



NORTH YORKSHIRE EAST FEBRUARY 2023

Federation Office: WI House, Front Street, Norby, Thirsk, YO7 1BG

Visitors/Telephone Enquiries Tuesday to Thursday are welcome between: 10.00am – 12.30pm and 14.00pm – 15.00pm (Closed Mondays and Fridays)

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Hello Ladies

Well 2023 seems to be galloping along at an astonishing rate and here we are already in February, our shortest month which is seen as the month for romance. The days are now getting longer signalling that the warmer months are on the way, although the winter up to now, has been fairly mild. It really doesn't seem five minutes since we were decorating our Christmas trees and cooking lots of special food for the festive period.

Talking of special food, have you all managed to find Seville oranges to make your marmalade. At one time I used to make over 100 pounds of marmalade in January / February, as my father, my elder sister and I ate it as though it was going out of fashion! I now make just a small amount as I am the only member of the family who eats it.

February is looking very quiet with few Federation activities planned, so I may take the opportunity to make a quick visit to visit the family in Rome, although I do need to prepare for the Spring Council Meeting at the end of March. I have been trying to sort out the programme of activities for the Federation Ruby Anniversary and will be in touch with the WIs in each area as and when things are finalised - it is proving a big challenge but that is something I enjoy. I am so looking forward to meeting lots of you at the various events, which I hope will be well supported by you.

Best wishes

Sarah

IN MEMORY OF MARIGOLD



When you next visit WI House in Norby you may notice a newly planted tree on the front lawn. Following the sudden death of Marigold Wilkinson members of the Board and Office staff felt we wanted to pay tribute to her as a friend, a hard-working member of our team and a stalwart of the WI over many years. In her memory we clubbed together and planted a flowering cherry tree (*Prunus Serrulata Amanogawa*). The hard work fell to Sarah while others gave suitable encouragement!- *Editor*



In2WIn 2022/2023 - Congratulations to the lucky winners of the In2WIn January monthly draw:
Number 18 - Mrs Jude Temple, Ingleby Arncliffe WI
Number 67 - Mrs Margaret Ellison, Sowerby WI

OFFICE NOTICE BOARD

NEWSLETTER

For a 6-month trial period the Board of Trustees have decided that instead of 1 copy of our newsletter 3 will be sent to each WI to enable general circulation during your meetings - your Secretary will receive further details by email.

SPRING COUNCIL MEETING REMINDERS

Delegate, Visitor, and pre-plated lunch – don't forget to book your ticket. Closing date for the receipt of your application is 28th February. All the information and forms are with your Secretary.

Stall at the Council Meeting - Would your WI like a Stall at the Spring Council Meeting on 29th March 2023 to be held at the Spa Complex in Scarborough? Tables are £12.00 each. Please call the Office to book your stall NOW. Stalls at this event are usually very popular.

Secretaries - please don't forget to pre-order any stationery your WI may need to be collected at the Spring Council Meeting. Form enclosed with this newsletter.

WIs' Secretaries, Officers & Committee members - General Data Protection Regulation (GDPR) / Declaration of Eligibility for WI Trustees - A lot of WIs have now had their Annual Meeting and may have new Officers and Committee Members. To keep records up to date, two forms are enclosed with this newsletter for your use:

- Details of your Institute Trustees & MCS Representative for the forthcoming year (2022/2023) **to be returned to the Federation Office by 31st March 2023 at the latest.**
- Trustee Eligibility Declaration For fit and proper persons, **to be updated and kept for your WI records only.**

FEDERATION ANNUAL REPORT 2021-2022 – enclosed with this newsletter. Please send any questions you may have to the Office prior to the Spring Council Meeting so that the answers may be incorporated into the Chairman's and Treasurer's Report at the meeting.

MEMBERSHIP BOOKLET 2023

The membership booklet will be sent out to every member with their February issue of *WI Life*. A number of copies will also be sent to federations.

INFORMATION FOR WI MCS REPRESENTATIVES - MCS HOLD STATUS. Members who have moved house, or if their WI has suspended during the subscription year, can now be placed 'on-hold' on the MCS. This means they will continue receiving their membership benefits (access to My WI and WI Life) for the remainder of the subscription year, for which they have paid. The Hold status will end on 30th April. For further information or help, please go to the Help button on the MCS or contact the Federation Office.

