



NORTH YORKSHIRE EAST APRIL 2022

Federation Office: WI House, Front Street, Norby, Thirsk, YO7 1BG

Visitors/Telephone Enquiries Tuesday to Thursday are welcome between: 10.00am – 12.30pm and 14.00pm – 15.00pm (Closed Mondays and Fridays)

Newsletter Editor: Margaret Ellison **Editor email:** nyenewseditor@gmail.com
Federation Secretary: **FederationSec.email:** fedsec.nyefwi@btconnect.com
Telephone: 01845 522415 **FinanceSec.email:** financesec.nyefwi@btconnect.com
Twitter: [@NYorkEastFedWI](https://twitter.com/NYorkEastFedWI)

Hello Everyone,

Here we are in April – time is really flying and we have the longer lighter days to look forward to. For most people, April is synonymous with the start of Spring and new beginnings, but as I write this, the optimism I should be feeling has been totally crushed by the terrible state of affairs in Ukraine. TS Eliot starts his poem, *The Waste Land*, with the words “April is the cruellest month” but I sincerely hope that this is not to be the case this year and that by the time you are reading this newsletter the politicians will have resolved the problems without a huge human price being paid. It would seem that April certainly does contain a large number of cruel anniversaries, many of these being attributed to leaders with psychological disorder, with “fools” having shaped much of the history of the last century.

April also conjures up thoughts of Easter in my head and with it the activities that we used to do as children. In the run up to Easter, my mother always had me and my sisters making little Easter gardens in trays for our grandmothers and great aunts – this kept us absorbed for hours and as we were fiercely competitive with each other, we worked hard to try to ensure that our offering was better than that of either of our other two sisters! Then there were the Easter Egg hunts and helping to make the Simnel cake. I was always chief helper with the cake, in the hope that there would be a surplus of marzipan that would require eating.

The Spring Council Meeting is nearly upon us and my speech is almost finished. Unfortunately, I never got to the Creative Writing Workshop, as rather unexpectedly, I had hip replacement surgery three days beforehand. Still, I think the surgery was more important than the workshop, although I had been hoping for some inspirational pointers. I am hoping that I will be stickless by the 6th April but we shall see. I am looking forward to meeting you all at the Spa. Until then, take care, stay safe and continue to enjoy the world of WI.

Best wishes

Sarah



Supporting Ukraine – Advice from NFWI

We are deeply concerned about the ongoing situation in Ukraine and the threat that the conflict poses to civilians. We urge the UK government to provide humanitarian assistance and to do everything in its power to bring the conflict to an end and to protect the Ukrainian people.

We stand in solidarity with the people of Ukraine and all those fleeing violence. We have compiled a list of locations in the UK coordinating collections of clothing and other items to send to Ukraine or support refugees arriving in the UK. If you know of a collection in your area, please email us at pr@nfwl.org.uk so we can add it to the list.

Please note that as per the WI charitable constitution, WIs can only fundraise for charities that benefit the local community and therefore would not be able to collectively organise to raise funds, co-ordinate donating goods or anything of this nature to support Ukraine. All activity must be in line with the NFWI's fundraising guidelines. To find more information on our fundraising guidelines for members, [visit My WI](#). This guidance is so that those who may want to help as individuals have the resources to do so.

