide whether to either waive their portion of the subscription fee, reduce it slightly, or keep it the same.** The distribution of the 2023 subscription as follows:

Total subscription 2023	WI share	Federation share	NFWI share
£46.00	£22.60	£10.80	£12.60

Secretaries, please pass the form on to your Treasurer so that she can **return** it with the Subscription money **to the Office following your April meeting but before 30th June 2023 at the latest.**

EVENTS:



Linocut Workshop. WI House, Thirsk - Monday 17th July 10.30am -12.30pm. Learn how to design, carve and print your own unique linocut prints. We will explore a number of themes such as birds, hares, houses, fish, flowers and landscapes. Learn how to carve a variety of mark making techniques using linocut tools and print your design by hand. This workshop is suitable for beginners and improvers. **Cost £34.00. Booking now. Closing date Tuesday 13th June. Code: 682.**

A Taster Session of Bowls. Poppleton Bowls Club, Main Street, Upper Poppleton, York. YO26 6JT. Friday 11th August. 1.30pm for 2.00pm to 5.00pm. If you have always wanted to learn how to play bowls in a fun and sociable atmosphere, why not come along to the Taster Session at Poppleton Bowls Club. You will receive expert tuition during the day with plenty of tea/coffee and biscuits and you never know it may lead you to further your enjoyment of the game of bowls in the future, once the mysteries of the game of Flat Green Bowls have been unravelled. **Cost £10.00. Booking from Tuesday 2nd May. Closing date: Tuesday 27th June. Booking code: 684.**

Yorkshire Day Lunch. Tuesday, 1st August 12.00pm for 12.30pm. You are Invited to Come and Celebrate Yorkshire Day with us at the Downe Arms, Main Road, Wykeham, Scarborough YO13 9QB. After lunch we will be able to listen to Sarah Walker, the Countryman's Daughter. Sarah is the daughter of Peter Walker (Nicholas Rhea), who wrote the Constable books on which the TV series "Heartbeat" was based. **Cost £28.00 members only. Booking from 1st May Closing Date Tuesday June 20th. Code: 683**



Enjoy a welcome drink of Prosecco and Fresh Orange or Orange Juice on arrival.

Menu Choices:

Main Course

- a) Chicken breast wrapped in prosciutto ham with a white wine, mushroom & tarragon sauce
- b) Pan fried Seabass with a lemon and chive crumb & finished with a watercress sauce
- c) Vegetable risotto (v)

All served with roast & croquette potatoes with a selection of seasonal vegetables

Dessert

- d) Warm Apple & Yorkshire Rhubarb crumble with creamy Custard
- e) Warm Apple & Yorkshire Rhubarb crumble with Vanilla Ice Cream
- f) Chocolate Profiteroles with warm chocolate sauce
- g) Fresh fruit salad served with vanilla ice cream

Tea or Coffee served with mints

CURRENT AFFAIRS:

WORLD EARTH DAY



The morning of Saturday 22nd April - Thirsk Town Hall, Westgate, Thirsk, YO7 1QR, from 10.00am. We are taking part in this event at the request of EarthDay.org, "the world's largest recruiter to the environmental movement and working with more than 150,000 partners in over 192 countries to drive positive action for our planet". Its website can be found at <https://www.earthday.org/earth-day-2023/>

Many local environmental organisations and community groups are to join together to provide a showcase of the great variety of work being done in our area.

For good measure, WI Country Markets are due to offer their produce for sale.

Our current campaigns - End Plastic Soup, SOS for Honeybees, Show the Love,

Great Big Green Weeks - follow a century of WI activity, now with the aid of the Climate Ambassadors, directed against environmental degradation and climate change. The same theme is covered by this year's national resolution, calling for clean rivers for people and wildlife.

At 2.00pm there will be a lecture commemorating Joan Maynard MP, a Sowerby resident and leader of the National Union of Agricultural Workers, who promoted countryside issues.

Do come and experience this showcase for yourselves: there should be plenty of ideas for your own groups!

Science Co-ordinator: Glenis Wedzicha – glenis.wedzicha@btinternet.com

Science by Number - Number 14: Silicon.