EVENTS: Chairman Frances Langley - franceslangley.nyefwi@gmail.com

Crewel Embroidery Workshop. WI House Thirsk. A two-day course on Monday 26th June and Monday 3rd July, 10am to 3pm on both days. Come along to this beginner level workshop and learn a new skill, progressing at your own level. The workshop kit includes everything you need to complete this crewelwork embroidery project and produce a piece of work to be proud of. If there is sufficient demand there will be opportunities at a later date to further develop your skills. On both days tea and coffee will be provided but you will need to bring a packed lunch. **Booking from 1st March. Closing date Tuesday 16th May. Cost £95, including all materials. Booking code 673**



"Behind the Seams" of Strictly Come Dancing.

Calling all "Strictly Come Dancing Fans". Come to The Milton Rooms, Malton on Friday 21st July 2023 at 7.30pm and learn about the real stars of the show - the stunning costumes. Join the makers of the outfits in a "Behind the Seams Tour" - where you will hear how long they have to make the costumes, what the process is from the initial design - listen as they share their sparkling stories and hidden secrets with you and see a selection of the dresses seen on the show. **Cost £18 members, £20 non-members (min age 12 years). Booking from 1st March. Closing date Tuesday 6th June. Booking code 664**



SAVE THE DATE

Another Hidden Geology Walk with palaeontologist Dr Liam Herringshaw on Monday 19th June 10.30am – 12.30pm at Filey Brigg. Full details next month.

A Gliding Taster Session. Yes, you too can fly like a bird! Enjoy the thrill of soaring over the Vale of York at the controls of a modern two-seater training glider with a BGA qualified gliding instructor when you join us on the evening of Friday 23rd June. Full details in March

RAMBLES 2023

Strensall and Huntington WI Ramble - Monday 5th June 2023. Meet at 10 am in Strensall Village Hall for this walk of approximately 5 miles. Please note there are toilet facilities available in the village hall but not on the walk. Dogs on leads are welcome but are not allowed in the village hall. The ramble includes (paths and weather permitting) a walk along the River Foss, a tarmac path alongside the railway, woodland, Strensall common heathland, and a return through woods. The terrain is flat, with no stiles, but there may be narrow, muddy and uneven paths through woodland and heathland areas, other parts are tarmac or boarded walkways. Sheep and lambs roam the common and with luck we may see deer, squirrels, lizards or adders! Strensall Common is a site of Special Scientific Interest due its diversity of rare plants; the spring flora should be blooming and insects buzzing (insect repellent is recommended). We may hear cuckoos, if they are still around, spring bird song, gun shots from the training soldiers or expletives from frustrated golfers! It is a walk full of interest. We will return to the village hall for lunch. time. **Booking from 1st March. Closing date Tuesday 25th April. Cost £9.50. Code 677**

CURRENT AFFAIRS: Chairman, Lindsay Gee – lindsaygee67@gmail.com

For those of us with meetings in the first half of February, this is the time for casting votes on the 4 resolutions, before Valentine's Day.

Beyond that, for all of us it's the season for snowdrops, crocus, daffodils, Lenten roses, for nesting by long-tailed and blue tits and house sparrows, for bumblebees, and for tree-planting. (A sign of the changing climate in my garden, where at least last month the fish in the pond were still alert and hungry.)

For all February's grey days, there are many things to engage our interest. There are also pancakes to be made.

A and E: Anything and Everything

**North Duffield Village Hall, YO8 5RJ. Wednesday, 21st June 2023. 7.00 p.m. – 9.00 p.m.
Members only. Price, inclusive of light refreshments: £15.00.**

This evening we welcome Dr Michaela Blood, a specialist in the field of Accident and Emergency Medicine at the Royal Infirmary Teaching Hospital, Bradford, West Yorkshire. Should A and E now be considered as Anything and Everything? Throughout the current pressures faced by the NHS, the Accident & Emergency Department (AED) has slowly become the default point of access for patients, owing to a variety of reasons. During this session we will explore what these reasons are, how the AED works, the patient journey, and the expected caseload that should be using the service. We will then go on to discuss the current challenges and how initiatives have been created to reduce the burden within the AED, along with what the future holds. **Booking Now Closing date: 9th May 2023**

Booking Code: 576

Science Co-ordinator: Glenis Wedzicha.