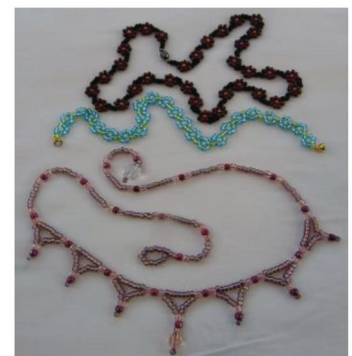
A WELL USED BURSARY – Susan Shuttleworth I was surprised and delighted to learn that I'd been awarded a Doris Wilkinson bursary of £250 which I used towards the cost of a Yoga and Circle Dance course at Higham Hall, an adult learning centre situated a short distance from Bassenthwaite Lake in Cumbria. The course ran from 3rd to 6th December last year, the first class being Circle Dance at 7.45pm on the first evening and the last being Yoga at 9.30am on the day of departure, so it was quite full on. There were two Yoga classes and two Circle Dance classes each day, starting with Yoga from 9.30 - 12.00 every morning (we did have a half hour break for coffee) and finishing with Circle Dance from 8.00 - 9.30 every evening. There was a two-hour free period in the early afternoon, which provided an opportunity to explore the hall's magnificent grounds or visit nearby Cockermouth or Keswick - or even do nothing. This was the fifth time I had attended the course and it was nice to meet up with other regulars, most of who were from Lancashire, Cumbria or Yorkshire, although this year one lady had travelled from Bedfordshire using public transport, involving four changes of train. She was something of a Circle Dance enthusiast! For those not familiar with Circle Dance, it's a form of community dance requiring no partners, with the music and dances coming from countries worldwide (think Zorba). I personally preferred the slower, more meditative, dances. At least that's my excuse for my incompetence with the faster ones. The tutor, Anne-Lise, is an excellent teacher and choreographer with immense patience and great sense of humour, so the course is suitable for beginners as well as those with more experience. Gill, the Yoga tutor, teaches the Hatha form, which is quite gentle but does wonders for suppleness and flexibility. Higham Hall offers a wide range of courses including history, music, art, various needlecrafts as well as outdoor activities such as walking and bird watching. AND it's not too far to travel. The accommodation is good and the food plentiful and wholesome. Thank you NYEFWI for the bursary.

SUB COMMITTEE NEWS

EVENTS: Chairman Frances Langley

franceslangley.nyefwi@gmail.com

BEGINNERS' BEADING WORKSHOP. WI House. Friday 22nd July
10.00am to 3.30pm. Our tutor will be Christine Fisher who is a member of Dunnington WI and comes highly recommended. This workshop is for



beginners and a kit will be provided for each member on the day by the tutor. Beading has always been a popular craft with members' and we look forward to working with the new tutor. A cost of £10.00 to cover the cost of a kit and will be payable direct to the tutor on the day. **Booking from 1 May. Closing date Tuesday 14 June. Cost £15. Booking code: 631**

LAVENDER WREATH WORKSHOP. To be held at the World of Lavender, Terrington, York YO60 6PB on Thursday 4th August 2022 10.30 am until 1.00 pm. Spend a morning creating a stunning Lavender Wreath to take home with you. Learn all the tricks of the trade and top tips from the experts and if you wish to learn how to decorate your wreath with ribbons, please bring some with you. You will be provided with tea/coffee and Lavender cake during the morning and a table reservation will be made for you in the Tea Room should you wish to continue your lavender experience by treating yourself to lunch. **Booking from 1st May. Closing Date 21st June. Cost £55.00 including admission to the Gardens. Please bring your own scissors/secateurs. Booking Code: 640**

A VISIT TO THE THEATRE ROYAL COSTUME HIRE WAREHOUSE. Birch Court, Osbaldwick Link Rd. York. YO19 5JA. Thursday 18th August 11am. Have you ever wondered about all the wonderful costumes you see on the stage then come along for a tour of this facility? The store is home to amazing pantomime costumes, period original clothing and pieces worn by famous actors. There are two floors, so some stairs and please be aware this is a warehouse so wear flat closed toe shoes. **Booking from 2nd May. Closing date 28th June Cost £10. Booking Code: 636**

CLAY PIGEON SHOOTING Yorkshire Activity Centre, Rufforth, York, YO23 3RR Sunday, 21st August at 11.00 am. Clay pigeon shooting is the art of shooting at special flying targets, known as clay pigeons or clay targets, with a shotgun. Women's clay pigeon shooting is one of the fastest growing sports in the UK. Clay pigeon shooting for women is a highly accessible sport for all ages and abilities. It is a great way to improve your mind as well as your physical strength and mobility. So join us at the Activity Centre, where you will get professional, expert tuition and have a lot of fun at the same time. You do not need any special equipment or licence to participate as this can all be provided on the day and is included in the cost - the only thing you need to worry about is hitting the target! **Booking from May 2nd Closing date 5th July. Cost £35, members only. Booking code: 638**



