



NORTH YORKSHIRE EAST DECEMBER 2022

Federation Office: WI House, Front Street, Norby, Thirsk, YO7 1BG

Visitors/Telephone Enquiries Tuesday to Thursday are welcome between: 10.00am – 12.30pm and 14.00pm – 15.00pm
(Closed Mondays and Fridays)

Newsletter Editor: Margaret Ellison Editor email: nynewseditor@gmail.com
Federation Secretary: Laurence Anderson email: fedsec.nyefwi@btconnect.com
Telephone: 01845 522415 FinanceSec.email: financesec.nyefwi@btconnect.com
Twitter: [@NYorkEastFedWI](https://twitter.com/NYorkEastFedWI) Chairman: Sarah McFarlane





Dear Ladies

Well here we are at the end of another challenging year, but with membership in our federation on the increase, the future is looking brighter after a couple of years in the doldrums! I am delighted that Pickering WI has re-formed. It is great to see that they already have around 30 members and we wish them all the very best for their future in the WI family.

I have continued visiting WIs and look forward to attending more of your meetings next year. I am really looking forward to meeting many of you at Ampleforth Abbey on 3rd December - I cannot believe it will be five years since we were last there - so much has happened in that time.

Unfortunately, no one from our Federation was a winner in the National Raffle, which was drawn at the National Council Meeting. As the National Council Meeting was held on-line on the same day as our Autumn Council Meeting, our Federation was not represented. However, the good news is that as a result of the number of raffle tickets sold in North Yorkshire East, the Federation will receive a refund of £318; so thank you to all who bought tickets.

You will all be busy writing Christmas cards and making lots of wonderful food ready for the festive season. The run up to Christmas is always such a busy time but I hope you will all be able to find time to relax with family and friends over the Christmas period. I am looking forward to spending Christmas in Rome with my son and his family, who move there at the start of this month.

Wishing you all a very happy Christmas,

Sarah

Paul Hudson, guest speaker at the Autumn Council Meeting in York in October, gave us an insight into his career as a weather forecaster and working with the late Harry Gration at the BBC. His talk was both light-hearted, describing some of the charity events he has been involved with, and more serious when informing us about climate change issues.



Chairman Sarah McFarlane with Paul Hudson

OFFICE NEWS

Office closure – the Office will be closed for the Christmas holiday from Thursday 15th December 15.30pm and will re-open Tuesday 3rd January 2023 at 10.00am.

Board elections – We have only received 8 nominations for the Board of Trustees 2023/2025. As this number is below the maximum number of elected Trustees, as outlined in the NYEFWI Standing Orders & Terms of Reference, it means that these 8 candidates are automatically elected to the NYEFWI Board without the requirement for a final voting stage. Therefore, there will be no formal election process for the 2023-25 term.

The full Board of Trustees 2023/2025 and the elected Officers will be announced after the Special Board of Trustees meeting taking place on 30th March 2023.



Bursary Winners - drawn at our Autumn Council Meeting on 29th October 2022

Doris Wilkinson Bursary Winners

2022/2023

The following ladies were all lucky to win £250 towards an educational course of their choice:-

Nicola Lowe, Osbaldwick & Murton WI
Lindsay Gee, Thorpe Willoughby WI
Diane Cartwright, Thornton Le Beans WI
Monica Long, Askham Bryan WI
Karen Eady, Terrington WI

WI Bursary -

The following WIs all won a £25 voucher to spend against a Federation event:-

Poppleton	Scarborough Sea Gals
Seamer & Irton	Helperby
Scorton	East & West Ayton
Kirby Sigston	Terrington
York Central	Dudley Dales
Welbury	Farndale

39TH SPRING COUNCIL MEETING - WEDNESDAY 29TH MARCH

The Spa Complex, Scarborough



We are delighted to welcome Charles Hanson, auctioneer, chartered surveyor and television personality as our afternoon Guest Speaker. He is best known for his appearances as an antiques expert on the television programmes Bargain Hunt, Flog It! and Antiques Road Trip. In his own words, Charles Hanson "loves the drama of the auction room and the excitement of seeing bids coming in." His career began at Christie's in London and he went on to launch Hansons Auctioneers in Etwell, Derbyshire in 2005, Hansons London in January 2018. He also has an auction house in Banbury and at Bishton Hall in Staffordshire.