Precision Breeding in Agriculture plus a breakthrough in Cancer Treatment

The Precision Breeding Bill has now passed through its 3 readings in the Houses of Commons and Lords and now awaits further scientific scrutiny and finally Royal Assent before it can be put into practice in the Agricultural industry in the UK.

Precision Breeding (PB) differs from Genetic Modification (GM). In the case of the former (PB), changes are made in the DNA sequence of a plant or animal organism which could have occurred naturally during the traditional breeding methods employed in farming. It resembles a process of Natural Selection as in Darwin's famous theory.

In the case of a GM organism, genetic material is removed from an unrelated species, something which would never occur in practice, and placed in the selected organism in a non-targeted way. In PB foods, the genetic material is very precisely targeted to enter a piece of DNA at one point and no other. The point is, PB could happen by chance as it only involves the organism's own DNA; GM could never do so. Robust risk assessments will be in place before PB foods are permitted in the UK food chain.

The Food Standards Agency (FSA) gives an assurance of this. Three criteria must be satisfied: The food must not present a risk to health; It must not mislead customers; It must not disadvantage them nutritionally. Precision Breeding applies to both animals and plants – this was accepted in the reading of the bill when its amendments were under consideration. Food plants such as cereal crops would be affected here.

By 2050, the world's population is projected to reach 9.8 billion. In countries that suffer prolonged famine during climate related disasters, PB could mean the difference between life and death. A similar technique has recently been successfully used in treating a patient with cancer by precisely targeting the cancer cells. Part of the patient's own genetic make-up called messenger RNA (Ribonucleic Acid) is used to attack the cancer cells in the patient's body. The messenger RNA immediately begins stimulating the patient's own immune system to kill the cancer cells.

Climate Co-ordinator: Glenis Wedzicha

FYO: An error crept into my January item which I would like to correct: I said we were heading down a slope towards a 2.7 degree Celsius rise in global temperatures by "2030". This should, of course have read" by the end of the century".

The A to Z of Climate Change: "O" is for Oceans

The planet's oceans help in the fight against Climate Change. They are a powerful carbon sink absorbing one quarter of the total CO₂ produced since we humans began burning fossil fuels. They are also an enormous heat trap, keeping the Planet's temperature below a critical level and, so far, have absorbed 90% of the heat generated by greenhouse gases produced since the industrial revolution. However, this has cost the oceans dearly. They are now starting to warm up to a temperature which is unsustainably above that in which some marine life can live. The oceans are losing oxygen, the gas which sustains all living creatures (plant or animal) The water is becoming more acidic with the dissolution of carbon dioxide (carbonic acid) and nitrous oxide (nitrous and nitric acids). Loss of surface water by evaporation is causing the oceans to become more saline, not the correct environment for some marine fauna. Delicate marine ecosystems are unable to survive, including the exquisite coral reefs that in turn support a multitude of marine fauna. As they tend towards a higher temperature, become more acidic and more saline, the oceans themselves have become a victim of climate change. What can we do to restore them to health? COP 26 and COP 27 missed a valuable opportunity to urge counterparts on the world stage to help prevent further damage. This was yet another of their missed opportunities. Our oceans must remain healthy in order that they can do their job as before and keep our planet and its remarkable biodiversity and variety of ecosystems healthy. Individually, we can do little. However, together we can move mountains. It is essential that world governments, beginning now, prepare for the next summit, COP 28, in Dubai so that constructive discourse can be held and no time is lost. The oceans are a living, breathing tool. Our collective vote can be brought to bear such that this tool is well used. The oceans should be flagged up high on the list of discussion areas so that they can be treated with respect. Humans were able to evolve on planet Earth because of its atmosphere and water content. Meanwhile, scientists send probes to space in search of water-containing planets whilst our planet pivots dangerously close to its Tipping point. This is an anachronism. It is perhaps time to lay it to rest.