PREVIOUSLY ADVERTISED

FURTHER YOUR KNITTING KNOWLEDGE. WI House. Saturday 25th June 10am to 3 pm. Members should bring their own lunch. Tea and coffee are available in WI House. **Booking from 1st April. Closing date 17th May. Cost £15. Booking code: 499**

A WIRE BIRD SCULPTURE WORKSHOP. Fridaythorpe, East Yorkshire. Thursday 7th July 9.30 am to 4.30 pm. To be held in the workshop of Susan Nichols at Fridaythorpe. **Booking from 1st April. Closing Date 24th May. Cost £60.00 PLUS cost of materials, £10/£12.00 (Cost of materials to be paid for on the day) Booking code: 632**

“HAVING FUN WITH PHOTOGRAPHY” WI House, Thirsk on Friday, 15th July at 10.30am. All you will need to bring are your camera or phone and a packed lunch. **Booking from 1st April. Closing date 31st May. Members only. Cost £15. Booking code: 633**

VEGAN AND VEGETARIAN COOKERY DEMONSTRATION. York Cookery School, Amy Johnson Way, Clifton Moor, York on Tuesday July 19th at 6.30pm **Booking starts 1st April and closes on June 14th. Members only. Cost £20 to include drinks and nibbles. Booking code: 628**

BEGINNING CROCHET. WI House Thirsk. Friday 13th May 10 am to 3. pm. **Booking from 1st March. Closing date 5th April 2022. Cost: £15. Booking code:495**

STAND UP PADDLE BOARDING TASTER SESSION. Ellerton Lake, Ellerton-on-Swale, Near Catterick, North Yorkshire, DL10 6AR on Saturday May 14th 10.00am – 12.30pm. **Booking from 1st March, members only. Closing date 19th April 2022. Cost £40 including all equipment. Booking code:496**

SILVER CLAY JEWELLERY WORKSHOP WI House, Thirsk. Friday 17th June 2022 from 10.30am to 2.00pm. **Booking from 1st March. Closing date 10th May. Cost £45 to include all materials. Booking code: 497**

SUSHI COOKERY DEMONSTRATION York Cookery School, Amy Johnson Way, Clifton Moor, York. Monday June 20th 6.30pm **Booking from 1st March. Closing date 24th May. Members only. Cost £20 to include drinks and nibbles. Booking code: 498**

AN INTRODUCTION TO SUN PAINTING (CYANOTYPE) Woodend, Scarborough Saturday 2nd July 11am – 3pm with tutor Angela Chalmers. **Booking, members only, from 1st March, Closing date 24th May. Cost £55 includes all materials and refreshments but bring your own lunch. Booking Code:627**

KEEPSAKE ART WORKSHOP. WI House Thirsk. Friday 20th May 10.00 am to 4.00 pm. Tea and coffee available; bring a packed lunch. **Booking from 1st February. Closing Date 5th April. Cost £35. Booking code: 488**

Full details of the above events are in the February and March newsletters.

DARTS - This year we tried a new way of organising the darts competition in order to revive interest in it. Sadly this has not been successful and we have decided not to hold the one day competition event. We will look again at the feasibility of continuing the darts competition next year.

EVENT REPORTS

BOOKBINDING WORKSHOP - Friday 18th February 2022 - Our tutor was Phil Winskill of York Bookbinders, who was aided by Martin. Phil is a time served qualified bookbinder and a master of his craft. Lots of examples of beautifully created books were brought for us to examine. We started with making a simple single section notebook, moving on to six sections when we learned a new stitch – kettle stitch – used to stitch together multiple sets of pages. Using PVA we secured the pages together. We had a chat about adhesives, remembering how as children we used flour and water and the wonders of ‘Gloy’. The block of pages formed the base of our finished product – a handsome bound book with marbled cover and buckram head band. We tried our hands at various corners using the buckram fabric and made a matching slip case. The finished books were a joy to



behold and everyone in the group was proud of their achievements. Both tutors were very attentive and made sure the books we produced were the best they could be. A thoroughly enjoyable day with a great group of people and excellent tuition, plus plenty of tea, coffee and biscuits (Thanks a lot Sarah). Don't miss the workshop, if there's a next time.