The Spring Council is our half yearly get together to catch up with the latest news in our Federation

*For those members who have not been to one of our Council meetings, why not fill a car and come to Scarborough - this is one of the best meetings of the year. You will find out so much more about what goes on beyond your own WI and what it feels like to be part of such a brilliant organisation
After the morning session, enjoy a super lunch followed by our guest speaker*

Go on... What are you waiting for? Sign up to come to Scarborough on Wednesday 29th March - you will have a fabulous day out!!

Delegates tickets: Free of Charge

Visitors' Tickets: £12.00 - Booking Code: 535

Pre-Plated Lunch: £20.00 Booking Code: 536

WI Stalls Annual Spring Council Meeting - The Board of Trustees are inviting WIs to have their own stall and sell their produce, whether art & craft, jewellery or food. If your WI is interested or you would like to find out more, please contact the Office. Cost to members is £12.00 per table.

MEMBERSHIP FEES 2023/2024

An email regarding the **Subscription 2023/24** has been sent out to all WIs as part of the NFWI November 2022 Mailing. The NFWI Board of Trustees has set the membership subscription for the 2023/24 membership year at £46.00. This means there will be a £2 increase from the current membership year. The distribution of the 2023/24 subscription will be:

Date of joining 2023/2024	Total subscription	WI share	Federation share	NFWI share
1 April – 30 June	£46.00	£22.60	£10.80	£12.60
1 July – 30 Sept	£34.50	£16.95	£8.10	£9.45
1 Oct – 31 Dec	£23.00	£11.30	£5.40	£6.30
1 Jan – 31 March	£11.50	£5.65	£2.70	£3.15

Pro-rata subscription for new members in their first year - New members joining the WI from April 2023 for the first time, or who have not been members of any WI in the past year, will pay a pro-rata subscription depending on the quarter in which they join. The rate per quarter and the distribution are shown in the table above.

New WIs starting in 2023/24 - New WIs starting from April 2023 will keep all the subscriptions paid by their members in 2023/24 membership year.

Flexibility Policy - WIs can apply the flexibility policy to their 2023/24 subscription. This means they can charge the full amount of the WI portion of the subscription, reduce their portion of the subscription or waive the WI portion of the subscription entirely.

Dual Membership - Dual members will pay the WI portion only to their second WI. If the WI is not utilising the flexibility policy, this will be £22.60. There is no pro-rata rate for dual membership, and the set fee will remain payable at any time during the year.

Pooling of Fares 2023 - The NFWI Annual Meeting pooling of fares for 2023 is set at £16 per WI.

INSURANCE 2022 / 2023

* The insurance form is enclosed for payment and we would like to clarify that all members regardless of age are covered with our Policy for all WI activities, including rambles. Cost is 70 pence per member as at October 2022.

In2WIn 2021/2022

Congratulations to the lucky winners of the In2WIn special draw at the Autumn Council Meeting:
Number 4 - Mrs J Blower, Seamer & Irton WI
Number 26 – Mrs A Holmes, Dunnington WI

In2WIn 2022/2023

Thank you for your continuing support. The In2WIn financial year runs from 1st November 2022 until 31st October 2023. You will not be allocated the same number each year. Prize money for the coming year will be as follows:

Monthly draws: 1st prize: £15.00, 2nd prize: £10.00

Spring and Autumn Council Meeting Draws: 1st prize £20.00, 2nd prize £12.00

Special Christmas 2022 Draw: 1st prize £20.00, 2nd prize £12.00

Congratulations to the lucky winners of the November 2022 monthly draw:
Number 26 – Mrs Jan Oddy, Selby Swans WI
Number 12 – Mrs Josie Hallman, North Duffield WI

EVENTS: Chairman Frances Langley - franceslangley.nyefwi@gmail.com

BOOKING OF EVENTS

I would like to remind WI secretaries and individual members that when booking events this needs to be done through the office. It is the office that has the full details of each event and the availability of places. All queries should go through the office. Please do not contact the venue directly.