Breaking news: Scientists in America have apparently broken the First Law of Thermodynamics, an absolute law in science relating to energy. Watch this space for details.....and what on earth is SWOT??

Resolution Co-ordinator: Glenis Wedzicha

Write your Own. Emergency/Urgency Resolutions

The writer, Benjamin Disraeli said: “When I want to read a good book, I write one.” Next year, 2023, the NFWI Annual Meeting will take place in Cardiff on 25th May. The resolution to be debated as always, depends upon you, the members. The Shortlisted Resolutions were decided some time ago and now it is time to vote for one of them. Did you know that you can submit a resolution after the deadline provided there are good reasons for doing so? This is called an Emergency or Urgency Resolution and as such can be fast-tracked to NFWI after consultation with the Resolution Co-ordinator. This applies every year. Perhaps you submitted a resolution last year that never made it to the Long List. Meanwhile new data has arisen shedding further light on the issue. Your unsuccessful resolution then could be this year’s Urgency Resolution. Please contact me if you wish to know more about this or go to MyWI/Public Affairs/Urgency Resolutions The deadline next year for such resolutions is 2nd May 2023.

Deadline for submitting your selection from the 4 short-listed resolutions this year: 14th February. Send your selection by one of the following methods to NYEFWI:

- directly to the WI secretary via email or telephone;
- conduct an anonymous poll at a WI meeting;
- by email or post to the Federation Office.

MEMBERSHIP AND TRAINING– Chairman: Janice Whiteford

President & Secretary’s Workshop - Friday 17th March 2023 – WI House, Thirsk .10.00am to 3.00pm. Let us help you to understand more about how you can streamline the jobs, share them with others and learn to enjoy the roles you have taken on. **Cost £3.00 (out of WI funds). Booking now: Closing date 2nd March 2023. Code: 570.**



Programme Planning Workshop - “Swap, Learn and Advertise” - Saturday 22nd April 2023. WI House, Thirsk. 10.00am – 3.00pm. Your programme is more than you think. **Cost £3.00. Booking now. Closing Date 4th April 2023. Code 574**

Federation Quiz - Monday May 22nd 2023.7.00pm – 9.00pm. It’s time to get your teams booked in for the quiz. **Cost: £20.00 per team of 4. Please state the venue (and code if applicable) your team will be going to on booking form. Booking Now. Closing Date: 25th April 2023. Booking codes: Snainton Village Hall – Code 575 / North Duffield Village Hall – Code 574 / Galtres Centre, Easingwold – Code 573**



2023 Programmes

Thank you to those WIs who have emailed their 2023 programmes to me. There are still a lot of you who haven’t done so yet. They need to go onto the website to advertise your WI.

Email to: whatstheplanjan@hotmail.com

Treasurer Help

Our IFE’s on the Treasurer’s helpline will be very happy to assist Treasurers with any queries, problems or for a chat. One to one training is also available for new Treasurers – just get in contact – details at the back of the newsletter.

AROUND OUR FEDERATION

Ladies of **Scalby and Newby WI**, braved horrible weather to plant an oak in memory of her late majesty Queen Elizabeth II as part of the “Green Canopy” initiative which her majesty introduced to celebrate her platinum jubilee.



On 8th December, prior to our Christmas Lunch **Danby Wiske WI** planted an English Oak in the village playing field to commemorate the Platinum Jubilee of Queen Elizabeth II. The tree was planted by two retiring committee members who have given many years of service to our W.I. Mrs Jackie Hull, past president and secretary and Mrs Sue Rayfield who has been our treasurer for many years.

Strensall and Huntington WI crafty club have produced 3 post box toppers which are now adorning 3 post boxes in Strensall and Huntington, one depicting a snow scene, one a nativity scene and the other is a chimney with Santa and his sleigh of presents.