Silicon is the second most abundant chemical element in the Earth's crust, second only to oxygen. It is a hard, silvery-grey material. It reacts chemically with oxygen to form a series of compounds called silicates,

present in rocks and sand. These are used extensively in the construction industry when mixed with cement. Silicates have been used for centuries to make such items as glass beads, vases and jewellery. Evidence of this is found in remains of early Egyptian and Chinese dynasties. Egyptian civilisations dating from 1500 BC used silicates as did the early Phoenicians. Evidence also exists showing that silicates were used to produce mortar in the construction of early human dwellings. Silicon is an essential element in biology. Only trace amounts are used in most animals but some sea sponges and micro-organisms secrete complex and ornate skeletal structures made of silica (silicon dioxide). The latter is also deposited in many plant tissues. The present Age may be described as the Silicon Age (or Digital or Information Age) because of the impact of the very small amounts of pure silicon (semiconductors) which have transformed the World Economy. Semiconductors are used in all computers including smartphones and other digital devices.

Another way in which Science forms a huge impact on all our lives. Can you imagine having a day out and leaving your phone on the kitchen shelf?

Climate Co-ordinator: Glenis Wedzicha

The A to Z of Climate Change - "Q" is for Quiz.

The Climate and the anomalies we see now are at best perplexing, at worst totally incomprehensible. My task is to get across a very difficult set of conundrums to a desperately seeking group of ladies who want, to "do their bit" towards the mitigation of climate change. I have tried to do this by the A to Z format but I am aware of the limitations of this method. I have produced a quiz which seems to have a positive effect. A quiz injects a spoonful of sugar into an otherwise bitter pill to swallow. We have fun and learn together a few facts about a difficult subject which encompasses a whole melting pot of what can appear unrelated facts. Remember, our generation is the one responsible for the climate change events we experience now because it is the generation which saw the birth of the industrial revolution. Our generation must act to alleviate these changes for the sake of future generations. If you invite me to your WI with the Climate Change Quiz, I will come and we will discover together how we can all help to do this.

Resolutions Co-ordinator: Glenis Wedzicha

The results of the 2022-2023 voting in the shortlisted resolutions are as follows

2022/23 resolutions		Selections received to date
1	Save our water - every drop matters	23,326
2	"Women to Women - turning over a new leaf in the lives of women tea workers"	8,045
3	Online gambling harm: time for action	25,164
4	Clean rivers for people and wildlife	36,736
Total selections received		93,271

The Resolution with the highest number of votes cast (number 4) will go forward to be debated at the NFWI Annual meeting in May. Each WI has one vote: For or Against.

The wording of the Resolution is:

Water quality in our rivers is shameful. Legally, designated bathing waters must be regularly monitored for pollution. The NFWI urges its members, the wider public, local authorities and Government to make, support and promote applications for official designated bathing sites on appropriate stretches of rivers in their area. This will be as instrumental to the clean up of rivers as it has been for water quality improvement at coastal beaches.

The NFWI will be hosting a virtual discussion event to assist members with their discussions on Wednesday 12 April at 7pm. Further details to follow.

MEMBERSHIP AND TRAINING

Reminder It's time to get your teams booked in for the Federation Quiz. For full details see the February Newsletter and the Diary page.

2023 Programmes - Thank you to those WIs who have emailed their 2023 programmes to me. There are still a lot of you who haven't done so yet. They need to go onto the website to advertise your WI.
Email to: whatstheplanjan@hotmail.com

TREASURER FAQ'S FOR THIS MONTH

If you are struggling with any of your figures or don't know which column to put things, or just new to the job then help is at hand. Email Carolyn Boam – anth.cazboam@gmail.com and she will help you.

AROUND OUR FEDERATION



Sowerby WI - Zed Ted teddies knitted for the charity Zarach featured at our Autumn Council Meeting. But we still had plenty of energy for our Birthday Ceilidh, The music was provided by Cod Beck Ceilidh band, who were excellent. Great fun! - **Sue Reynard**



Romanby WI January Meeting (2023)

*Olivia Mulligan was our speaker
'Poetry in motion,' what could be sweeter.
She told us of her story
Now she's running to glory.
Lockdown resulted in 'Poems on the Garden Post'
'Advice from a stranger' followed, without boast.
10:37 is her latest publication
We were sorry to come to the end of her presentation.*

*Time to get down to business
Will it be short for quickness?
If you remember resolutions were due
And the names for Spring Council Meeting grew.
New members were queuing at the door
Is there a need to cap or shall we take more?
There's a new hirer for the hall
Yoga on a Sunday for all.*