LAVENDER HANGING BASKET WORKSHOP. To be held at the World of Lavender, Terrington, York YO60 6PB on Wednesday 19th April 2023 10.30am to 1.00pm. Spend a morning creating a stunning Hanging Basket display with Lavender and take the beautifully created basket home with you. Learn all the tricks and top tips from Julia R Snowball and enjoy a cup of tea/coffee and a cake during the morning. A table reservation will be made for you in the Tea Room should you wish to continue your lavender experience by treating yourself to lunch. **Booking from 3rd January 2023. Closing Date 7th March 2023. Cost £55.00 including admission to the Gardens. Please bring your own gardening gloves. Booking Code: 661**



SPOON CARVING. Rye House Farm, Acres Lane, Helmsley, YO62 5JN. Saturday 29th April from 12.00pm - 4.00pm. Come and learn the basics of spoon carving. You will receive expert tuition on the art of spoon carving, which has become a very popular activity. You will learn the skills required to use some of the most basic yet versatile tools safely and effectively to create a spoon from fresh wood - you will take home your finished product. All the tools, materials and safety equipment are provided.



Booking from 3rd January 2023. Closing date 14th March 2023. Cost £65 members only. Booking Code: 662



AXE THROWING. Are you looking for something fun and exciting to do? Bring out your Inner Viking at Rye House Farm, Acres Lane, Helmsley, YO62 5JN on Saturday 13th May starting at 11am followed by tea/coffee and a chat. Axe throwing is a fun and competitive sport. You will be taken through the safety aspects and then shown how to throw an axe before being unleashed on the targets. Our Instructor, Craig Buttery, has over 40 years of experience in outdoor pursuits as a Physical Training Instructor in the Royal Navy. **Booking from 3rd January. Closing date 21st March. Cost £20 members only. Booking Code: 663**

POSY MAKING. To be held at Home Barn. Lealholm Whitby. YO21 2AY on Monday 24th April 2023 1pm – 3pm. Spend an afternoon with Audrey Foster in Lealholm making a posy holder and arranging greenery and fresh flowers within it. All materials will be provided but bring gloves secateurs and an apron. Tea and coffee will be available. **Booking from 3rd January 2023. Closing date 7th March 2023. Cost £26. Booking Code: 666**



FLORAL TABLE ARRANGEMENT. Stockton on the Forest Village Hall. Stockton on the Forest YO32 9UR. Tuesday 25th April 2023 10 am to 12.30 pm. Enjoy making a beautiful table arrangement under the guidance of Leonie Alleedice. She is an experienced flower arranger who provides arrangements for all types of events. Bring your own gloves, secateurs and apron. You may also bring greenery; flowers will be provided. Tea and coffee will be available. **Booking from 3rd January 2023. Closing date 7th March 2023. Cost £26. Booking Code: 667**

Rambles 2023

Do you enjoy walking? Has your WI ever thought of organising a ramble for the Federation? Why not give it a go. We are looking for WIs to plan a walk for 2023. This is an opportunity for you to share your local area with the rest of the Federation. Rambles take place between April and October so if you would like to know more, please contact me and I will help in any way I can. -

Frances

EVENT REPORT

It really was a Fantastic Day of Flowers and Plants on 24th October at Stockton on Forest Village Hall. Our three demonstrators kept us entertained with their demonstrations and chat – they often work together and their friendship and knowledge showed through in the gentle banter! A lovely day. I do wonder if some of the gigantic flower arrangements won as raffle prizes made it home? *(Editor)*



Martin Fish, Sarah Hopps and Jonathan Mosley with some fantastic Halloween arrangements

Your New Year's resolutions will have their turn. Right now it's time to consider our four:

- Save our water - every drop matters

Calling on Government and water companies to work together to ensure long-term water security; and on members to take immediate personal action to value and conserve water.

- Women to women - turning over a new leaf in the lives of women tea workers

Calling on UK tea companies and retailers to fix the broken tea-buying system to enable plantation owners to give women tea pluckers a fair deal.

- Online gambling harms: time for action

Calling for updated legislation and regulations to address the harms caused by problem gambling; and for increased support for those affected, particularly women and children.

- Clean rivers for people and wildlife

With water quality in our rivers being shameful, calling on members, the wider public, local authorities and Government to make, support and promote applications for official designated bathing sites on appropriate stretches of our rivers.

You are to individually SELECT ONE Resolution* from the shortlist of four resolutions which you think should be presented at the NFWI Annual Meeting in June 2023.

Briefing notes will be available on MyWI and in WI Life, to help with your discussions.