Jude Temple, Ingleby Arncliffe WI

Creative Writing Course

On a rainy Friday at the beginning of March seven members made their way to W.I. House to attend a creative writing course, tutored by Beth Daley, author of “Blood and Water”.

We began with an exercise designed to break the ice when faced with a blank page. Free writing: write without stopping for three minutes; we each had a random word to incorporate into our writing – who knew three minutes could be so long! Then, structured writing: this time we had three random words to incorporate; but now the words were flowing more easily and time was running faster. Not only was our confidence gradually building, but we were more at ease sharing our writing with the group. It was amazing to hear such a wide variety of storylines that were created: some wrote from personal experience, others from their wishes and some, like myself, just made things up – it was a chance to let one's imagination run wild.

We looked at techniques such as the use of nonsense words, as in 'Jabberwocky' (Lewis Carroll) and 'A Clockwork Orange' (Anthony Burgess) and the importance of names, with the ability to manipulate our expectations of a person's character: Ebenezer Scrooge was never going to be a generous, happy-go-lucky, sort of chap.

After lunch, we looked at how images and objects around us could be a source of inspiration: taking an image – a snapshot of time and place and writing about what we could see and what might happen next. Then we were given an object to use as the basis for our writing – a marble, a pair of keys, a spoon, a toy boat, an icing nozzle; the latter inspiring Margaret to write a wonderful description of Mount Etna.

We learnt that inspiration can come from all kinds of things; we learnt to overcome fears and self doubt, how to write creatively starting with a single word; but the most important thing we learnt was that writing is fun!

Alison Southward - Carlton Miniott W.I

PUBLIC AFFAIRS & INTERNATIONAL: Chairman, Lindsay Gee

The Federation's main event of the season is the Spring Council, in Scarborough on the 6th April. But there is also still time to book for Make a Match, on stem cell donations, on 8th June, the outing to Wisley and Wakehurst between 21st and 23rd June, and the perennial favourite Science of the Cream Tea, in Scampston Walled Garden, on 14th July: something for everyone!

This month too could be said to have something for everyone. Apart from the longer days, and the Easter holiday, it celebrates a striking variety of causes, including pets but also IBS, stress, Parkinson's and bowel cancer. Then April 23rd is an anniversary for England's (Cappadocian) patron Saint George, asparagus, skipping and the English language; after Mother Earth Day on the 22nd and before Scream Day on the 24th! The 22nd-30th is Dark Sky week; and the month concludes with the first day of the Tour de Yorkshire.



A Vegan & Vegetarian Lunch

Join us on Thursday 1st September, 2002 at the Forest and Vale Hotel, Pickering and sample a delicious Vegan or Vegetarian Lunch. Vegans and vegetarians do not eat meat or fish but whether or not you are vegan or vegetarian you will be impressed by this tasty and healthy menu. Our speaker at the

lunch will be Vanessa Quarmby, an experienced dietician and nutritionist whose talk is entitled "Plant Based Eating". **Cost £28 members only. Booking starts 3rd May closes 19th July - Booking Code 643**

Vegan Parsnip & Chestnut Loaf with apricot and apple gravy OR **Red Onion, Grape & Goats Cheese Tart** with creamy pink peppercorn sauce OR **Vegan Savory Crumble with Mushrooms, Cashew Nuts, Asparagus and Root Vegetables** with a mild mustard sauce All served with Chantenay Carrots/Mixed Greens (Runner Beans, Mange Tout & Sugar Snap Peas) Saute Potatoes with onion & Minted New Potatoes

Followed by **Vegan Apple & Blackberry Crumble** served with Vegan Custard OR **Vegan Chocolate and Orange Tart** with candied orange OR **Individual Pavlova filled with Berries & Chantilly Cream** on a pool of Fruit Coulis

Followed by Tea / Coffee & Mints

Dishes can be adapted to be Glute Free

CLIMATE CHANGE CO-ORDINATOR: Glenis Wedzicha - glenis.wedzicha@btinternet.com

The A to Z of Climate Change. - H is for “Hot News”.