The community is really appreciating the effort from the WI to brighten the villages through this difficult time



<u>WI Advisers</u>	Janice Whiteford – email: whatsheplanjan@hotmail.com Tel: 01904 269361 Pat Shotton - email: patriciashotton11@tiscali.co.uk Tel: 01904 795953 Anne Potts – email: anne.pottsetal@btinternet.com Tel. 01904 700212
<u>Treasurers' Helpline</u>	Carolyn Boam – email: anth.cazboam@gmail.com Tel: 01845 400132N Marilyn Bellinger – email: paulmarilynbell@yahoo.com Tel: 01723 859020
<u>Newsletter</u>	Entries by 7 th of each month, earlier for holiday issues. Entries will be included, space permitting. Photographs preferred in jpeg format. Please ensure that you have asked for permission to use any photographs before submitting them for inclusion in our newsletter, etc.
<u>Bookings</u>	First come first serve basis. We give plenty of notice for events coming and maintain a waiting list. Confirmation of a place will be sent out when the minimum number of participants is reached – usually the closing date.
<u>Payments</u>	Can be by bank transfer / online payment or by cheque (enclosing a SAE) and made payable to "NYEFWI". Send to the Finance Secretary; North Yorkshire East Federation of WIs, WI House, Front Street, Norby, Thirsk YO7 1BG. Enclose a booking form or send an email to Shirley in the office financesec.nyefwi@btconnect.com letting her know which event(s) it is you are paying for and when the payment was made together with your W.I. name, the attendee names and food choices if booking for a meal and the email address to which any link is to be sent. Please include the booking code where appropriate.
<u>On- line payments</u>	Account Name: NYE Federation of WI Account no: 35787073 Sort Code 05 09 44 Please remember to tell your WI Secretary if you have booked and paid direct.

Diary 2023

EVENT	DATE & TIME	VENUE	CLOSING DATE	BOOKING CODE
EVENTS PREVIOUSLY ADVERTISED				
An Evening of Forensic Archaeology and Forensic Art November n/l	Wednesday 15 th March 7.00 pm - 9.00pm	Burniston & Cloughton Village Hall, Burniston	Cost £16.00 Booking from: 1 st December 2022. Closing date: Wednesday 1 st February 2022. Booking code: 660	
President and Secretaries Workshop December n/l	Friday 17 th March 10.00am to 3.00pm	WI House, Front Street Norby, Thirsk YO7 1BG	Cost £3.00 (out of WI funds) Booking now: Closing date – 2 nd March 2023 Booking Code:570	
Annual Spring Council Meeting December n/l	Wednesday 29 th March 10.30am – 3.30pm	Scarborough Spa Complex	Delegates' Tickets - Free of Charge. Booking now Closing date: 28 th February	
Annual Spring Council Meeting December n/l	Wednesday 29 th March 10.30am – 3.30pm	Scarborough Spa Complex	Visitors' Tickets: £12.00 Booking now Closing date: 28 th February Booking Code: 535	
Annual Spring Council Meeting December n/l	Wednesday 29 th March 10.30am – 3.30pm	Scarborough Spa Complex	Pre-plated Lunch: £20.00 Booking now Closing date: 28 th February Booking Code: 536	
An Easter Science Egg-stravaganza December n/l	Monday 3 rd April 7.00pm – 9.00pm	North Duffield Village Hall North Duffield Code 669	Members only. £12.00 Booking from 2 nd January Closing date: 21 st February. Booking Code: 669	
An Easter Science Egg-stravaganza December n/l	Tuesday 4 th April 7.00pm – 9.00pm	Middleton & Aislaby Village Hall, Middleton Code 670	Members only. £12.00 Booking from 2 nd January Closing date: 21 st February. Booking Code 670	
Lavender Hanging Basket Workshop December n/l	Wednesday 19 th April 10.30am to 1.00pm.	World of Lavender, Terrington, York YO60 6PB	Booking from 3 rd January Closing Date: 7 th March Cost £55.00. Booking Code: 661	
An Italian Lunch January 2023 n/l	Friday 21st April 12.00pm for 12.30pm	Forest and Vale Hotel, Pickering	Booking from 1 st February Closing date 14 th March. Cost £28 - members only. Booking Code: 672	
Posy Making December n/l	Monday 24 th April 1.00pm – 3.00pm	Home Barn. Lealholm Whitby. YO21 2AY	Booking from 3 rd January Closing date 7 th March Cost £26. Booking Code: 666	
Floral Table Arrangement December n/l	Tuesday 25 th April 10 am to 12.30 pm.	Stockton on the Forest Village Hall. Stockton on the Forest YO32 9UR.	Booking from 3 rd January Closing date 7 th March Cost £26. Booking Code: 667	
Spoon Carving December n/l	Saturday 29th April 12.00pm - 4.00pm.	Rye House Farm, Acres Lane, Helmsley, YO62 5JN.	Booking from 3 rd January Closing date 14 th March 2023. Cost £65 members only. Booking Code: 662	