* WI members can make their individual selection by completing the resolution selection slip that will be printed in the November/December issue of WI Life or the copy sent to their WI Secretary with this Newsletter. Photocopies of the form are acceptable. These must be completed by individual members and NOT by your WI. Your votes are very important.

Completed voting slips should reach WI House by 14th February at the very latest. Any voting slip received after the deadline will be void. We look forward to receiving responses from EVERY WI by the due date!

Also available on MyWI and in WI Life are details about (1) helping with the Warm this Winter campaign: urging the Government to offer more support for the predicted 8.5 million households due to be plunged into fuel poverty; and to work quickly to lead us towards cleaner, greener and cheaper forms of energy; and (2) using the Cost of Living hub for sources of advice and support.

In amongst all the noise and troubles, we wish you a peaceful and cheerful Christmas.



An Easter Science Egg-stravaganza

North Duffield Village Hall, North Duffield. Monday 3rd April 2023. 7.00 p.m. – 9.00 p.m

Booking Code: 669 **OR**

Middleton & Aislaby Village Hall, Middleton. Tuesday 4th April 2023. 7.00 p.m. – 9.00 p.m.

Booking Code: 670

Members only. Price, inclusive of light refreshments: £12.00.

Painted eggs, chocolate eggs, Hot Cross Buns, Simnel and other cakes, roast lamb and, not least, the Easter Bunny are all part of our Easter traditions. Come to this egg-stravaganza to marvel at the wonder of eggs, their perfect nutritional content (not only to a chick), and how they work when used to make a wide variety of foods such as cakes and meringues and why we can't unscramble a scrambled egg. Professor Bronek Wedzicha will also explore the taste of some of our best loved Easter treats and go on the trail of that elusive Easter Bunny while we discover the stories behind some of our best loved traditions. Ladies, do come along (Easter bonnets?) to this one-off science event at a splendid venue to enjoy an evening that will be informative, convivial and entertaining. Booking from: January 2023. Please indicate which venue when booking. Closing date: Tuesday 21st February 2023.

MEMBERSHIP AND TRAINING– Chairman: Janice Whiteford

To the women of the newly reformed Pickering WI, we all hope that you enjoy your membership and have fun together.

Welcome



Anne Potts with some of the officers

PRESIDENT & SECRETARY'S WORKSHOP - WI House, Friday 17th March 2023 – 10.00am to 3.00pm. Not been to one of these courses before? New to the job? Or just want to know a bit more? Then let us help you to understand more about how you can streamline the jobs, share them with others and learn to enjoy the roles you have taken on. Cost £3.00 (out of WI funds)
Booking now: Closing date – 2nd March 2023 Booking Code:570

MESSAGE FROM THE TREASURERS' HELPLINE:

It has been noticed that Financial Statements completed using the online version do not automatically carry forward the previous year's closing balance onto the front page. This will need to be entered manually to give the final total for the current year. The figures at A6 and B1 (total) should be the same.

AROUND OUR FEDERATION

SALT THERAPY - Denise Elliott Dunnington WI

After welcoming Clare Atkinson from Salt Revive of Beverley to talk about Salt Therapy at a recent WI meeting, 8 members made a visit to the salon this week to experience and learn more about the therapy first hand.

We all arrived at the venue wondering what sort of experience it would be but we were greeted by the familiar face of Clare who welcomed us. Once the formalities of filling in a simple medical form were completed Clare introduced us to the therapy room, which looked very inviting with recliner chairs and comforting blankets. Taking off our shoes to walk on the salt strewn floor we settled down to 40 minutes of rest and relaxation with gentle music playing in the background. The salt therapy was piped into the room for us to breath in and quite a few of the group soon drifted off into a light relaxing sleep, quite a luxury in the middle of the day in today's busy world. The salt therapy is reputed to be beneficial for all sorts of conditions including respiratory and skin conditions, easing allergy symptoms and boosting the immune system. Whilst it might be difficult to quantify the benefits of just one session there is no doubt that we did all enjoy and appreciate the relaxation of the calming and soothing environment.

A nice cup of tea and a biscuit was waiting for us after the treatment before we all made our way into Beverley town centre to enjoy lunch at Vanessa's Delicatessen and Café. On a very busy market day in Beverley the café was very busy and clearly very popular and we all appreciated that our President Chris had pre-booked a table. A variety of delicious light lunches were enjoyed before we all returned home having thoroughly enjoyed the day, feeling restored and rejuvenated by the both the salt therapy and the friendship.