On 9th February 2022, an incredible achievement was made by a team of scientists working in Oxfordshire. A complex reaction was initiated in which two different types of Hydrogen (called Tritium and Deuterium) were forced together at enormous temperatures and very high pressures, producing vast quantities of energy and a small quantity of harmless Helium gas. In the reaction vessel, temperatures of 150 million degrees Celsius were required for such a process. There is no material known that will withstand such temperatures, thus scientists created a “plasma” (a sort of loosely bound mixture of charged particles) within a magnetic field that comprised the reaction mixture. The vessel itself was lined with carbon. In this way, for a 5 second interval, they were able to create in the vessel their own mini-star. They had succeeded in carrying out a successful Hydrogen Fusion reaction. Fusion is the source of power that lights our Sun and every other star in the Universe. A new research centre is now under construction in France. This will generate its own Tritium, which is rare, and the reaction vessel will be lined with Beryllium (remember Science by number) and Tungsten, neither of which absorbs Tritium, unlike carbon. Any discussion on future sources of energy in our Brave New World which only admits sustainable and renewable energy cannot ignore Nuclear Fusion. It will take time, but scientists have created a star for 5 seconds. This is the first step to achieving Nuclear Fusion on a large scale. It is the short step for man, which will lead ultimately to the giant leap for mankind of five months, 5 years, 5 centuries. What a wonderful world we live in!

SCIENCE CO-ORDINATOR: Glenis Wedzicha - glenis.wedzicha@btinternet.com

Science by number: Number 6, Carbon.

When carbon combines with two oxygen atoms, it forms the greenhouse gas, carbon dioxide, so harmful to the Planet. Carbon is also graphite (“lead” in pencils), a very soft material, as well as diamond, the hardest material known. Carbon is the second most abundant element in the human body (Oxygen is the first) and the fourth most abundant in the universe, found on earth mainly in living material. Carbon readily combines with other elements and is the basis of all life on Earth. Carbon-containing compounds are called “Organic” compounds. Carbon has the unique ability to form extremely long chain compounds called polymers. The chemistry of carbon may be described as the chemistry of life itself, organic means “living”. Organic compounds make up the cells and other structures of organisms and carry out life processes. It is essential to all life on earth. Without carbon, life as we know it could not exist. On the other hand, a compound consisting of one carbon and one oxygen atom is extremely harmful. It is highly toxic to humans causing death on prolonged inhalation. This is carbon monoxide, a substance produced by burning any material containing Carbon e.g. wood, paper, coal, and gas and so on in a limited air supply. It causes death by combining with the haemoglobin in blood to form carboxyhaemoglobin this excludes oxygen from the blood and thereby from the tissues. It is a curious fact that every process taking place in our profoundly complex bodies can be described in terms of simple Chemistry.

RESOLUTIONS Co-ordinator: Glenis Wedzicha - glenis.wedzicha@btinternet.com

Resolutions Timetable for April. In February members made their selections from the short-listed Resolutions. NFWI has now finalised from these selections the resolution/s for the NFWI Annual Meeting, which takes place on 11th June 2022 in Liverpool.

This month the Annual Meeting resolution/s, wording and notes, are published in WI Life in preparation for discussion by Federations and WIs.

Just received: (7th March 2022): ***Women and Girls with ASD & ADHD - under-identified, under-diagnosed, misdiagnosed, under-supported*** **22,683**

The Resolution shown on page 8 that received the highest number of votes by members will be debated at the NFWI Annual Meeting on 11th June. WIs should meet to decide which way they wish their delegate to vote at this meeting. Each WI has one vote only (For or Against).

To support members in learning more about the issue, NFWI are hosting a virtual discussion event mid-April. To register for this, contact pa@nfwf.org.uk.

MEMBERSHIP AND TRAINING – Chairman: Janice Whiteford

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Federation Quiz

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After a long break - It's back!
3 Venues but limited numbers!

Monday May 23rd 2022

Snainton Village Hall - **Booking Code 564**

North Duffield Village Hall - **Booking Code 565**

Galtres Centre, Easingwold - **Booking Code 566**

7.00pm – 9.00pm, £20 per team of 4. Booking Now.