*Debbie R is stepping down in November
Her role now split in three,
still looking for Hall Secretary, remember!
Will the new book club start with something racy?
Interested ladies see Sylvia and Tracy.
But there's no time for sitting
Walking Netball, coffee club and craft club were knitting.
If you fancied a night out
Supper club was at Ontana, if you were about.*

*Romanby WI is lots of fun
And second to none.*

Romanby WI – Debbie Beesley

I have never been any good at writing poetry, usually giving up at the first hurdle when I can't think of words to rhyme. I was, however, so inspired by our January speaker that I wrote the following review (with the help of my phone for words that rhyme) and presented it at our meeting.

WI Advisers	Janice Whiteford – email: whatstheplanjan@hotmail.com Tel: 01904 269361 Pat Shotton - email: patriciashotton11@tiscali.co.uk Tel: 01904 795953 Anne Potts – email: anne.pottsetal@btinternet.com Tel. 01904 700212
Treasurers' Helpline	Carolyn Boam – email: anth.cazboam@gmail.com Tel: 01845 400132 Marilyn Bellinger – email: paulmarilynbell@yahoo.com Tel: 01723 859020
Newsletter	Entries by 7 th of each month, earlier for holiday issues. Entries will be included, space permitting. High Resolutions Photographs preferred in jpeg format. Please ensure that you have asked for permission to use any photographs before submitting them for inclusion in our newsletter and website, etc.
Bookings	First come first serve basis. We give plenty of notice for events coming and maintain a waiting list. Please ensure you pay on booking. Confirmation of a place will be sent out once the minimum number of participants is reached – usually the closing date.
Payments	Can be by bank transfer / online payment or by cheque (enclosing a SAE) and made payable to "NYEFWI". Send to the Finance Secretary; North Yorkshire East Federation of WIs, WI House, Front Street, Norby, Thirsk YO7 1BG. Enclose a booking form or send an email to Shirley in the office financesec.nyefwi@btconnect.com letting her know which event(s) it is you are paying for and when the payment was made together with your W.I. name, the attendee names and food choices if booking for a meal and the email address to which any link is to be sent. Please include the booking code where appropriate.
On-line payments	Account Name: NYE Federation of WI Account no: 35787073 Sort Code 05 09 44 Please remember to tell your WI Secretary if you have booked and paid direct.

Diary 2023

EVENT	DATE & TIME	VENUE	CLOSING DATE	BOOKING CODE
EVENTS PREVIOUSLY ADVERTISED				
Programme Planning Workshop February n/l	Saturday 22 nd April 10.00am – 3.00pm	WI House, Front Street Norby, Thirsk YO7 1BG	Booking Now Closing date: 6 th April Cost: £3.00 out of WI Funds Booking Code: 572	
Introduction to British Sign Language (BSL) January 23	Saturday 20 th May 10.00 to 12.00pm or 1.00pm to 3.00	Burniston and Cloughton Village Hall Burniston Scarborough YO13 OHJ	Booking now. Closing date 8 th April. Cost £10.00 Booking Code 571	
Introduction to Foraging January n/l	Sunday 21 st May 11.00am - 2.00pm	Rye House Farm, Acres Lane, Helmsley, YO62 5JN	Booking now Closing date: 11 th April. Cost £35.00 per person Members only. Booking Code: 665	
Federation Quiz February n/l	Monday 22 nd May 7.00pm – 9.00pm	The Galtres Centre, Market Place, Easingwold, York, YO61 3AD	Booking Now Closing date 25 th April Cost: £20.00 per team of 4 Booking Code 573	
Federation Quiz February n/l	Monday 22 nd May 7.00pm – 9.00pm	North Duffield Village Hall, Back Ln, North Duffield, Selby YO8 5RJ	Booking Now Closing date 25 th April Cost: £20.00 per team of 4 Booking Code 574	