I have been a NFWI qualified Handicrafts Judge for many years now and this year qualified judges were invited to complete a further course – this time in Staging & Interpretation. Life had not returned to normal and I thought I needed a challenge so I applied and was one of 4 judges nationally who were accepted onto the course.

I have learned lots about colour theory, proportion and display - areas I never covered in school or college - so I have found it interesting and useful. The course was mainly delivered over an intense 6 months by continuous assessment, via online webinars and with assignments submitted digitally. The course culminated in a one-day assessment in person in Abingdon, Oxfordshire. For part of this day, I had to illustrate a book within a 30cm square display area to include various staged exhibits and accessories. I chose Alice in Wonderland. My final display is illustrated here and I am pleased to say that I passed my final assessment and am now qualified to judge Staging and Interpretation in co-operative classes.

Jude Temple, Ingleby Arncliffe WI



<u>WI Advisers</u>	Janice Whiteford – email: whatstheplanjan@hotmail.com Tel: 01904 269361 Pat Shotton - email: patriciashotton11@tiscali.co.uk Tel: 01904 795953
<u>Treasurers' Helpline</u>	Carolyn Boam – email: anth.cazboam@gmail.com Tel: 01845 400132N Marylin Bellinger – email: paulmarilynbell@yahoo.com Tel. 01723 859020
<u>Newsletter</u>	Entries by 7 th of each month, earlier for holiday issues. All entries will be included, space permitting. Photographs preferred in jpeg format. Please ensure that you have asked for permission to use any photographs before submitting them for inclusion in our newsletter, etc.

NEW EVENTS

EVENT	DATE & TIME	VENUE	CLOSING DATE	BOOKING CODE
President and Secretaries Workshop December n/l	Friday 17 th March 2023 – 10.00am to 3.00pm	WI House, Front Street Norby, Thirsk YO7 1BG	Cost £3.00 (out of WI funds) Booking now: Closing date – 2 nd March 2023 Booking Code:570	
Annual Spring Council Meeting December n/l	Wednesday 29 th March 10.30am – 3.30pm	Scarborough Spa Complex	Delegates Free Visitors' Tickets: £12.00 Pre-plated Lunch: £20.00 Booking now Closing date: 28 th February	
An Easter Science Egg-stravaganza December n/l	Monday 3 rd April 7.00pm – 9.00pm	North Duffield Village Hall North Duffield Code 669	Members only. £12.00 Booking from January 2 nd 2023. Closing date: 21 st February. Booking Code: 669	
An Easter Science Egg-stravaganza December n/l	Tuesday 4 th April 7.00pm – 9.00pm	Middleton & Aislaby Village Hall, Middleton Code 670	Members only. £12.00 Booking from January 2 nd 2023. Closing date: 21 st February. Booking Code 670	
Lavender Hanging Basket Workshop December n/l	Wednesday 19 th April 2023 10.30am to 1.00pm.	World of Lavender, Terrington, York YO60 6PB	.Booking from 3rd January 2023. ClosingDate 7 th March 2023. Cost £55.00. Booking Code: 661	
Spoon Carving December n/l	Saturday 29th April from 12.00pm - 4.00pm.	Rye House Farm, Acres Lane, Helmsley, YO62 5JN.	Booking from 3 rd January 2023. Closing date 14 th March 2023. Cost £65 members only. Booking Code: 662	
Axe Throwing December n/l	Saturday 13th May starting at 11am	Rye House Farm, Acres Lane, Helmsley, YO62 5JN	Booking from 3rd January. Closing date 21 st March. Cost £20 members only. Booking Code: 663	
Posy Making December n/l	Monday 24 th April 1pm – 3pm	Home Barn. Lealholm Whitby. YO21 2AY	Booking from 3 rd January 2023. Closing date 7 th March 2023. Cost £26. Booking Code: 666	
Floral Table Arrangement December n/l	Tuesday 25 th April 10 am to 12.30 pm.	Stockton on the Forest Village Hall. Stockton on the Forest YO32 9UR.	Booking from 3 rd January 2023. Closing date 7 th March 2023. Cost £26. Booking Code: 667	