Programme Planning Workshop - “Swap, Learn and Advertise”.

Your programme is more than you think come and join in the fun at this informative workshop.
Friday 1st July 2022 at WI House 10.00am – 3.00pm.

Refreshments provided, bring your own lunch.

Cost £2.50 Booking Now Booking Code 567 Closing Date – 2nd June 2022

President & Secretary's Workshop

Saturday 9th July 2022 – WI house 10.00am – 3.00pm. Bring a packed Lunch

Enjoy time to explore how to streamline the jobs, get ideas and chat to other WI Officers. If you think you might like to help with the jobs or already are a President or Secretary, then this workshop is tailored to your needs. Refreshments provided, bring your own lunch.

Booking now - Booking Code 561 Closing date – 16th June 2022 Cost - £2.50

Walking Treasure Hunt in York with Meal.

Join us for a fun evening around York. Follow the clues and then enjoy an evening meal.

Monday 18th July 2022 - 6.00pm - Meeting place to be advised - Booking Code 568

Booking Now - Closing Date 9th June 2022 Cost £12.00 per person includes the meal.

If anyone would like to observe our M&T Committee, please contact the office we would love to have you on board.

APRIL - IN 2 WIN - Winners

No. 19 Jean Williams, Rufforth W.I.

No. 24 Frances Langley, Ebberston & Allerston W.I

AROUND OUR FEDERATION

On Friday, January 14th, 26 members of Brandsby and Easingwold WIs attended their first, long awaited, Walking Netball session, in the sports hall at the Galtres Centre. Thanks to the alliance between the WI and England Netball, we have our own Netball Development Officer for N. Yorkshire, Harriet, and also, our 2 WIs have our own host, or trainer, Kathryn, who, for the next 20 weeks will attempt to turn us all into Walking Netball players.

The rules are not much different from those we all followed at school - just no running or jumping (probably a relief to most of us anyway!) Harriet and Kathryn provided all the necessary equipment, and judging by the reaction from our first session, we are all excited to practice and improve and score those elusive goals.



East and West Ayton WI – Trish Colling, Secretary

"On 23rd February the East and West Ayton WI met to have lunch at East Ayton Lodge. As well as a wonderful lunch in brilliant company we also had two representatives from the North Yorkshire Fire and Rescue Service to give a riveting talk on fire and home safety. A great time was had by all and we can't wait to see what the rest of the year brings!



Rufforth WI – Cecilia Galloway - Helping the environment ...

Work began on Environment Day, 5 June 2021 and so far we have built a Bug House and organised small re-cycling containers housed behind our Institute. We also collect used stamps for the RNIB and blister packs for re-cycling.

Our on-going project to rejuvenate the Millennium Garden in the middle of the village of Rufforth continues using money we raised at our Big Green Coffee Morning last September.

Our members have enjoyed fun and friendship replanting the trough in the garden firstly with summer bedding then bulbs and plants in the autumn. In conjunction with the Parish Council a local landscaper has pruned the larger shrubs and hedges surrounding the garden, which has made it a brighter and bigger area. Members have been kept busy weeding and planting the middle section with new shrubs donated by members or bought from our fundraising efforts – and the garden chairs we left have been very much appreciated by villagers over the summer months.



Our project continues! At the end of February we had a very productive morning at our Village Community Dig tackling the overgrown vegetation at the back of the garden to get this next area ready for re-planting.

SHOW THE LOVE - Romanby WIs Craft Club ladies took part in Northallerton's Climate Action Group's special event in the town on the 26 February. A large fabric heart was decorated with smaller hearts and messages to 'Show the Love' for our planet. This went towards a big collage of hearts from groups and individuals to send a message to local and national government showing our communities solidarity in wanting to protect our planet from the climate crisis.



Sue Ward - Romanby WI

Hearts for Valentines Night!

Seventeen ladies met on February 14 from Lealholm WI enjoy an evening of sewing little hanging material hearts. This was led by Pauline who had recently attended the Christmas Wreath Ring of Hearts Workshop (see January 2022 NYEFWI newsletter).