Federation Quiz February n/l	Monday 22 nd May 7.00pm – 9.00pm	Snainton Playing Field & Village Hall, Barkers Lane, Snainton, Scarborough, YO13 9BG	Booking Now Closing date 25 th April Cost: £20.00 per team of 4 Booking Code 575
Strensall and Huntington WI Ramble February n/l	Monday 5 th June	Meet at 10.00 am in Strensall and Towthorpe Village Hall, Northfields, Strensall, York, YO32 5XW	Booking from 1 st March. Closing date 25 th April. Cost £9.50. Booking Code 677
A and E: Anything and Everything. February n/l	Wednesday, 21 st June 7.00 p.m. – 9.00 p.m.	North Duffield Village Hall, Back Lane, North Duffield, Selby, YO8 5RJ	Booking From 1 st March Closing Date 9 th May Members only. Cost: inclusive of light refreshments: £15.00. Booking Code 576
Crewel Embroidery Workshop. February n/l	Two-day course on Monday 26 th June and Monday 3 rd July, 10am to 3.00pm on both days.	WI House, Front Street Norby, Thirsk YO7 1BG	Booking from 1 st March. Closing date 16 th May. Cost £95.00, including all materials. Booking code 673
"Behind the Seams" of Strictly Come Dancing. Calling all "Strictly Come Dancing Fans" February n/l	Friday 21st July 2023 at 7.30pm	Milton Rooms, Malton	Booking from 1st March. Closing date Tuesday 6th June. Cost £18 members, £20 non- members (min age 12 years) Booking code 664
A Hidden Geology Walk - Filey Brigg. March n/l	Monday 19th June 10.30am – 12.30pm	Meet at Filey Sailing Club, Arndale Way, Filey YO14 9EW	Booking from 1 st March. Closing date Tuesday 9 th May. Cost £15.00 members only. Code: 676.
Welbury WI Ramble March n/l	Thursday 22 nd June 9.30am	Welbury Village Hall, Tofts Lane, Welbury, Northallerton, DL6 2SD	Booking from 4 th April. Closing date Tuesday 9 th May. Cost £9.50. Booking Code 681
Gliding Taster Session March n/l	Friday 23rd June at 6.00pm for 6.30p	Wolds Gliding Club, The Airfield, Pocklington YO42 1NP	Booking from 4th April. Closing date Tuesday 30 th May. Cost £28.00 members, £30.00 non-members. Code: 678
American Independence Day Lunch March n/l	Tuesday, 4th July at 12.00pm for 12.30pm.	Novotel Hotel, Fishergate, York YO10 4FD	Booking from 4th April. Closing date Tuesday 23 rd May. Cost: £28.00 members only. Code: 680

A Crossbow Taster Session March n/l	Sunday, 30th July at 11.00 am	Yorkshire Activity Centre, Rufforth, York, YO23 3RR.	Booking from 4 th April. Closing date Tuesday 13 th June. Cost £35.00, members only. Booking Code: 679
Art workshop painting with Acrylics. March n/l	Saturday 15 th July 10am to 3pm	WI House, Front Street Norby, Thirsk YO7 1BG	Booking from 4 th April. Closing date Tuesday 6 th June. Cost £23.00 to include all materials. Booking Code: 675
Mosaic Workshop with artist Sue Kershaw. March n/l	Friday 4 th August 10.00am to 4.30pm.	WI House, Front Street Norby, Thirsk YO7 1BG	Booking from 4 th April. Closing date Tuesday 6 th June. Cost £35.00 with an extra £10.00 payable direct to the tutor on the day for materials. Booking Code 674

NEW EVENTS

Yorkshire Day Lunch April n/l	Tuesday, 1st August 12.00pm for 12.30pm	The Downe Arms, Main Road, Wykeham, Scarborough YO13 9QB	Booking from 1st May Closing date: Tuesday 20 th June Cost £28.00 members only. Booking Code 683
Linocut Workshop April n/l	Monday 17 th July 10.30am -12.30pm.	WI House, Front Street Norby, Thirsk YO7 1BG	Booking now. Closing date Tuesday 13 th June. Cost £34.00 Booking Code 682
A Taster Session of Bowls April n/l	Friday 11 th August. 1.30pm for 2.00pm to 5.00pm.	Poppleton Bowls Club, Main Street, Upper Poppleton, York. YO26 6JT	Booking from 2 nd May. Closing date: Tuesday 27 th June. Cost £10.00 Booking code 684
World Earth Day April n/l	Saturday 22 nd April, from 10.00am	Thirsk Town Hall, Westgate, Thirsk, YO7 1QR	Public Event

Enclosures:

NFWI Annual Meeting Link List
Diary 2024 Order Form
Yorkshire Lunch Booking Form
Full Membership 2023-2024 Return Form