Axe Throwing December n/l	Saturday 13th May Starting at 11am	Rye House Farm, Acres Lane, Helmsley, YO62 5JN	Booking from 3 rd January. Closing date 21 st March. Cost £20 members only. Booking Code: 663
Encaustic Art January n/l	Friday 12 th May 10.00am – 3.00pm.	WI House, Front Street Norby, Thirsk YO7 1BG	Booking from 1 st February. Closing date Tuesday 28 th March. Cost £50. Booking Code: 668
Carlton (Goole) WI Ramble January n/l	Tuesday 16 th May at 10.00am	meet at Drax Power Station Club (Opposite the Cooling Towers)	Booking from 1 st February. Closing date: Tuesday 28 th March. Cost £9.50. Booking Code 671
Introduction to British Sign Language (BSL) January 23	Saturday 20 th May 10.00 to 12.00pm or 1.00pm to 3.00	Burniston and Cloughton Village Hall Burniston Scarborough YO13 OHJ	Cost £10.00 Booking from 1 st February. Closing date 8 th April. Booking Code 571
Introduction to Foraging January n/l	Sunday 21 st May 11.00am - 2.00pm	Rye House Farm, Acres Lane, Helmsley, YO62 5JN	Booking from 1 st February Closing date: 11 th April. Cost £35.00 per person Members only. Booking Code: 665
NEW EVENTS			
Programme Planning Workshop February n/l	Saturday 22 nd April 10.00am – 3.00pm	WI House, Front Street Norby, Thirsk YO7 1BG	Booking Now Closing date: 6 th April Cost: £3.00 out of WI Funds Booking Code: 572
Federation Quiz February n/l	Monday 22 nd May 7.00pm – 9.00pm	The Galtres Centre, Market Place, Easingwold, York, YO61 3AD	Booking Now Closing date 25 th April Cost: £20.00 per team of 4 Booking Code 573
Federation Quiz February n/l	Monday 22 nd May 7.00pm – 9.00pm	North Duffield Village Hall, Back Ln, North Duffield, Selby YO8 5RJ	Booking Now Closing date 25 th April Cost: £20.00 per team of 4 Booking Code 574
Federation Quiz February n/l	Monday 22 nd May 7.00pm – 9.00pm	Snainton Playing Field & Village Hall, Barkers Lane, Snainton, Scarborough, YO13 9BG	Booking Now Closing date 25 th April Cost: £20.00 per team of 4 Booking Code 575
Strensall and Huntington WI Ramble	Monday 5 th June	Meet at 10.00 am in Strensall Village Hall	Booking from 1 st March. Closing date 25 th April. Cost £9.50. Booking Code 677
A and E: Anything and Everything.	Wednesday, 21 st June 7.00 p.m. – 9.00 p.m.	North Duffield Village Hall, YO8 5RJ	Booking From 1 st March Closing Date 9 th May Members only. Cost: inclusive of light refreshments: £15.00. Booking Code 576
Crewel Embroidery Workshop.	Two-day course on Monday 26 th June and Monday 3 rd July, 10am to 3.00pm on both days.	WI House, Front Street Norby, Thirsk YO7 1BG	Booking from 1 st March. Closing date 16 th May. Cost £95, including all materials. Booking code 673
"Behind the Seams" of Strictly Come Dancing. Calling all "Strictly Come Dancing Fans"	Friday 21 st July at 7.30pm	The Milton Rooms, Market Place, Malton, YO17 7LX	Cost £18 members, £20 non- members (min age 12 years) Booking from 1st March. Closing date 6 th June. Booking code 664

Enclosures: Annual Report, GDPR & Trustees Eligibility Forms + Covering Letter