We all helped each other to achieve some very attractive hearts to give to our nearest and dearest (or keep all to ourselves!). We closed with a very welcome cup of tea and refreshments with a Valentines theme! -

Janet Thomas - Lealholm WI



Strensall and Huntington WI decided to produce a health promotion display, regarding the current WI campaign, raising awareness of the subtle signs and symptoms of Ovarian Cancer. This campaign was extremely relevant to some of our members who had experienced family diagnosed with the condition, so during January and February various of our members met, shared ideas and jointly decided how all the information could be best presented. The process was facilitated by a glass or two of wine, cups of tea/ coffee, cake and nibbles.

We wanted a display which was clear, simple, eye-catching, effective and most importantly ready by March to coincide with the Ovarian Cancer Awareness Month. We are very proud of our result, and huge thanks to everyone involved. The See the Signs, Health Promotion board is now in place at "My Health G.P. Surgery Strensall", York, and will be moved to other surgeries within the practice during the next few months.

The display not only raise awareness regarding seeing the signs of this condition, which can be treated more successfully if diagnosed early, but also promotes the role of the WI within our community.

Rosemary Horseman, President, Strensall & Huntington W.I.



FIND INFORMATION AND ADVICE HERE

<u>WI Advisers</u>	Janice Whiteford – email: whatstheplanjan@hotmail.com Tel: 01904 269361 Pat Shotton - email: patriciashotton11@tiscali.co.uk Tel: 01904 795953 Glenis Wedzicha - email: glenis.wedzicha@btinternet.com Tel: 01904 708704
<u>Treasurers' Helpline</u>	Val Illingsworth – email: rectorycorner@btinternet.com Tel: 01347 888203 Carolyn Boam – email: anth.cazboam@gmail.com Tel: 01845 400132
<u>Newsletter</u>	Entries by 7 th of each month, earlier for holiday issues. All entries will be included, space permitting. Photographs preferred in jpeg format. Please ensure that you have asked for permission to use any photographs before submitting them for inclusion in our newsletter, etc.
<u>Bookings</u>	First come first serve basis. We give plenty of notice for events coming and maintain a waiting list. Confirmation of a place will be sent out when the minimum number of participants is reached – usually the closing date.
<u>Payments</u>	Can be by bank transfer / online payment or by cheque (enclosing a SAE) and made payable to "NYEFWI". Send to the Finance Secretary; North Yorkshire East Federation of WIs, WI House, Front Street, Norby, Thirsk YO7 1BG. Enclose a booking form or send an email to Shirley in the office financesec.nyefwi@btconnect.com letting her know which event(s) it is you are paying for and when the payment was made together with your W.I. name, the attendee names and food choices if booking for a meal and the email address to which any link is to be sent. Please include the booking code where appropriate.
<u>On- line payments</u>	Account Name: NYE Federation of WI Account no: 35787073 Sort Code 05 09 44 Please remember to tell your WI Secretary if you have booked and paid direct.

ENCLOSURES

Full Membership Fees Return Form - Diary 2023 Order Form

Vegan Lunch Menu Booking Form - Badapple Advertisement – Elephant Rock – York Theatre Royal

DATES FOR YOUR DIARY

EVENT	DATE & TIME	VENUE	CLOSING DATE	BOOKING CODE
Golf Taster Afternoon - Including a cream tea	Thursday 5th May 2022 at 1pm.	Kirkbymoorside Golf Club	Closing - March 22nd Members only Cost £15 . Booking code: 477	

Make a Fabric Workbox	Saturday 7 th May and Saturday 28 th May. 10.00 am to 3.00 pm each day.	WI House	Closing date 5 th April 2022. Cost for the 2 days is £28.00 plus £6 Booking code: 493
Beginning Crochet	Friday 13 th May 10.00 am to 3.00 pm	WI House, Front Street, Norby, Thirsk YO7 1BG	Closing date 5 th April 2022. Cost: £15. Booking code:495
Stand up Paddle Boarding Taster Session	Saturday May 14 th 10.00am – 12.30pm	Ellerton Lake,	Closing date 19 th April 2022. Cost £40 including all equipment. Booking code:496
Keepsake Art Workshop	Friday 20 th May 10.00 am to 4.00 pm.	WI House, Front Street, Norby, Thirsk YO7 1BG	Closing Date 5 th April. Cost £35. Booking code: 488
Federation Quiz	Monday May 23 rd 2022 7.00pm – 9.00pm	Snainton Village Hall North Duffield Village Hall Galtres Centre, Easingwold	Booking Code 564 Booking Code 565 Booking Code 566 £20 per team of 4 Booking Now
Make a Match – stem cell donations	Wednesday 8 th June 2 – 4 pm	Stockton on the Forest Village Hall	Closing Date 27 th April. Cost £12 Booking Code: 562
Silver Clay Jewellery Workshop	Friday 17 th June 2022 from 10.30am to 2.00pm.	WI House	Closing date 10 th May. Cost £45 to include all materials. Booking code: 497
Sushi Cookery Demonstration	Monday June 20 th 6.30pm	York Cookery School	Closing date 24 th May. Members only. Cost £20 Booking code: 498
Wisley, Wakehurst	Tuesday 21 st -Thursday 23 rd June 2022	RHS Wisley,	Closing – 10 th May Members - £320 Non Members - £340 Code 557
Further your Knitting Knowledge	Saturday 25 th June 10am to 3 pm	WI House	Booking from 1 st April. Closing date 17 th May. Cost £15. Booking code: 499
An Introduction to Sun Painting (Cyanotype)	Saturday 2 nd July 11am – 3pm	Woodend, The Crescent, Scarborough YO11 2PW	Closing date 24 th May. Cost £55 includes all materials and refreshments but bring your own lunch. Booking Code:627

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Programme Planning Workshop	Friday 1 st July 2022 at 10.00am – 3.00pm.	WI House	Closing Date – 2 nd June 2022 Cost £2.50 Booking Code: 567
President & Secretary's Workshop	Saturday 9 th July 10.00am to 3.00pm	WI House	Cost £2.50 Booking Code: 561
Science of the Cream Tea	Thursday 14 th July 2022 All day event	Scampston Walled Garden Conservatory	Closing date: Friday 2 nd June 2022. Price £20.00. Booking Code: 563
Having Fun with Photography	Friday, 15 th July at 10.30am – finishing time dependant on weather!	WI House	Closing date 31 st May. Members only. Cost £15. Booking code: 633
Walking Treasure Hunt in York with Meal	Monday 18 th July 2022 - 6.00pm -	Meeting place to be advised.	Closing Date 9 th June 2022 Booking Code: 568
Vegan and Vegetarian Cookery Demonstration	Tuesday July 19 th at 6.30pm	York Cookery School	Closing Date 14 th June 1- Members only. Cost £20 to include drinks and nibbles. Booking code: 628
Beginners' Beading Workshop	Friday 22 nd July. 10.00am to 3.30pm.	WI House	Booking from 1 st May. Closing date Tuesday 14 th June. Cost £15. £10.00 to cover the cost of a kit will be payable direct to the tutor. Booking code: 631
Lavender Wreath Workshop	Thursday 4 th August, 10.30am to 1.00pm.	World of Lavender, Terrington, York YO60 6PB	Booking from 1 st May. Closing Date 21 st June. Cost £55.00 including admission to the Gardens. Booking Code: 640
A visit to the Theatre Royal Costume Hire Warehouse	Thursday 18 th August 11am	Birch Court, Osbaldwick Link Rd. York. YO19 5JA	Booking from 2 nd May. Closing date 28 th June Cost £10. Booking Code:636
Clay Pigeon Shooting	Sunday, 21 st August at 11.00 am	Yorkshire Activity Centre, Rufforth, York, YO23 3RR	Booking from May 2 nd Closing date 5 th July. Cost £35, members only. Booking code: 638
Vegan or Vegetarian Lunch	Thursday 1 st September, 2002	Forest and Vale Hotel, Pickering YO18 7DL	Cost £28 members only. Booking starts 3 rd May closing date 19 th July - Booking Code: 643